

Some tips for writing your email

Thanks for writing a personal email to your MP to ask them to vote against the proposed £125 a month cut. Here are some tips you might want to consider when writing your email.

1. Introduce yourself briefly and say why you are writing – it is important to include your full postal address in the email as many MPs will refuse to reply if you don't include this information.
2. Outline the issue and any local statistics that you have to make the email as relevant as possible to your MP. You may wish to highlight the number of people in your local area with cancer at the moment, and that the number is likely to rise as well as including the number of people in your constituency on ESA WRAG.

If you live in England you can find the numbers of people living with cancer for your local clinical commissioning group (CCG) [here](#). If you live in Scotland, Wales or Northern Ireland or if you need any help with these figures, please email campaigns@macmillan.org.uk.

3. Clearly say what you'd like your MP to do about this issue. E.g. ask her to listen to concerns raised about the harmful ESA WRAG cut and act to remove it from the Bill.
4. Make it personal. If you have been affected by cancer you might want to talk about your own experiences - if you feel comfortable doing so.
5. Tell them where they can get more information. You could include our [briefing for MPs](#) or refer them to Macmillan's website: macmillan.org.uk/welfarereform
6. Finish your email in a way that says you want your MP to reply to you, such as 'I look forward to hearing from you'.

When you write to your MP it would be great if you could let us know at campaigns@macmillan.org.uk it is always helpful to be able to get an idea of how many people are raising this issue with their MPs.

Thank you for writing a personal letter to your MP. Your action could make a huge difference to the lives of the people affected by the proposed cuts. Together we can make sure that all cancer patients are financially supported whilst they are too ill to work.