

Registration Form

Please use BLOCK CAPITALS when completing this form

Mr Mrs Miss

First Name Surname

Address

 Postcode

Contact number

Email This is the most cost effective way to communicate with you

Emergency contact name during event

Emergency contact phone number

Registration Fee is £25 per person - non refundable
Cheques made payable to STARLIGHT WALK

Credit/Debit card details

NB Electron(swipe only) or Amex cards are not accepted

Expiry date Start date Issue No - Valid for Switch cards only

Please enclose a stamped addressed envelope to receive confirmation and further instructions.

By signing and returning this form, I acknowledge that the Sportspark and UEA Norwich accept no responsibility for any injury, loss, damage or accident to me or my property incurred whilst participating in the above event.

Any participant who has any concern about their physical condition is advised to consult a doctor before taking part in the event.

Signed

Date

Please return this form to **Starlight Walk, c/o Jane Rumball, Sportspark UEA, Earlham Road Norwich NR4 7TJ**
or Email to starlightwalk@uea.ac.uk

Application and sponsorship forms can be downloaded from www.starlightwalknorwich.co.uk

Step out under the stars in Norwich to raise money for Macmillan



Friday 18 June 2010



Sponsored by


NORWICH
Sportspark
FITNESS FOR ALL

B **Bennetts**
The Electrical Experts

Norwich
Evening News

www.starlightwalknorwich.co.uk

On The Move at Midnight



The Starlight Walk is exactly what it says it is. It's a walk at night under the stars. Participants walk 13 miles around the Outer Ring Road in Norwich, starting and finishing at the Sportspark. It's not a race. It's definitely just a walk and it's a chance to enjoy the company of other walkers as you raise money for Macmillan. Most participants find the walk takes them around 4 hours, but of course there's no rush. Everyone does the walk in their own time and on your return we provide you with a lovely hot tea or coffee. We'll also ensure the route is marshalled and first aiders and support vehicles are on hand.



Everyone is welcome

- men and women, but please leave your pets at home.

Acknowledgement of sponsors

The Starlight Walk is organised by the UEA Sportspark and its staff. With the help of our main sponsor Bennetts Electrical, other corporate supporters and volunteers we are able to ensure that none of your entry fees and sponsorship money are used to organise the event. Every penny goes to support Macmillan Cancer Support.

For full information about the walk please visit
www.starlightwalknorwich.co.uk



Starlight Walk Volunteers

Volunteers Application Form

I would like to join the Starlight Walk as a volunteer marshal on Friday 18 June 2010. I understand that it may involve working through the night but I am happy to donate my night's sleep

Name _____	
Address _____	
Postcode _____	
Daytime tel.no. _____	
Mobile _____	
Email _____	
Signature _____	I am over 18 years of age <input type="checkbox"/> (please tick)

All registration and sponsor money is given to Macmillan so we require volunteers to help us stage this incredible event.

Could you offer some time?

We need men and women to:

- Help late evening until midnight getting the walk started:- Giving directions to toilets, carparking, distributing T-shirts etc.
- Marshalling the route:- Volunteers work in pairs and are allotted a place(s) along the route. Their role is to keep the walkers going, both in the right direction and 'in spirits', by offering encouragement and making sure they are safe. All marshals are issued with reflective vests and are supervised by mobile marshals. If you can spare an hour or two that's great. If you can assist until the end of the walk even better.

Please complete the form on the right if you can help in any way.

Support and Promotion

T-shirts available to purchase in advance £5 - to be distributed on the night of the walk. Please tick size required, and complete the credit/debit card details overleaf, or enclose a cheque made payable to Starlight Walk.

If you would like your T-shirt posted to your address please add £1.50 postage and packing.

- Small Medium Large X-Large XX-Large

Would you be prepared to share the reason why you are supporting this event?
YES / NO

Where did you hear about the Starlight Walk?