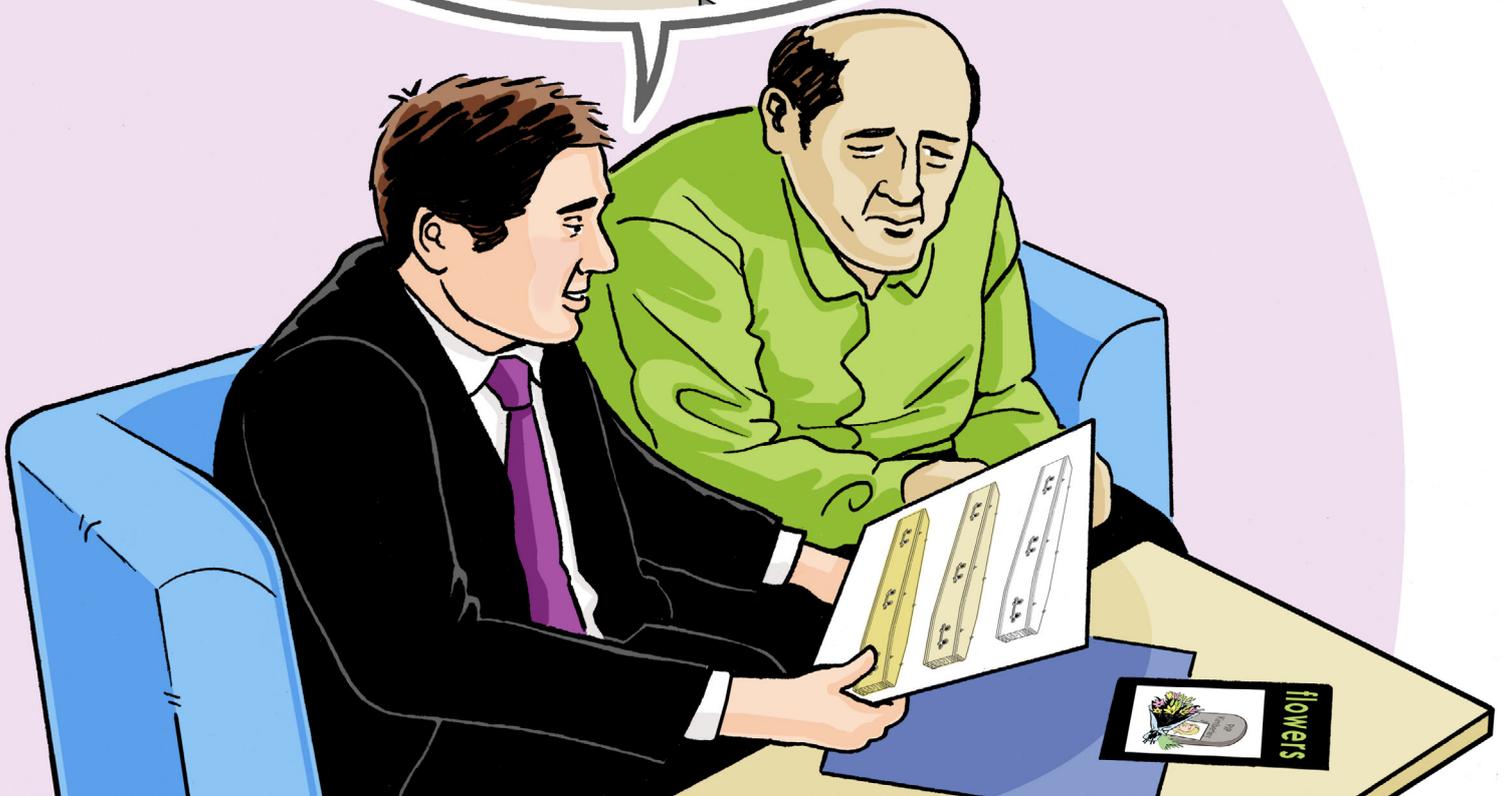
