

# Macmillan Events in Midlands and the East

# **Anytime, Anywhere!**

# Organise your own Miles for Macmillan Walk

All Year, UK

Can't find the right walk for you on our website? Get all the help you need to plan your route and organise your own Miles for Macmillan walk.

## Silverspoons

## February - October, UK

You can make a big difference just by playing a round of golf. Just gather your golfing pals and donate to enter the round. Once you've played, send your scorecard in to us and we will enter you into the national running for your chance to win your category trophy!

#### **Longest Day Golf**

#### March - August, UK

72 holes in one day, walking over 20 miles and hitting over 300 shots – a challenging event for any golfer. See macmillan.org.uk/golf for more info. Hold it on the longest day of the year, or any time you like!

# March

#### Milton Keynes Half Marathon

04-Mar-12, Buckingham

When you sign up to the Milton Keynes Half Marathon and join Team Macmillan, our huge support network will be there for you every step of the way while you raise money to help people affected by cancer.

#### Stafford Half Marathon

25-Mar-12, Staffordshire

If you are up for the half marathon challenge whether for fun or to set a personal best, why not enter the Stafford Half Marathon. Taking you from the center out into the beautiful surrounding countryside, this half marathon benefits from traffic controlled roads.

#### Lincoln 10k

#### 25-Mar-12, Lincolnshire

This run is growing in popularity and in 2010, for the first time in the history of the race, the maximum entry limit of 5000 participants was reached. 2011 saw the 15th Annual City of Lincoln 10k Road Race so sign up early to avoid dissappointment in 2012.

#### **Macmillan Cancer Support**

Add postal address here in one line Tel: 01234 567 890, www.macmillan.org.uk/region

# **April**

# **Shakespeare SPRING 100**

**01-Apr-12**, Stratford-upon-Avon, Warwickshire A challenging early-season 100km Sportive around South Warwickshire and the Cotswolds straddling Gloucestershire and Oxfordshire.

### Derby 10k

01-Apr-12, Derbyshire

This is a hugely popular event, so be sure to sign up early to avoid dissappointment.

# **Leamington Regency 10km**

15-Apr-12, Warwickshire

The race takes place round the scenic town of Royal Leamington Spa. Limited places are available so register early to avoid dissappointment.

# MG car rally to Gaydon

15-Apr-12, Warwickshire

A cavelcade from the original MG factory in Abingdon to the Motor Heritage Musesum in Gaydon, Warwickshire.

#### Shakespeare Half Marathon

**29-Apr-12**, Stratford-upon-Avon, Warwickshire The Shakespeare Half Marathon is well established as a superbly organised event. Add in the sights and sounds of the medieval town of Stratford and the picturesque Warwickshire countryside and you've got a brilliant event.

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#### Walk for All - Peak District

29-Apr-12, Derbyshire

From short family strolls to more challenging 12 and 14 mile walks, take in the breathtaking views across some of the Peak District's most iconic landscapes.

# May

# **Grand East Anglian Run**

**06-May-12**, King's Lynn, Norfolk The 10km route is on a fast, flat course which winds its way through historic Kings Lynn starting and finishing in the town centre's Tuesday Market Place.

#### **Knowle 5 Mile Fun Run**

13-May-12, West Midlands

The Knowle 5 mile fun run is a fantastic race for all the family and is a great start as a first step for people wanting to enter the running world.

#### **Hatton Locks Walk**

**13-May-12**, Hatton, Warwick A lovely 3 or 7 mile route around the Warwickshire countryside taking in the 21 locks of the Hatton Flight along the way.

#### The Birmingham Walk

13-May-12, Birmingham

Birmingham can go Miles for Macmillan by taking part in this 3 mile walk around Perry Park starting with a lap of the Alexander Stadium.

#### Seabank Marathon

20-May-12, Lincolnshire

Enter this unique marathon, taking from Boston to Skegness along the sea bank making for a beautiful coastal run.

#### Cheshire Triathalon

**27-May-12**, Capesthorne, Cheshire Fun, Sprint or Olympic distances. Secure your place at www.cheshiretriathalon.co.uk before heading to www.macmillan.org.uk/fundraising to ioin Team Macmillan.

