

Help with costs when you have cancer: English

Help with costs when you have cancer

This information is about help with costs if you have cancer. It covers:

- Help with transport costs
- Help with prescriptions and other health costs
- Support for parents
- Grants and loans
- How Macmillan can help you
- More information in your language
- References and thanks

We hope this fact sheet answers your questions.

You can also call Macmillan Cancer Support on **0808 808 00 00**, 7 days a week, 8am to 8pm. We have interpreters, so you can speak to us in your own language. When you call us, please tell us in English which language you need.

There is more cancer information in your language at macmillan.org.uk/translations

Help with transport costs

- If you are on a low income, you may be able to get help with the cost of travelling to hospital for your treatment. You could get a refund on your bus, train or taxi fares. Or you could get money to help with some of your petrol costs. People with cancer will get free parking at most hospitals. Speak to the staff at the hospital for more information.
- There are special rates for bus, coach and train tickets for some older people and people with disabilities. For more information visit gov.uk or nidirect.gov.uk

If you have problems moving around, you may be able to get a Blue Badge. This allows you to park in parking spaces that are closer to where you need to go, such as hospitals or supermarkets. To find out more, visit **gov.uk** or **nidirect.gov.uk**

Help with prescriptions and other health costs

- In Scotland, Wales and Northern Ireland, prescriptions are free for everyone.
 In England, prescriptions are free for anything related to cancer or its effects.
 You will need to fill in a form, which you can get from your GP surgery.
- In Scotland, Wales and Northern Ireland, wigs and fabric supports are free on the NHS. In England, they are free for some people, including children under the age of 16 and people on a low income. Speak to your cancer nurse or doctor for more information.
- The NHS Low Income Scheme helps people on a low income to pay for health costs. This includes help with dental treatment, sight tests and travel to receive treatment. It is run by the NHS, or the Health Service in Northern Ireland.

Support for parents

- You might be able to get some help from the government towards childcare
 costs. This might include some free childcare, or some money to help pay for
 childcare. You can find out about the different types of support available at
 childcarechoices.gov.uk You might also be able to get help with childcare
 costs from a charity or your local council.
- If you have a child at school, they might be able to get free school meals. If
 you have a low income, you might also be able to get help with paying for
 school clothing, and travel to and from school. Ask your local council for more
 information.

Grants and loans

- Macmillan Grants are small, one-off payments for people who need help with the extra costs that cancer can cause. This might be extra clothing or help to pay heating bills. Macmillan Grants are for people who have a low level of income and savings. This means:
 - You have less than £6,000 in savings if you are single, or less than £8,000 as a couple or family.
 - You have a low total income after you have paid rent, mortgage and council tax. This means a weekly income of £323 for a single person or £442 for a couple or household of two people.
- You may also be able to get grants or loans from other organisations. For example, charities or your local council might be able to help.

How Macmillan can help you

Macmillan is here to help you and your family. You can get support from:

- The Macmillan Support Line. We have interpreters, so you can speak to us
 in your language. Just tell us, in English, the language you want to use. We
 can answer medical questions, give you information about financial support,
 or talk to you about your feelings. Just call 0808 808 00 00 (7 days a week,
 8am to 8pm).
- The Macmillan website. Visit macmillan.org.uk for lots of English information about cancer and living with cancer. There is more information in other languages at macmillan.org.uk/translations
- Information and support services. At an information and support service, you can talk to a cancer support specialist and get written information. Find your nearest centre at macmillan.org.uk/informationcentres or call us. Your hospital might have a centre.
- Local support groups. At a support group you can talk to other people affected by cancer. Find a group near you at macmillan.org.uk/supportgroups or call us.
- Macmillan Online Community You can also talk to other people affected by cancer online at macmillan.org.uk/community

More information in your language

We have information in your language about these topics:

Types of cancer Coping with cancer • If you are diagnosed with cancer – A quick guide Breast cancer Large bowel cancer Cancer and coronavirus Claiming benefits when you have cancer Lung cancer Prostate cancer Eating problems and cancer End of life **Treatments** Healthy eating Chemotherapy • Side effects of cancer treatment Radiotherapy • Tiredness (fatique) and cancer Surgery What you can do to help yourself

To see this information, go to macmillan.org.uk/translations

References and thanks

This information has been written and edited by Macmillan Cancer Support's Cancer Information Development team. It has been translated into your language by a translation company.

The information included is based on the Macmillan booklet Help with the cost of cancer. We can send you a copy, but the full booklet is only available in English.

This information has been reviewed by relevant experts and approved by Sean Conroy, Macmillan Welfare Rights and Energy Advice Team Service Manager.

Thanks also to the people affected by cancer who reviewed this information.

All our information is based on the best evidence available. For more information about the sources we use, please contact us at

bookletfeedback@macmillan.org.uk

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We make every effort to ensure that the information we provide is accurate but it should not be relied upon to reflect the current state of medical research, which is constantly changing. If you are concerned about your health, you should consult your doctor. Macmillan cannot accept liability for any loss or damage resulting from any inaccuracy in this information or third-party information such as information on websites to which we link.

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