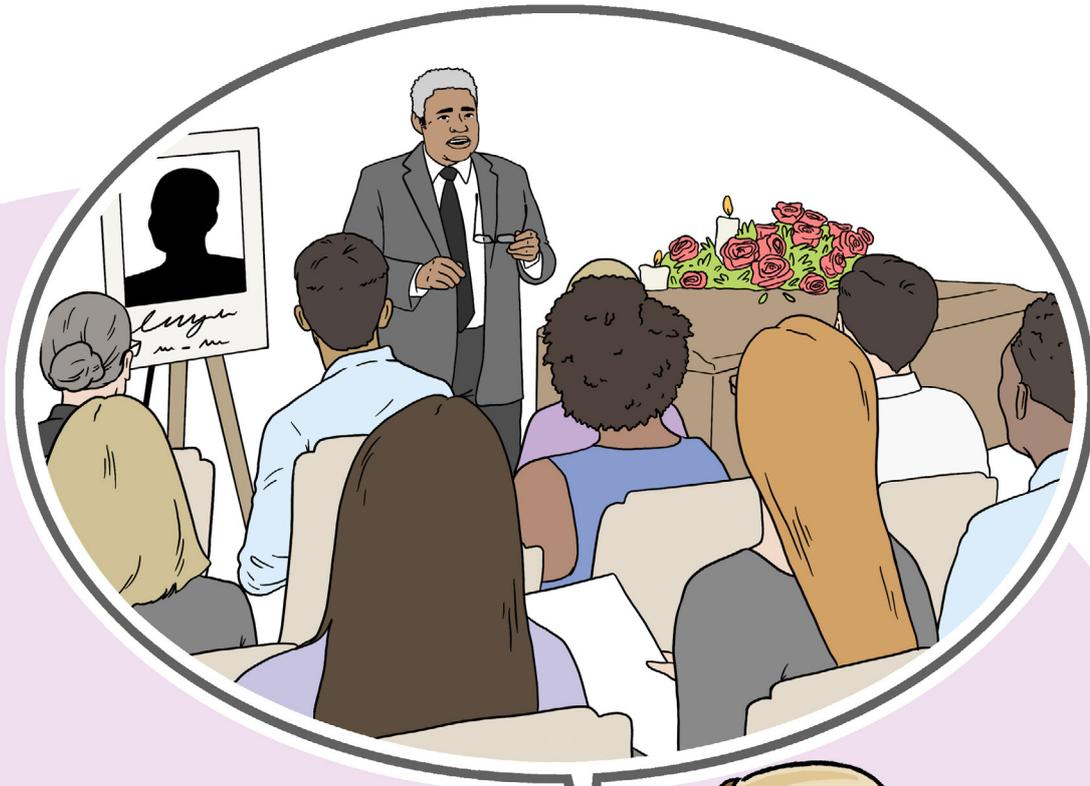


