

Yes! I want to take part

Each individual wanting to take part must complete a form

Name
Address
Postcode
Telephone
Email

(To save costs, your full pack will be sent via email unless requested otherwise. £2 charge for hard copy applies)

I enclose my £5 registration fee

I will add £2 for a hard copy to my registration fee

Cash

Cheque (made payable to Macmillan Cancer Support)

Card

Please debit my Debit/Visa/Mastercard by the amount of £.....
(Sorry we cannot accept AMEX, Maestro, Switch or Electron)

Card No.

Exp. / Start Date. /

Last 3 digit code on Signature strip

Donation – If it is easier for you to make a donation instead of raising sponsorship, please tick one of the boxes below and add the amount to your cheque or card payment

Other £..... £150 £100 £75 £50

By returning this form, I confirm I am over the age of 16 and understand that I use the guidance and advice in the weight loss pack at my own risk.
I will consult my GP before embarking on this programme to discuss my ideal weight I want to achieve and ensure it is safe to do so.

Please return form to: Macmillan Cancer Support,
2nd Floor, Delta View, Coventry Road,
Birmingham, B26 3PG Tel: 0121 742 6393

**WE ARE
MACMILLAN.
CANCER SUPPORT**

Macmillan Cancer Support, registered charity in England and Wales (261017)
Scotland (SCO39907) and the isle of Man (604)

Join the Centenary Weight Loss Challenge

Registration Form



**Sponsored by 'Sky Living' FAT FAMILIES
presenter Steve Miller**

100+
Improving lives
for 100 years

LOSE POUNDS TO RAISE POUNDS

We can do it!

Join us and celebrate our centenary year by registering to take part in our weight loss challenge.

Receive a comprehensive manual produced by Sky Living's weight loss guru Steve Miller including hints and tips from the show.

Plus an exclusive exercise plan designed by the show's personal trainer Steve Brent plus much more.....

'What could be more motivational than every pound you lose you change lives!' Steve Miller

Get the motivation you need and why not raise £100 for 100 years! Ask friends and family to sponsor you and pay for a Macmillan nurse for a whole day

All participants will have the opportunity to attend a motivational talk session with the man himself and the opportunity to win a 1-1 motivational phone call!

So, what's stopping you? Just get started

'JFDI – JUST FLAMING DO IT!'

Steve Miller



'MELT THAT LARD'

Steve Miller

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