#### **Bedworth Warwickshire Walk**

27-May-12, Warwickshire

A lovely easy 2 mile walk or enjoy the full 5 mile route around the Miners Welfare Park in Bedworth

# June

## **Great Midlands Fun Run**

**10-Jun-12**, Sutton Coldfield, West Midlands 2012 is the 10th anniversary for a fun event that has raised over £1m for charity.

#### Woodhall Spa 10km

10-Jun-12, Lincolnshire

This 10k run through the beautiful Lincolsnhire countryside is expected to attract over 1000 athletes in 2012, so make sure you're one of them!

## **Two Castles Run**

10-Jun-12, Warwick/Kenilworth, Warwickshire

This scenic, single-lap run is one of the South East's leading road races, which takes participants through some of Kent's finest countryside. This is a hugely popular event with the race so enter early to guarantee your place.

## **Cholmondeley Castle Triathalon**

19-Jun-12, Cheshire

With a range of distances all amid some of Britains most stunning castles, check out www.castletriathlonseries.co.uk to secure your place before heading to www.macmillan.org.uk/fundraising to join Team Macmillan.

# **July**

#### **Liverpool Triathalon**

01-Jul-12, Liverpool

Spring, Supersprint or Olympic distance. Secure your place at www.liverpooltriathalon.co.uk

#### The Outlaw Triathalon

**01-Jul-12**, Holme Pierrepont, Nottingham An Ironman distance triathalon. Visit www.onestepbeyond.org.uk/the-outlaw-triathlon.php to secure your own place before heading to www.macmillan.org.uk/fundraising to join Team Macmillan.

## **Birmingham Black Country Half Marathon**

07-Jul-12, West Midlands

This is a great, fast growing event. The fast, flat course which runs along the tow-paths connecting Wolverhampton and Birmingham make this a hugely enjoyable race.

#### **Heart of England Walk at Baddesley Clinton**

**08-Jul-12**, Badesley Clinton, Solihull We're finalising details of our new 2012 walks programme, so keep checking back at www.macmillan.org.uk/walks for more information as it's released.

# August

#### Big Fun Run Birmingham

19-Aug-12, West Midlands

The 5K Big Fun Runs are a great way to kick start your running challenge with a gentle start. This fun run will take place at Birmingham's Cannon Hill.

#### **Big Fun Run Derby**

20-Aug-12, Derbyshire

The 5K Big Fun Runs are a great way to kick start your running challenge with a gentle start. This Fun Run takes place at Darley Park.

#### **Big Golf Drive**

24-Aug-12, UK

A day where golfers and golf clubs across the UK club together to hold golfing events in aid of Macmillan

# September

#### **Clumber Park Walk**

08-Sep-12, Nottingham

We're finalising details of our new 2012 walks programme, so keep checking back at www.macmillan.org.uk/walks for more information as it's released.

#### Shakespeare 100

**09-Sep-12**, Stratford-upon-Avon, Warwickshire A challenging 100km Sportive around South Warwickshire and the Cotswolds straddling Gloucestershire and Oxfordshire

## Stratford-upon-Avon 10k

09-Sep-12, Warwickshire

Starting and finishing in historic Stratford-upon-Avon

## **World's Biggest Coffee Morning**

28-Sep-12, UK

We ask people across the UK - and sometimes further afield - to hold a coffee morning, where donations on the day are made to Macmillan.

#### **Experian Robin Hood Half Marathon**

30-Sep-12, Nottinghamshire

Enjoy many of Nottingham's historical and well known landmarks while running in this superb half or full marathon and raising money for people whose lives are affected by cancer.

# **October**

#### Leicester Half Marathon

14-Oct-12, Leicestershire

Whether you are a novice or an experienced runner, enjoy this scenic race around the city while raising money for Macmillan Cancer Support.

#### **Leicester Marathon**

14-Oct-12, Leicestershire

Whether you are a novice or an experienced runner, enjoy this scenic race around the city while raising money for Macmillan Cancer Support.

#### **Great Eastern Run**

14-Oct-12, Peterborough

With a huge Team Macmillan presence, The Perkins Great Eastern Run is a fast and flat half marathon with UKA Grand Prix status.

# **Escape to Africa Cycling Challenge**

**20-Oct-12**, Africa (Kenya/Tanzania)

Take a cycle on the wild side and join us on our ride to the fabulous Ngorongoro Crater in Tanzania.