In partnership with

MACMILLAN
CANCER SUPPORT

easy
read

Thinking about your funeral





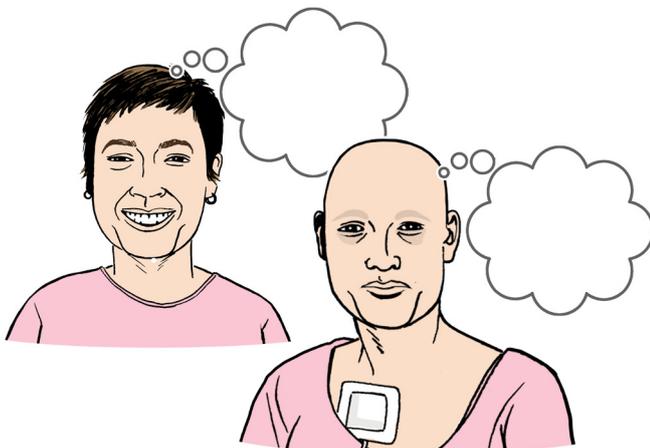
About this easy read booklet



This booklet may help you when you are thinking about your funeral.



You can learn about what a funeral is and the choices you can make as you plan for yours.



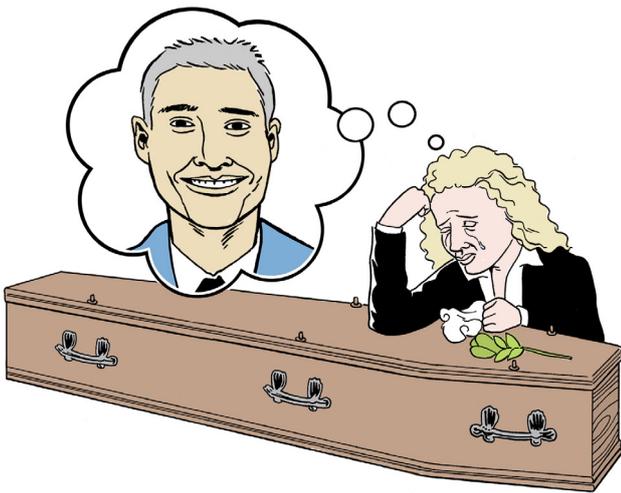
You can make plans for your funeral at any time. This can be before or after treatment.



Thinking about your funeral



A **funeral** is a time for people to get together to remember someone who has died.



It is a time to say goodbye to the person.



You can remember all the good things the person has done.



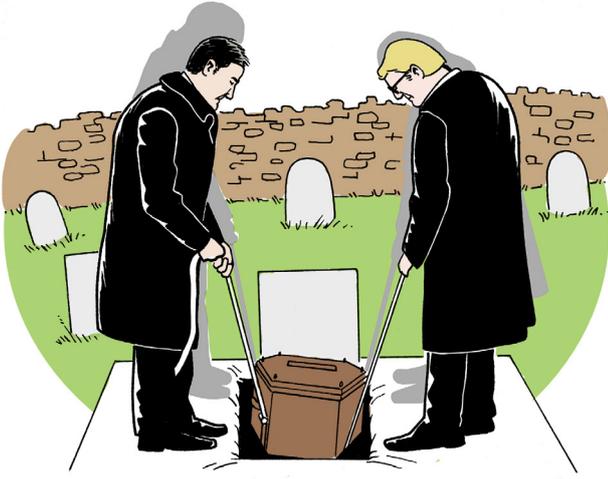
At a funeral people can share their sadness about the person being gone.



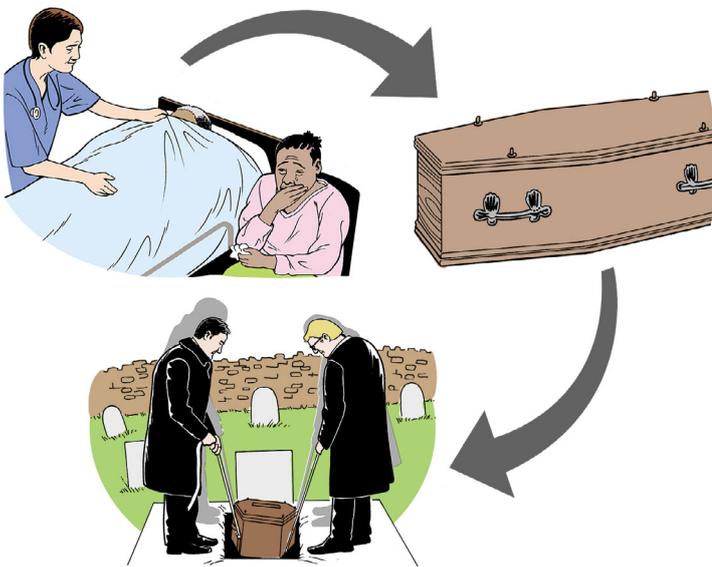
A funeral can also be a celebration of a person's life.



A funeral is also what happens to a person's body after they have died.



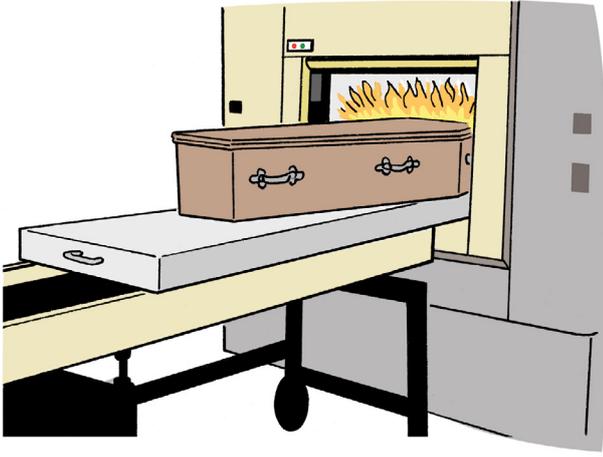
Some people choose to have their body buried.



