

In partnership with

MACMILLAN
CANCER SUPPORT

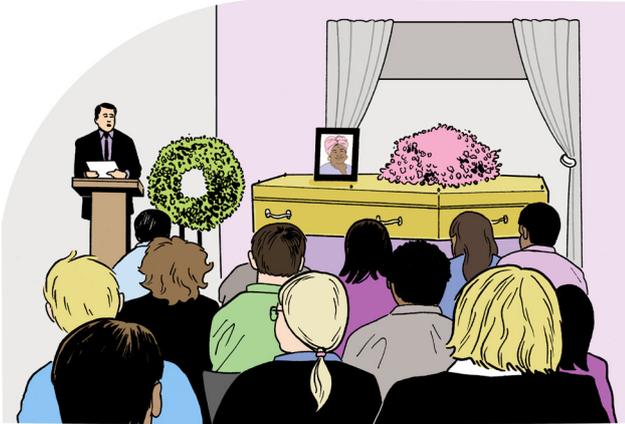
easy
read

Going to a funeral when someone dies





About this easy read booklet



This booklet is about going to a funeral when someone dies.



You can learn about what a funeral is and what may happen at a funeral.



If you are worried about your health or how you are feeling, you should talk to a doctor or nurse.

Going to a funeral when someone dies



When someone dies the people who loved and cared for them will arrange a **funeral**.



A **funeral** is a time for people to get together to remember someone who has died.



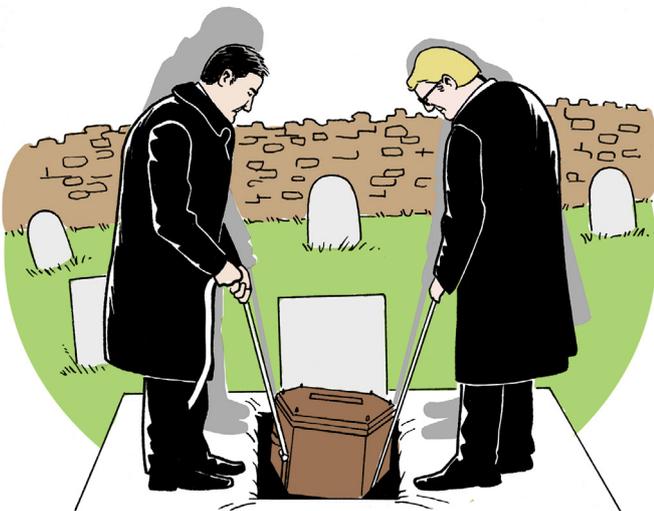
It is a time to say goodbye to the person. You can remember the good things the person has done.



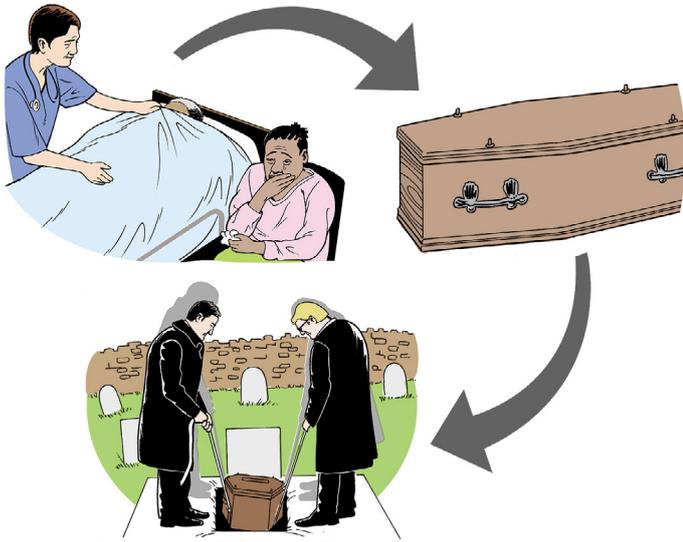
At a funeral people can share their feelings about the person being gone.



A funeral can also be a celebration of a person's life.



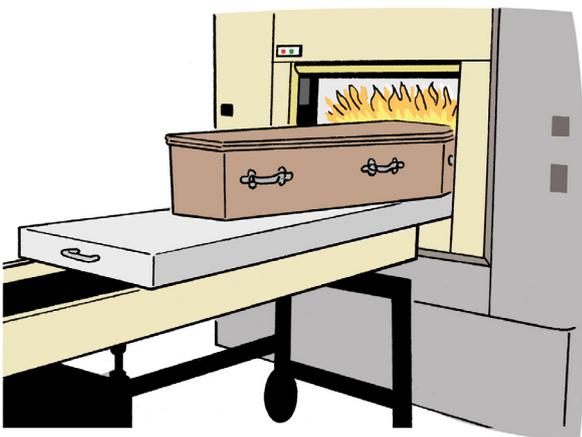
Some people choose to have their body buried.