## **Great Birmingham Half Marathon**

21-Oct-12, West Midlands

The Birmingham Half Marathon was first staged in 2008, and in 2009 also incorporated the World Half Marathon Championships. The 2012 event will take place in Birmingham City Centre on Sunday 21 October 2012

#### **Big Fun Run Ipswich**

21-Oct-12, Suffolk

The Ipswich Big Fun Run takes in two loops of the picturesque Christchurch park

# November

## **Norwich Half Marathon**

25-Nov-12, Norfolk

Taking place around the picturesque Norfolk Showground this race is one of East Anglia's finest events. In 2012 Macmillan are charity of the year

# Event dates yet to be announced...

#### **Cycletta Warwickshire**

**TBC**, Alcester, Warwickshire
Cycletta Warwickshire takes place at Ragley
Hall. Cycletta is a unique series of women-only,
mass-participation cycle events on safely
managed roads, aimed at inspiring female
cyclists. The event is over 40km and 80km,
providing a sufficient fitness challenge, while
remaining achievable and accessible.

#### **Pennington Flash Trail Race**

**TBC**, Leigh, Greater Manchester
This is a brand new event, with two races run on the same day - either the 10K or half marathon! For anyone preparing for the Virgin London Marathon or a Spring marathon this is an ideal opportunity to run this distance under race conditions.

#### Sandwell 10km

**TBC**, West Bromwich

#### **Wolverhampton Half Marathon**

TBC, West Midlands

Be part of the Wolverhampton City Marathon Events by taking part in this half marathon.

### The Run, Northants

TBC, Northamptonshire

Join Northampton's biggest mass participation event. The inaugural event in 2009 attracted over 2,500 runners and it's grown year on year help to make the 2012 event even bigger and better.

#### **Castle Ashby Walk**

**TBC**, Northamptonshire

We're finalising details of our new 2012 walks programme, so keep checking back at www.macmillan.org.uk/walks for more information as it's released.

#### Fun2Tri

**TBC**, Nantiwch, South Cheshire Spring distance traithalons taking place in Cheshrie and Trentham. Secure your place at www.fun2tri.co.uk before heading to www.macmillan.org.uk/fundraising to join Team Macmillan.

# What Next?

You can find all the information you'll need to get involved in our events, including online registration forms, on our web pages at:

WE ARE MACMILLAN. CANCER SUPPORT Macmillan's Fundraising Pages:

www.macmillan.org.uk/fundraising

Your Local Team Pages: www.macmillan.org.uk/inyourarea

And our fantastic Fundraising Support team are always there and ready to help out:



## **Fundraising Support Centre**

For general enquiries and help Call: 0300 1000 200 fundraising@macmillan.org.uk

# **Keep in Touch**

Doing something for Macmillan? Let us know by following us on Twitter and Facebook.



Macmillan Cancer Support – official page.



@macmillancancer

# Volunteer!

Join us and together we can make a difference. Our organisation was started by a volunteer over one hundred years ago, and today they're still at the very heart of everything we do.

Contact our Fundraising Support Centre on 0300 1000 200 to find out more about fundraising for Macmillan.

Help us campaign for better cancer care <a href="http://www.macmillan.org.uk/GetInvolved/Campaigns/Campaigns.aspx">http://www.macmillan.org.uk/GetInvolved/Campaigns/Campaigns.aspx</a>

Help others by sharing your cancer experience <a href="http://www.macmillan.org.uk/GetInvolved/Cancervoices/Cancervoices.aspx">http://www.macmillan.org.uk/GetInvolved/Cancervoices.aspx</a>

There may also be opportunities to volunteer in a Macmillan service to support people affected by cancer. Please contact your nearest service directly to find out if they are currently in need of volunteers.

http://www.macmillan.org.uk/HowWeCanHelp/LocalInformationCentres/MacmillanInfoCentres.aspx

To find out more about volunteering with Macmillan and to search for more roles go to: www.macmillan.org.uk/GetInvolved

# Or just want to make a donation?

There are three ways you can make a donation to Macmillan:

- Go online to <u>macmillan.org.uk/donate</u> and follow the easy steps to pay in your money.
- Pay your money in over the counter at a NatWest bank. Get in touch with our fundraising supporter centre and they will send you details.

Call: 0300 1000 200

Email: fundraising@macmillan.org.uk

3. Post your cheque donation to:
 Macmillan Cancer Support
 FREEPOST LON15851
 89 Albert Embankment
 London SE1 7UQ