This means their body will be put in a special box called a coffin. It is put into the ground in a place called a grave.



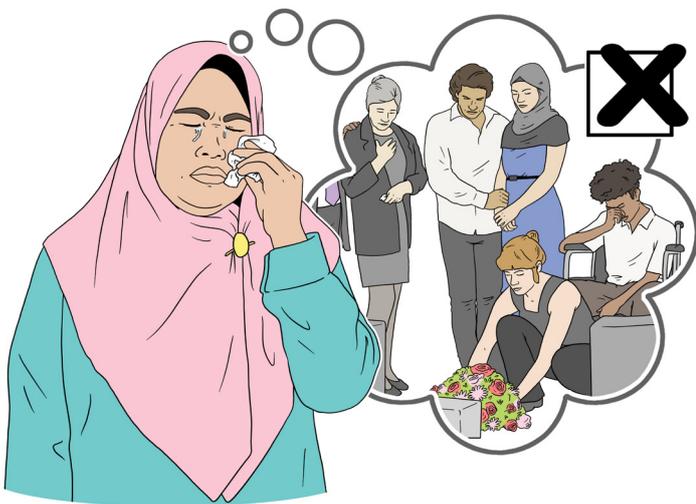
The grave will usually have a stone with the person's name on it. The stone is put on about a year after the funeral.



Other people choose to have their body **cremated**. This means that their body is put in a coffin and then into a very hot fire until it becomes ashes.



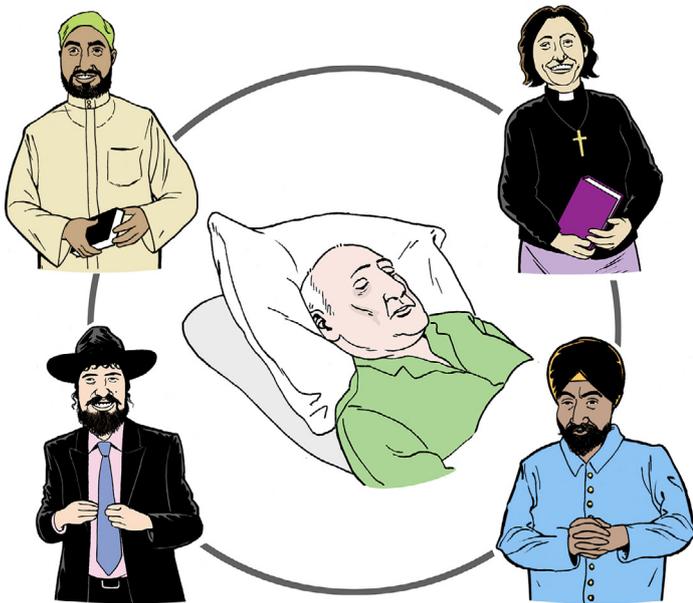
People sometimes want their friends and family to spread their ashes in a place that was special to them.



You may not want to talk about or plan your funeral.



You might want your family and friends to plan it for you.



With some religions and faiths there are certain things that should happen after a person has died.



This might include what happens:

- to the person's body



- at the funeral.



If you are part of a religion or faith, you might want to talk about this with your religious leader.



If you do want to plan your funeral, ask someone you trust. They can help you write down what you would like to happen. You can also ask a healthcare professional to help.



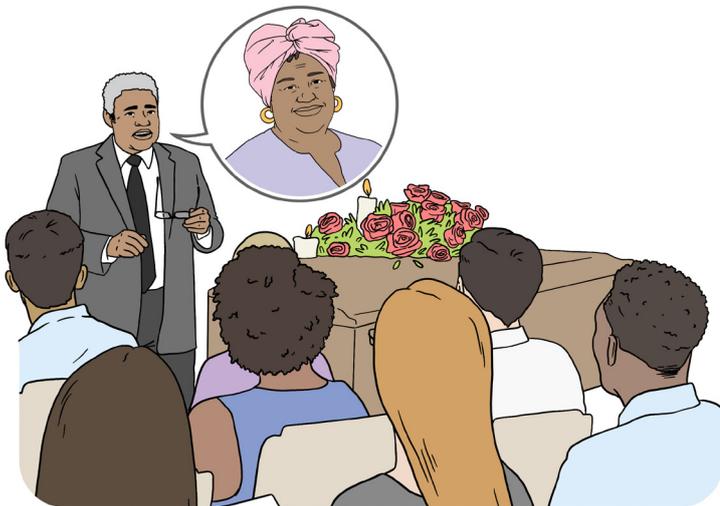
You can sometimes decide if you want music played at your funeral and choose the music you would like.



