

Serious medical emergency: 999

Medical and emergency number: 0330 223 6671

Non-emergency number: **0330 223 6675**

MIGHTY
HIKES MACMILLAN
CANCER SUPPORT

Please be aware, these numbers will not be active until event day.

Event rules & procedures

Event bib number & timing

Please wear visibly on your front at all times. The barcode on the front needs to be in view for the Pic2Go photographers. It contains a built in timing chip which will log you through all pit stops on your way to the finish line. Please be sure to enter all sites by crossing over the timing mats.

Retiring from the event

If you need to retire, please try to do so at a Pit Stop and report to the Event Info Desk. If on the route text or call the non-emergency number on the front of this booklet / your bib number.

Navigating Find the Route map link here.

> The route is fully signed using red and white arrows. If at any time you believe you are lost please follow this procedure:

- Walk back to your last known point / arrow.
- If you are still lost, stay where you are and call the non-emergency number and someone will guide you back onto the route.
- Follow the countryside code: Please 'leave no trace' - do not drop litter, remember to close gates behind you and respect farmers' land and livestock.
- We are asking that no spectators attend the start venue, lunch venue or pit stops along the route as there is limited accessibility and limited facilities.
- Please visit https://what3words.com and enter the codes from the table provided.

Coronavirus requirements:

- Please follow all requests from the Mighty Marshalls while on site.
- Follow signs and ground flags to help with social distancing.
- We are asking that no spectators attend the start venue. lunch, or any of the pit stops along the route. You are welcome to invite your loved ones to meet you at the finish venue. All spectators will be subject to the same safety measures as participants and staff.*
- Remember to wear your face mask on any coaches. in gueues and walking around at pit-stops.
- Make sure to sanitise your hands after touching stiles and gates.
- Please be sure to check in using the NHS Track and Trace system on your arrival.

Route and Pit Stop summary

Start what3words[†] Windsor Racecourse, Maidenhead Rd SL4 5JJ slips.noted.apron

AM Pit Stop* 9.2 miles

Dorney Village Hall and Trump Field

Lunch Stop* what3words†

14.9 miles

Marsh Meadow, Cookham, requests.jogged.rags



PM Pit Stop* 21.4 miles Hurley Riverside Park, Hurley, Maidenhead



Finish what3words† Temple Island Meadows, Remenham, RG9 3DB motoring.presuming.either

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Temple Island Meadows, Remenham, RG9 3DB *motoring.presuming.either*

Route map link:

Click here





Please visit https://what3words.com, the play store, or the app store and enter the codes from the table provided.