

# CANCER VOICES CONFERENCE 2010

**WE ARE  
MACMILLAN.  
CANCER SUPPORT**

## Programme

### Friday 15 October

- 12pm **Registration and lunch**  
1pm **Welcome / opening address**  
Ciarán Devane, Macmillan Chief Executive
- 1.30pm **We've come a long way**  
Hear personal user involvement stories from Macmillan Cancer Voices.
- 2.15pm **Tea and coffee break**  
2.45pm **Workshop sessions 1**  
See available choices below
- 4:15pm **Close of day**  
4.15-5pm **Welcome group (optional)**  
6pm **Drinks reception**  
7pm **Dinner**

### Saturday 16 October

- 9am **Registration**  
9.30am **Welcome to day 2**  
**Shaping Macmillan's future planning**  
This session is the next step in our longer term planning to improve care for people affected by cancer by 2030. Your feedback from last year's event specifically highlighted key areas that we should be focusing on for the future and has also led to the development of three specific roles for Cancer Voices. You'll hear about what those areas and new roles are and explore how you can be a part of developing them to influence even more changes.
- 10.30pm **Workshop sessions 2**  
See available choices below
- 12.15pm **Lunch**  
1.15pm **Workshop sessions 3**  
See available choices below
- 2.45pm **Summary and close**  
Guest speaker tbc
- 3.15pm **Refreshments available**

## Workshop session choices

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### **Macmillan in every community (available all sessions)**

Macmillan in every community is an exciting new service led by volunteers which will offer vital support to people living with cancer. The service will provide practical support to people living with cancer including help with shopping, help with housework, providing transportation to and from hospital or social events or buddying. Find out more about the pilots happening across the UK and how you could be a part of it.

### **Update on survivorship (available all sessions)**

In this session you will hear about all the work of the Survivorship programme from the past year. We'll also be asking for your input, as well as exploring how you can get involved with delivering the programme in 2011 to support more people living with and beyond cancer.

### **Human rights – how patients, carers and clinicians can create quality (available Friday only)**

We are working alongside Brap, a leading national equalities and human rights charity to develop a quality standard for human rights in cancer care. In this session you'll hear about some of the work that is already happening and have a chance to contribute to the debate. Your views can help to shape the outcomes from this work and influence national policy on human rights.

### **Improving cancer care – learning from your story (available Friday only)**

Are there differences in the way people from different backgrounds are treated? Do people from other backgrounds feel differently about cancer services? To help us continue to improve cancer care for everyone we need to hear from you. We are working alongside Brap, a leading national equalities and human rights charity, to gather feedback about services provided to ALL people with cancer. Join Brap in this session and tell us about your experiences of cancer care services and how you think they could be improved.

### **An introduction to user involvement (available Friday only)**

User involvement is simply using your own experiences of cancer to help improve cancer services. In this session we'll explore the many ways you can do that. We'll help you identify what kind of involvement you may be able to provide, what are the different ways of getting involved or being heard and help you to choose the best way forward.

### **Financial support (available Friday and Saturday am)**

Hear about the latest financial support services Macmillan has developed with input from people affected by cancer. We'll also be seeking your input around any gaps and what other ways Macmillan can help more people access a range of financial support related services. Please note, this session will not provide direct financial advice or support.

### **We make a noise – engaging your MP in Macmillan's campaigns (available Friday and Saturday am)**

This interactive and practical workshop will be building on our previous campaigning success to continue being a force for change and to influence the new government's priorities. We'll look at how important local involvement from Cancer Voices is to the success of campaigns and give tips and advice on how you can engage your MP.

### **Support for carers (available Friday and Saturday am)**

Find out about all the resources developed for carers, with input from carers about their real life experiences, the challenges they faced and what they found most helpful. The

information includes working with professionals, personal relationships, ethical and legal issues, employment and work issues and most recently a resource developed specifically for young carers. Come along to find out more and to let us know what else would help.

### **Boots and Macmillan Partnership (available Friday and Saturday am)**

Boots and Macmillan have recently joined together in a new partnership aimed at reaching everyone affected by cancer, wherever they are in the UK. We are working together to bring cancer information and support to the high street, engage 70,000 Boots employees as volunteers and raise £4.5 million over the three years of the partnership. This workshop will explain more about the partnership and explore ways for Cancer Voices to be involved, particularly as part of the exciting new volunteering programme.

### **Research skills (available Friday and Saturday am)**

Are you interested in research? Does it seem too complicated or difficult? This session will give you an overview of the biology of cancer, what cancer research would look like, the different types of research methodology and the terminology used. We'll also explore what issues you may face when getting involved in a research project and how you can get involved throughout the research cycle.

### **Working through cancer (available Friday and Saturday pm)**

This session will give you an overview of Macmillan's 'Working through Cancer' programme and how you can get involved. We'll be looking at the problems people face, the solutions Macmillan is promoting and review the pilot 'back to work' schemes, which help employers to better support their employees. You will be able to feed into the ongoing planning process and tell us what additional support would improve your experience of returning to work.

### **Macmillan emotional supporters (available Saturday am only)**

Why do we need emotional supporters? Find out why Macmillan provides emotional supporters at events and what the role involves. You'll hear from our experienced emotional supporters who will talk about their work, have a chance to ask questions and work in groups to discuss skills and training needed for this role.

### **Talking to the media (available Saturday am and pm)**

The media are always looking for 'real people' to talk about their experiences. We know that this is a powerful and effective way of reaching the public, so we often ask people to talk to the media to help raise awareness of the work we do. This could be through the types of services and support we offer, to promote a fundraising event or to support a campaign issue that affects people with cancer. This workshop will help you understand the process of telling your story to the media and give you the confidence to handle different types of media interviews.

### **Communication skills for support (available Saturday am and pm)**

In this session we'll provide hints and tips and interactive exercises to help you develop your communication skills to support other people affected by cancer. These skills will be useful if you want to be-friend, become a buddy or simply for listening and responding.

### **Setting up a support group (available Saturday am and pm)**

How do I set up a self help or support group? What do I need to know? In this session you'll hear what works and get best practice tips from 'Macmillan's good practice guidelines'. You'll leave understanding what a group could offer to members, decide what sorts of activities are most suitable for your group and how to publicise your group.

### **Your user involvement action plan (available Saturday pm only)**

Using what you've learned during the event decide on an area you are interested in and discuss how you can take it forward. This could be doing local campaigning, talking to the media, community support or simply listening to other people affected by cancer. We'll help you put together a plan.

### **Chairing and facilitation skills (available Saturday pm only)**

Have you ever been to a meeting that ran out of time? Or were there so many items on the agenda there was no chance of getting through all of them? Maybe you've been to one where you failed to reach any decisions? Chairing or facilitating effective meetings is often not as simple as it sounds. This session will help you to develop the skills and confidence you need to facilitate productive and useful meetings.

### **Oncolink and the 1000People Project (available Saturday pm only)**

How much do you know about consequences of treatment? Have you heard of Livestrong Oncolink and the 1000PeopleProject? At the last Cancer Voices Conference we asked your views on Livestrong Oncolink survey and launched the 1000PeopleProject. This session will give you a summary of the results from the survey, and Patient Focus Group discussions, and an opportunity for you to comment on these results and add your own viewpoint.

### **Laughter workshop (available Saturday pm only)**

Find out how laughter can be used a relaxation tool and participate in laughter exercises during this light hearted and interactive session.