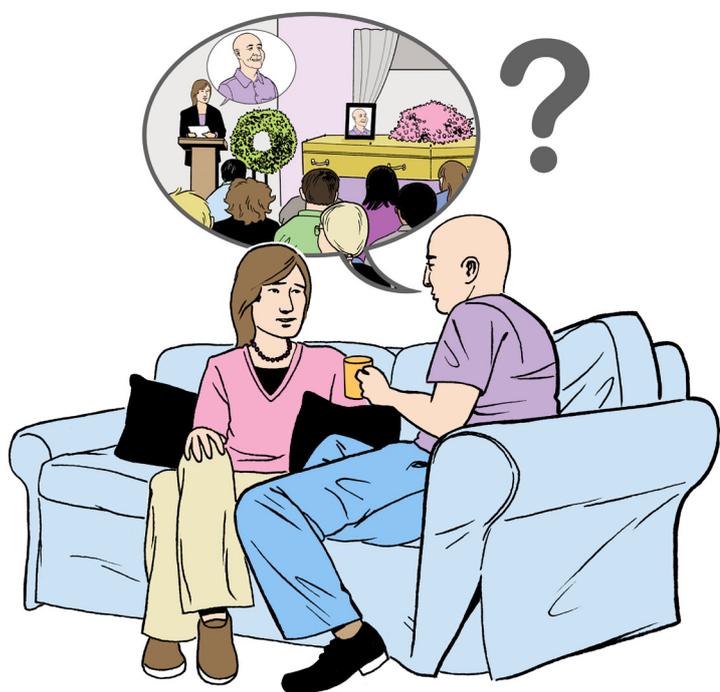
Think about the people you want to be at your funeral. Some may live far away, or you may not see them often.



Think about who will tell everyone about your funeral and how they will contact them.



At some funerals, a religious leader can talk about the person who has died. They can talk about the good things the person did and why people loved them.



If you would like a friend or family member to talk at your funeral, ask them if they can do it.



You can tell your friend or family member what you might like them to say. For example, a happy memory or story about you.



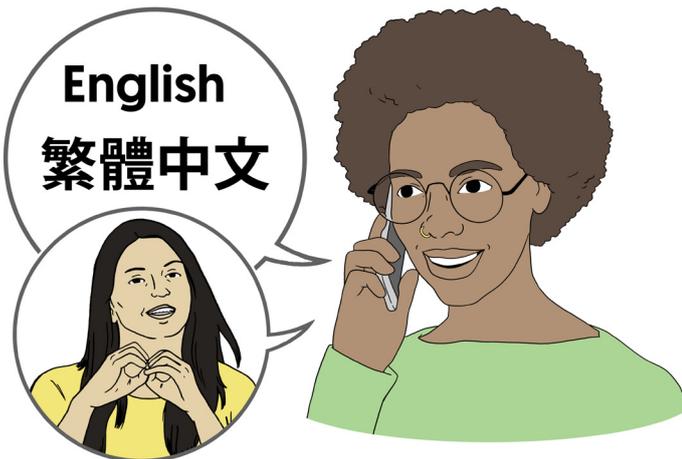
How Macmillan can help you



You can get support from:

The Macmillan Support Line

Call **0808 808 00 00** 7 days a week, 8am to 8pm.



You can speak to us in your language, including British Sign Language (BSL). Just tell us what you need when you start the call.