This means their body will be put in a special box called a **coffin**. It is then put into the ground in a place called a grave.



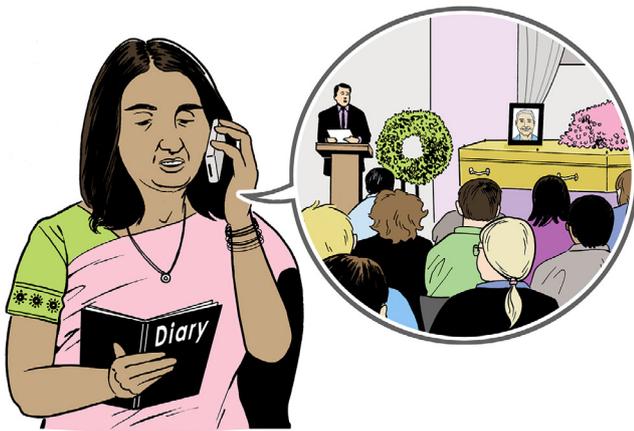
The grave will usually have a stone with the person's name on it. The stone is put on about a year after the funeral.



Other people choose to have their body **cremated**. This means that their body is put in a coffin and then in a very hot fire until it becomes ashes.



Sometimes people want their friends and family to spread their ashes in a place that was special to them.



When you find out when the funeral is you can decide if you want to go.



Some people say it helps to go to a funeral so they can share their feelings with others and say goodbye to the person they loved.



But it is also OK if you do not want to go to the funeral.



Whether you go to the funeral or not you may want to remember the person in your own way.



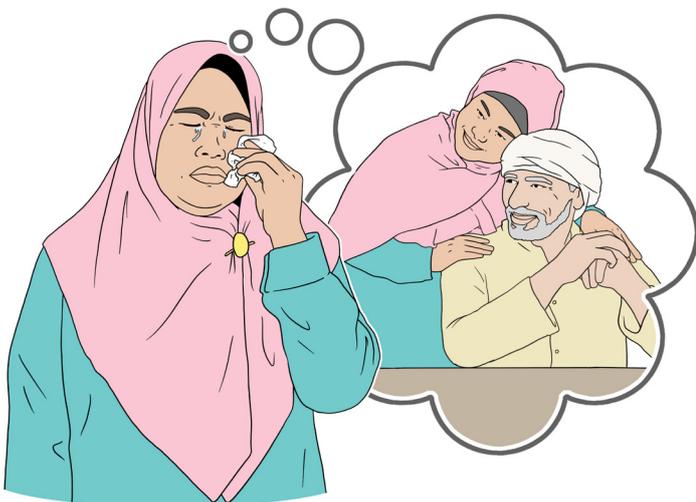
Some people like to look at things that remind them of the person who has died. This could be a photo album or a memory box.



Listening to music can also help bring back memories of the person who died.



Some people like to visit the grave of the person who has died. Or go to a place that has special memories for them.



It is normal to miss the person that has died and to be upset that they are no longer here.



Over time you will usually be less sad and you will have more happy memories.



How Macmillan can help you



You can get support from:

The Macmillan Support Line

Call **0808 808 00 00** 7 days a week, 8am to 8pm.



You can speak to us in your language, including British Sign Language (BSL). Just tell us what you need when you start the call.

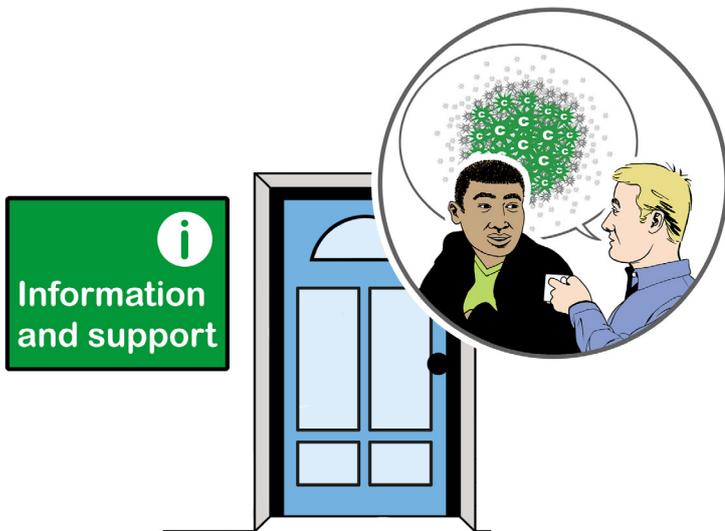


The Macmillan website

Visit [macmillan.org.uk](https://www.macmillan.org.uk) for information about cancer.

