When does the Jurassic Coast Mighty Hike take place?
The Jurassic Coast Mighty Hike takes place on Saturday 15 June 2019.

How long is the hike?
Approximately 26 miles.

How would you describe the route?
This is a route with significant total ascent and descent and challenging terrain.
See the provisional route here.

Where does it start?
The hike starts at Lodmoor Country Park, Weymouth, DT4 7SX.
See on map here.

Where does it finish?
The hike finishes at Norden Farm, Wareham, Dorset, BH20 5DW.
See on map here.

What time does the hike start?
The hike will start in waves of 200 hikers, 20 minutes apart, between 6.50am and 9.30am. You will be asked to select your preferred start time as part of the registration process, and we will confirm your chosen time back to you before the event.

What time does on-site registration open?
Registration will be open between 5pm – 8pm on the evening of Friday 14 June and will re-open between 5.50am – 9am on Saturday 15 June.

What time should I arrive in the morning?
Please arrive 45 minutes before your start time.
When does the hike finish?

We estimate that the fastest walkers will finish in 7.5 hours while the slowest walkers could take around 12.5 hours. Actual finishing times will depend on your start time so please choose this carefully to ensure that everyone has an equal chance to complete the route. If you consider yourself a slower walker please choose an earlier start time and vice versa.

Do I have to complete the event in a certain amount of time?

Due to local restrictions we need to start closing our finish area at 9pm. Therefore, when you choose your start time, please select an earlier wave if you consider yourself a slower walker and a later wave if you consider yourself a faster walker. Please select your start time carefully so everyone has an equal chance of completing the route before 9pm.

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<thead>
<tr>
<th>Start time</th>
<th>Max time on route</th>
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<tbody>
<tr>
<td>6.50am</td>
<td>14hrs 10mins</td>
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<td>7.10am</td>
<td>13hrs 50mins</td>
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<td>7.30am</td>
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<td>9.30am</td>
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What parking is available?

Parking is available at the start in Lodmoor Country Park and at the finish at Norden Farm, and you can book this through the registration form.

If you park at the finish at Norden Farm, complimentary shuttles will be running to the start from 5.15am – 8am. It’s a 40-minute drive so leave in plenty of time for your start wave. If you park at the start at Lodmoor Country Park, complimentary shuttles will be running from the finish back to the start until 10pm.

What if I’m using public transport?

It is a 5-minute taxi ride from Weymouth Station to the start at Lodmoor Country Park. Complimentary coaches will run from the finish at Norden Farm to Wareham Station until 10pm (20-minute drive).

Can my bags be transported from the start to the finish?
Yes. There will be a baggage drop facility in Lodmoor Country Park, Weymouth. Your bags will be transported for you to collect at the finish. Baggage is left entirely at your own risk.

Can I bring my dog?
We’re afraid not. The event organisers, Threshold, are unable to accommodate dogs.

Can my family and friends come along to support me?
Your family and friends can accompany you to the start and meet you at the finish, but cannot walk with you unless they’ve also registered. The aim of the event is to raise as much money as possible for people affected by cancer so everyone who walks on the day will need to pay the £25 registration fee and each meet the minimum fundraising amount of £250.

Are refreshments provided?
Yes, this is a fully supported event. There will be a full buffet lunch at the half-way stop and hot food at the finish. There will also be regular refuelling stops along the route where substantial snacks and drinks will be provided.

Can you cater for my dietary requirements?
Yes. You will be asked on the registration form if you have any dietary requirements. If you forget to tell us on the form, please email us and we will pass on your requirements to the event organisers.

Are there toilet facilities?
Yes. There will be toilet facilities available at the start, the first break stop (6.5 miles roughly), the half-way lunch stop, the second break stop (19.5 miles roughly) and at the finish.

Do you organise accommodation?
We do not organise accommodation. Depending on your start time you may want to stay close by the night before. You can stay either near the start at Lodmoor Country Park or the finish at Norden Farm, as we will be running a shuttle service from the finish to the start in the morning. Campsites, B&Bs and hotels are all available – just search online for accommodation around the postcode DT4 7SX in Weymouth or BH20 5DW in Wareham.

How fit do I need to be?
The challenge is a long, sustained event and requires a good level of fitness. Whilst within the capability of anyone who walks regularly, it should not be underestimated, and will require training. We will provide you with a comprehensive training guide to help you prepare.

**Can I run it?**

We're afraid not. This is a fully supported event and all arrangements have been based on walking pace. Runners will be considerably faster and therefore support along the route will not be in place.

**What happens if I fall ill or am injured during the hike?**

On the day you will be given an emergency number to contact should you need any assistance and there will be roaming medics and trek-masters along the route. There will also be regular checkpoints where medical and event staff will provide support.

**Who organises the event?**

The event is organised by [Threshold Sports](#), who are appointed to arrange all operational aspects of the hike (including route planning, health and safety, and venue logistics).