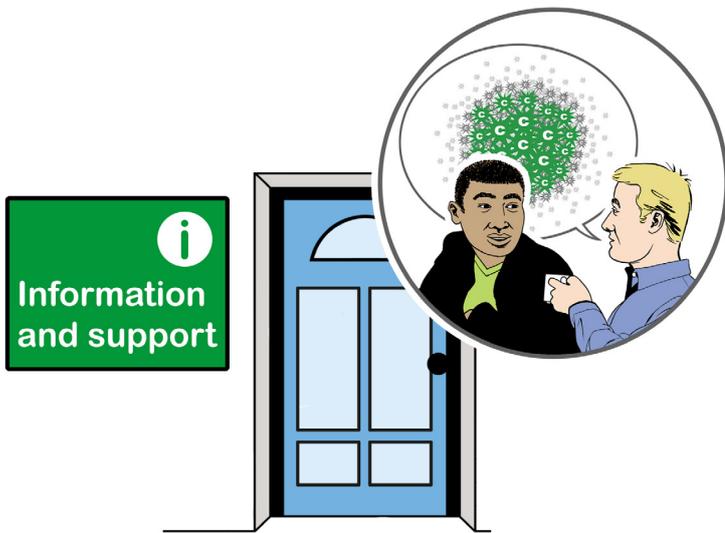


The Macmillan website

Visit [macmillan.org.uk](https://www.macmillan.org.uk) for information about cancer.

You can also use our web chat to ask questions at

[macmillan.org.uk/talktous](https://www.macmillan.org.uk/talktous)



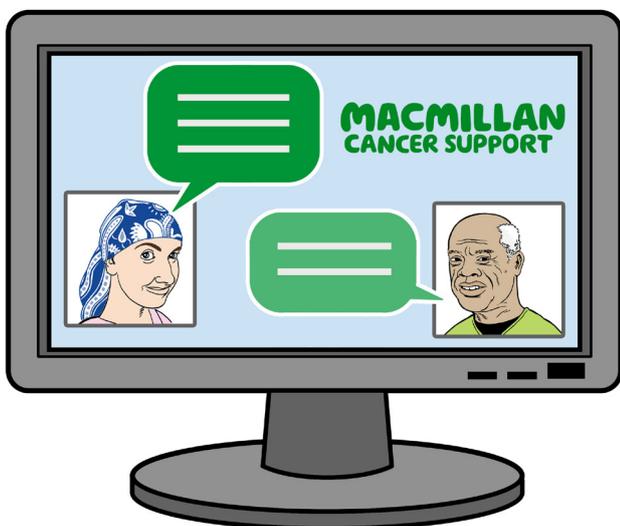
Information centres

You can talk to a cancer support specialist and get written information. Find your nearest centre at [macmillan.org.uk/informationcentres](https://www.macmillan.org.uk/informationcentres) or call us.



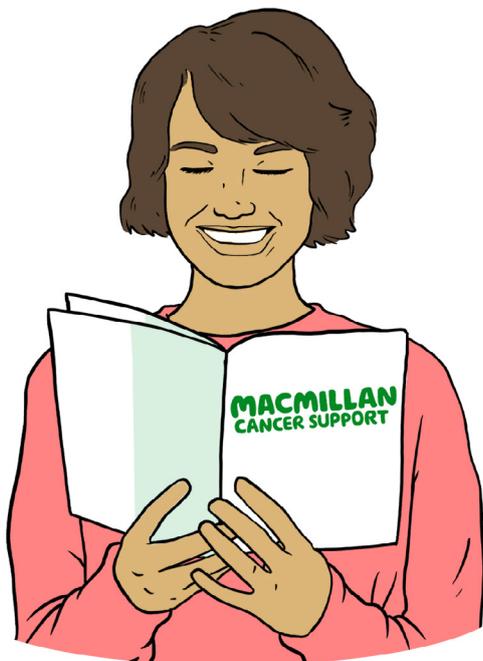
Local support groups

Find a group near you at [macmillan.org.uk/supportgroups](https://www.macmillan.org.uk/supportgroups) or call us.



Macmillan Online Community

You can talk to other people in similar situations at [macmillan.org.uk/community](https://www.macmillan.org.uk/community)



Macmillan can give you information in different ways:

Booklets about cancer

You can order booklets about cancer from

[be.macmillan.org.uk](https://www.be.macmillan.org.uk)



