

# A guide for employers

How Macmillan can help

**WE ARE  
MACMILLAN.  
CANCER SUPPORT**

**WORKING  
THROUGH  
CANCER**



## 6 How Macmillan can help

Anyone affected by cancer can turn to Macmillan for practical help and emotional support. If you need to talk to someone who understands what you're going through, or find useful information about cancer, we are here.

### Website

For information on just about any aspect of cancer, online forums and access to our full range of services, visit our website at [www.macmillan.org.uk](http://www.macmillan.org.uk). You will also find a section dedicated to cancer and employment at [www.macmillan.org.uk/work](http://www.macmillan.org.uk/work).

### Macmillan Support Line

If you have any questions about cancer, ask Macmillan. If you need support, ask Macmillan. Or if you just want someone to talk to, ask Macmillan.

Our cancer support specialists are here for everyone affected by cancer, whatever you need. Call free on **0808 808 00 00**, Monday to Friday, 9am to 8pm.

We have an interpretation service in over 200 languages. Just state, in English, the language you wish to use when you call. If you are deaf or hard of hearing, you can use our textphone service on **0808 808 0121**, or the Text Relay system.

### Publications

Macmillan offers a wide range of high-quality, expertly developed booklets and leaflets for people affected by cancer. The range includes information on cancer types and treatment options, and emotional, practical and financial issues. To see our full range of publications, and order them free of charge, please go to [be.macmillan.org.uk](http://be.macmillan.org.uk) or call **0808 808 00 00**.

### Cancer information and support centres

When people visit our centres they can talk through issues and concerns with our staff and trained volunteers. Our centres hold booklets, leaflets, videos and other sources of information about cancer. Some centres offer other services such as self-help and support groups, or complementary therapies. We also run mobile information centres which visit high streets, communities and events. To find one near you, visit our website [macmillan.org.uk/informationcentres](http://macmillan.org.uk/informationcentres) or phone **0808 808 00 00**.

### Self-help and support groups

Talking to people who have been through a similar experience can be valuable. They understand what you are going through in a way that no one else can. Macmillan supports over 900 independent cancer self-help and support groups and organisations across the UK.

We can put you in touch with a group near your home or workplace. To find one near you, visit our website [macmillan.org.uk/supportgroups](http://macmillan.org.uk/supportgroups) or phone **0808 808 00 00**.

### Macmillan nurses

There are more than 3000 Macmillan nurses working in hospitals and in the community across the UK. They are a valued and trusted source of expert advice, support and information – available to the public free of charge. To obtain the services of a Macmillan nurse, a person must be referred by their GP or hospital consultant, a district nurse or a hospital ward sister.