You can also use our web chat to ask questions at

[macmillan.org.uk/talktous](https://www.macmillan.org.uk/talktous)



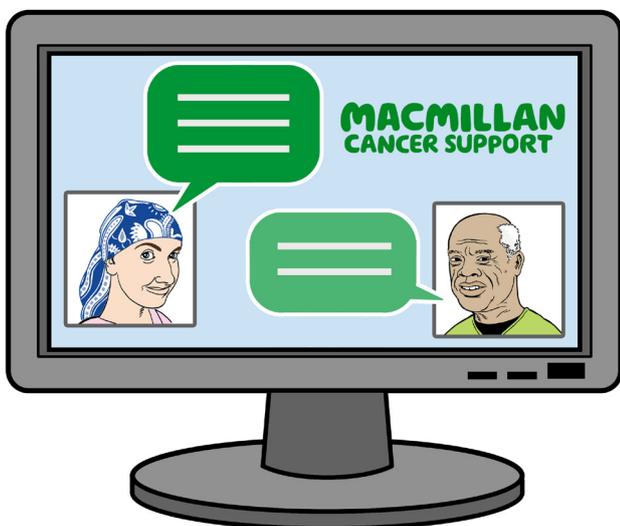
Information centres

You can talk to a cancer support specialist and get written information. Find your nearest centre at [macmillan.org.uk/informationcentres](https://www.macmillan.org.uk/informationcentres) or call us.



Local support groups

Find a group near you at [macmillan.org.uk/supportgroups](https://www.macmillan.org.uk/supportgroups) or call us.



Macmillan Online Community

You can talk to other people in similar situations at [macmillan.org.uk/community](https://www.macmillan.org.uk/community)



Macmillan can give you information in different ways:

Booklets about cancer

You can order booklets about cancer from

[be.macmillan.org.uk](https://www.be.macmillan.org.uk)



Videos

You can watch videos about cancer at

[macmillan.org.uk/videos](https://www.macmillan.org.uk/videos)



Audio

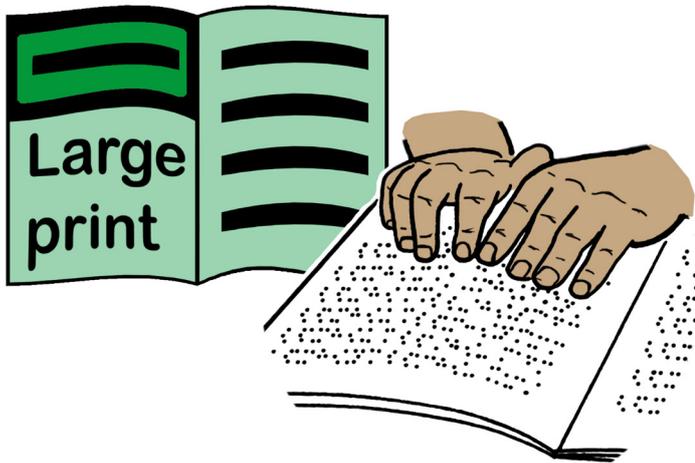
You can listen to information about cancer and order CDs from

[macmillan.org.uk/audio](https://www.macmillan.org.uk/audio)



British Sign Language (BSL)

You can watch information in BSL at macmillan.org.uk/bsl



Large print or Braille

Tell us if you need information in large print or Braille.

Email: cancerinformationteam@macmillan.org.uk



Translations

Tell us if you need information in another language.

Email: cancerinformationteam@macmillan.org.uk



More easy read booklets



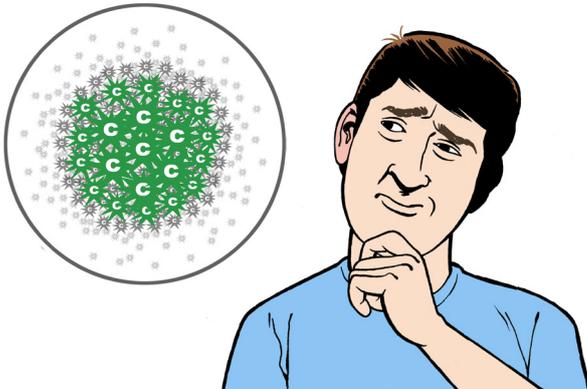
Order more easy read booklets from [macmillan.org.uk/easyread](https://www.macmillan.org.uk/easyread)

There are booklets on lots of topics:



About Macmillan

- How Macmillan Cancer Support can help you



About cancer

- Lung cancer
- What is cancer?