Videos

You can watch videos about cancer at

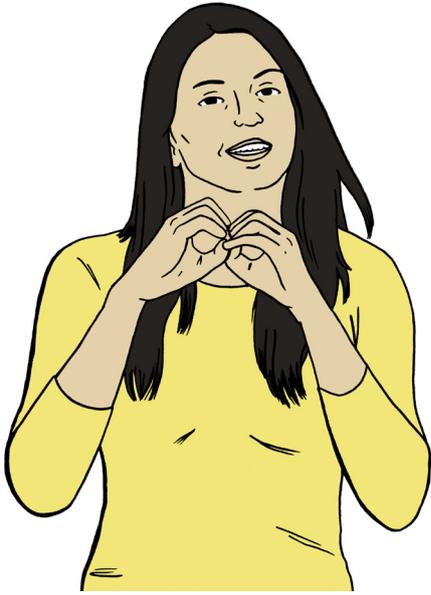
[macmillan.org.uk/videos](https://www.macmillan.org.uk/videos)



Audio

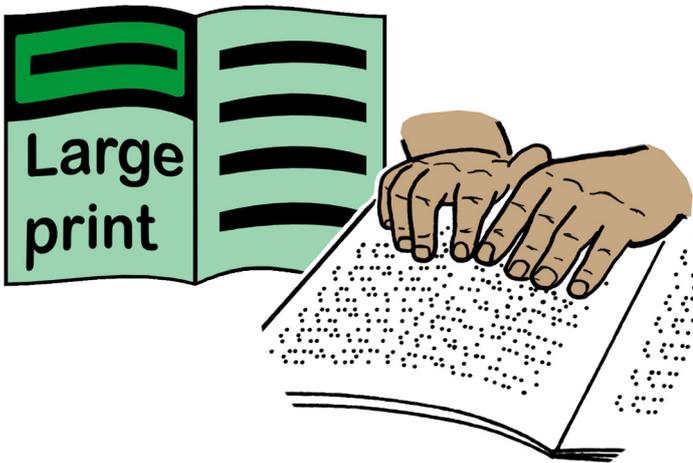
You can listen to information about cancer and order CDs from

[macmillan.org.uk/audio](https://www.macmillan.org.uk/audio)



British Sign Language (BSL)

You can watch information in BSL at macmillan.org.uk/bsl



Large print or Braille

Tell us if you need information in large print or Braille.

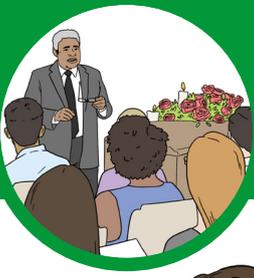
Email: cancerinformationteam@macmillan.org.uk



Translations

Tell us if you need information in another language.

Email: cancerinformationteam@macmillan.org.uk



More easy read booklets



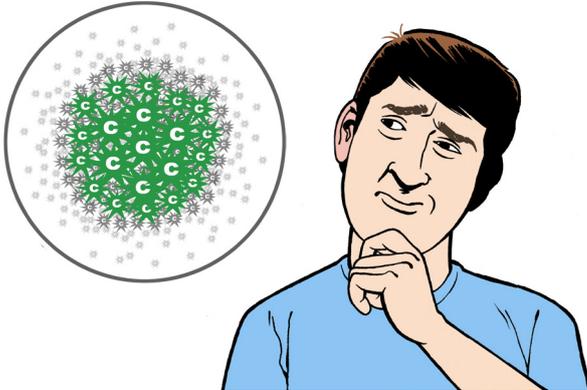
Order more easy read booklets from [macmillan.org.uk/easyread](https://www.macmillan.org.uk/easyread)

There are booklets on lots of topics:



About Macmillan

- How Macmillan Cancer Support can help you



About cancer

- Lung cancer
- What is cancer?



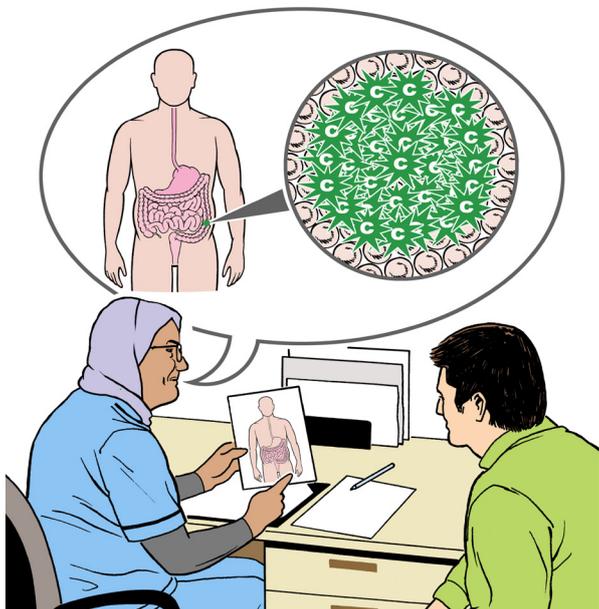
Signs and symptoms

- Breast care and screening
- Cervical screening (smear test)
- How to check your balls (testicles)
- Signs of cancer
- Symptoms of cervical cancer
- Symptoms of prostate cancer



