

True or False?

Coffee Morning edition

How much do you know about cancer? Use these questions to get people talking about cancer and some common misconceptions about cancer prevention, cancer incidence and the support on offer.

Turn it into a game!

For a fun and educational game, write 'True' or 'False' on pieces of paper and put them at opposite ends of the room. Then read out the questions and ask people to stand next to the sign with their selected answer.

Or you could ask people to raise their hands if they believe the statement is true or false. When everyone has made their choice, read out the correct answer.

Hint: Watch out for the trick question!



Statement	True/ False	Reason
Cancer is a rare disease.		Each year, approximately 167,000 people in the UK die from cancer. However, the latest data shows that the average median survival is over 10 years post-diagnosis, and early detection can lead to full recovery for some patients. ¹
Children and young people can get cancer		We estimate that almost 3.5 million people are living with cancer in the UK, an increase from around 3 million in 2020. This number will continue to grow. ²
If someone is diagnosed with cancer they will never recover.		Whilst most cancers occur in adults as they age, in the UK and Ireland, around 5 children are diagnosed with cancer each week. ³
If you are worried about cancer the best thing to do is ignore it.		If you are worried about cancer signs or symptoms, contact your GP or ring NHS 111. Alternatively, the free Macmillan Support Line can help with questions about cancer or treatment, benefits and financial guidance and services in your area. ⁴ Call 0808 808 00 00, 7 days a week, 8am to 8pm
Nobody can understand what it's like to have cancer.		Join our online community to share experiences, ask questions, or vent your emotions. Find forums and join conversations about the experience of having cancer, and have your questions answered by our professionals. ⁵
Macmillan Cancer Support only provides nurses.		In 2024 alone, we helped 2.4 million people affected by cancer. We supported 484,000 people living with cancer with our in-person, phone and digital services. Visit www.macmillan.org.uk to find out about these services and many others. ⁶
There's nothing I can do to make a difference – cancer is just too big a problem		Donations from thousands of Coffee Mornings, big and small, help to support people in the UK living with cancer, from the moment they are diagnosed, throughout treatment and beyond. Sign up to host at macmillan.org.uk/coffee.

All of the sources for our reasons can be found on macmillan.org.uk



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List of sources

1. Source

<https://www.macmillan.org.uk/about-us/what-we-do/research/cancer-statistics-fact-sheet>

2. Source

<https://www.macmillan.org.uk/cancer-awareness>

3. Source

<https://www.macmillan.org.uk/about-us/what-we-do/research/cancer-statistics-fact-sheet>

4. Source. 'Are you worried about cancer?'

<https://orders.macmillan.org.uk/collections/cancer-information/worried-about-cancer>

5. Source. 'If you or someone you care about has been diagnosed with cancer.'

<https://community.macmillan.org.uk>

6. Source. 'How Macmillan Cancer Support helps'

<https://www.macmillan.org.uk/about-us/organisation/annual-reports>



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