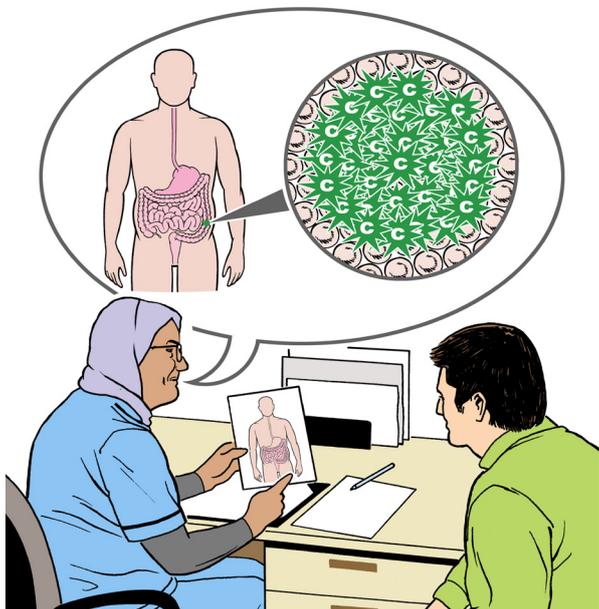
Signs and symptoms

- Breast care and screening
- Cervical screening (smear test)
- How to check your balls (testicles)
- Signs of cancer
- Symptoms of cervical cancer
- Symptoms of prostate cancer



Tests for cancer

- Having a biopsy
- Having a colonoscopy
- Having a CT scan
- Having an endoscopy
- Having examinations and blood tests
- Having an MRI scan
- Having an ultrasound
- Having an x-ray



Being told you have cancer

- Finding out you have cancer
- Getting your test results
- Seeing the doctor

Treatment for cancer

- Chemotherapy
- Deciding about your treatment
- Giving your consent
- Having surgery
- If you are unhappy with your care
- Radiotherapy
- Side effects from chemotherapy
- Side effects from radiotherapy
- Treatments for prostate cancer





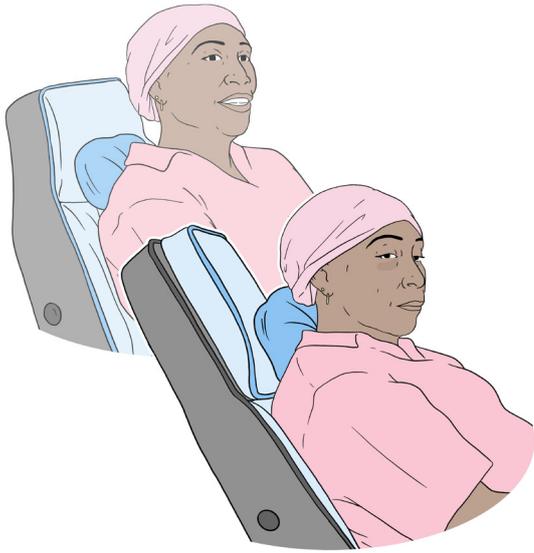
Living a healthy life

- Be safe in the sun
- Drink less alcohol
- Eat a healthy diet
- Exercise
- Have safer sex

Living with cancer

- 7 steps to equal healthcare
- Cancer and covid
- Claiming benefits when you have cancer
- Complementary therapies
- Help with costs when you have cancer
- LGBTQ+ people and cancer
- Talking about cancer and your feelings
- Things that are important to me
- What happens after cancer treatment ends
- Work and cancer
- Your feelings and cancer
- Your sex life and cancer
- Your social life and cancer





End of life

- Changes that can happen at the end of life
- Choosing where to die
- Things you can do when getting ready to die
- Who can help if you are dying
- Your feelings if you are dying



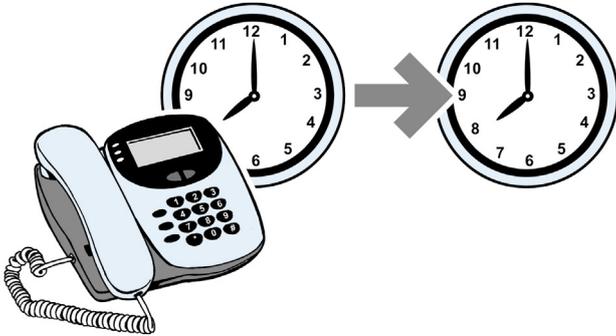
After someone dies

- Going to a funeral when someone dies
- Grief and loss when someone dies
- How you may feel when someone dies
- What can help you feel better when someone dies

To order easy read booklets like this one go to the website [macmillan.org.uk/easyread](https://www.macmillan.org.uk/easyread) or call us on **0808 808 00 00**

This booklet is about going to a funeral.

It is for anyone who finds easier words and pictures helpful. If you have more questions about cancer or would like to talk to us, call the Macmillan Support Line.



- Call us free on:

0808 808 00 00

7 days a week from 8am to 8pm.



- If you use a textphone, you can call:

18001 0808 808 00 00



- Or go to the website

macmillan.org.uk

This easy read booklet has been produced by Macmillan Cancer Support working with CHANGE.

MAC16311_ER_E05 Produced October 2023.

Next planned review October 2026.

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Patient Information Forum



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