Tests for cancer

- Having a biopsy
- Having a colonoscopy
- Having a CT scan
- Having an endoscopy
- Having examinations and blood tests
- Having an MRI scan
- Having an ultrasound
- Having an x-ray



Being told you have cancer

- Finding out you have cancer
- Getting your test results
- Seeing the doctor

Treatment for cancer

- Chemotherapy
- Deciding about your treatment
- Giving your consent
- Having surgery
- If you are unhappy with your care
- Radiotherapy
- Side effects from chemotherapy
- Side effects from radiotherapy
- Treatments for prostate cancer





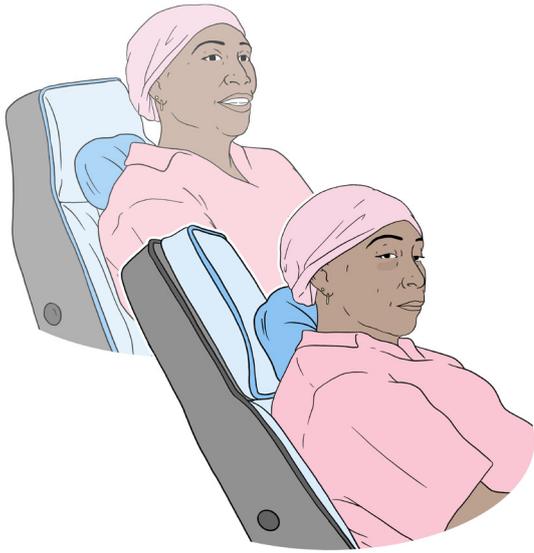
Living a healthy life

- Be safe in the sun
- Drink less alcohol
- Eat a healthy diet
- Exercise
- Have safer sex

Living with cancer

- 7 steps to equal healthcare
- Cancer and covid
- Claiming benefits when you have cancer
- Complementary therapies
- Help with costs when you have cancer
- LGBTQ+ people and cancer
- Talking about cancer and your feelings
- Things that are important to me
- What happens after cancer treatment ends
- Work and cancer
- Your feelings and cancer
- Your sex life and cancer
- Your social life and cancer





End of life

- Changes that can happen at the end of life
- Choosing where to die
- Things you can do when getting ready to die
- Who can help if you are dying
- Your feelings if you are dying



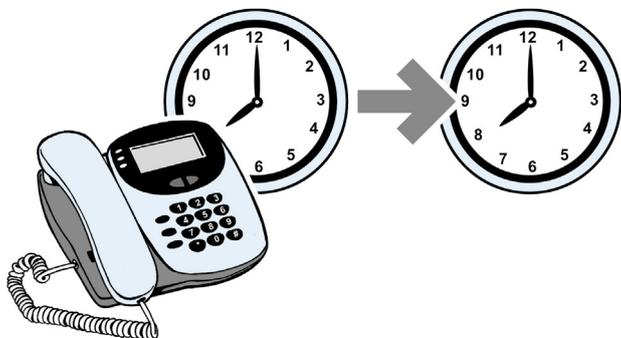
After someone dies

- Going to a funeral when someone dies
- Your feelings when someone dies and what can help

To order easy read booklets like this one go to the website macmillan.org.uk/easyread or call us on **0808 808 00 00**

This booklet is about thinking about your funeral.

It is for anyone who finds easier words and pictures helpful. If you have more questions about cancer or would like to talk to us, call the Macmillan Support Line.



- Call us free on:
0808 808 00 00
7 days a week from 8am to 8pm.



- If you use a textphone, you can call:
18001 0808 808 00 00



- Or go to the website
macmillan.org.uk

This easy read booklet has been produced by Macmillan Cancer Support working with CHANGE.

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Patient Information Forum



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