

In partnership with

MACMILLAN
CANCER SUPPORT

easy
read

Giving your consent





About this easy read booklet



This booklet is about giving your consent.



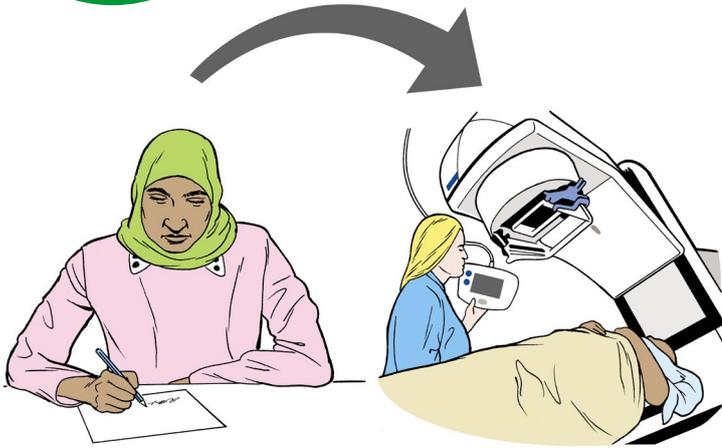
You can learn about what will happen when someone asks for your consent.



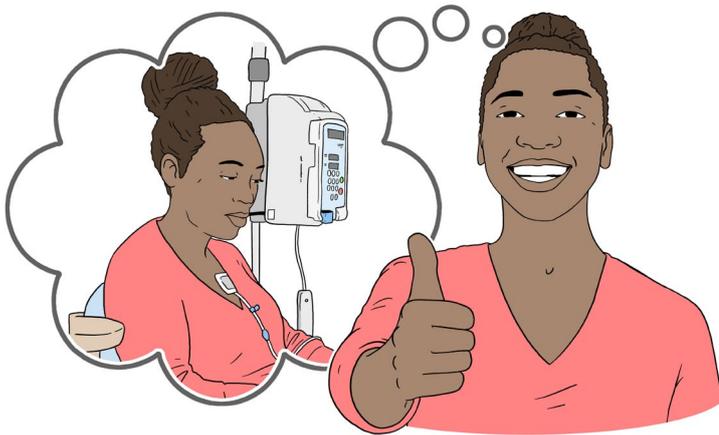
If you are worried about your health, you should talk to a doctor or nurse.



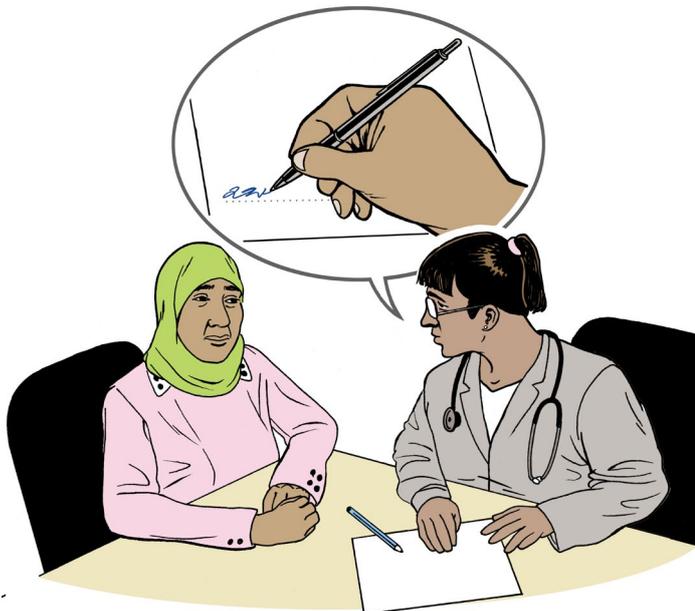
What is consent?



Consent means saying your cancer team can give you treatment and understanding why you need it.



It is important you understand what treatments you are having.



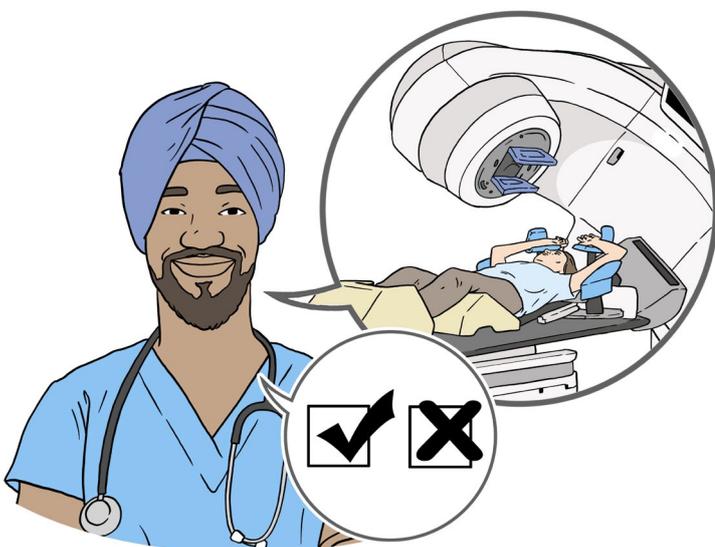
You will be asked for your consent for any treatment you need. You should always be involved in making decisions about your treatment or care.



You can ask questions about the treatment. You can then decide if you want to have the treatment or not.



To give consent you need to have **mental capacity**. This means understanding the information they give you and the reasons why something is the best choice for you.



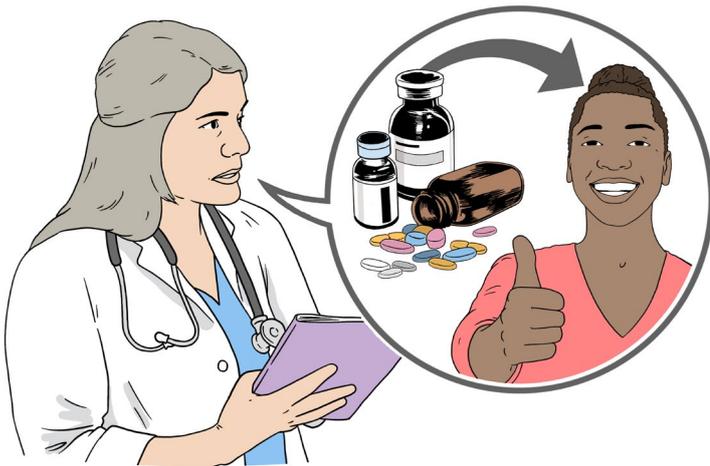
Your healthcare team have to do everything they can to help you understand your choices and what might happen.



Giving your consent



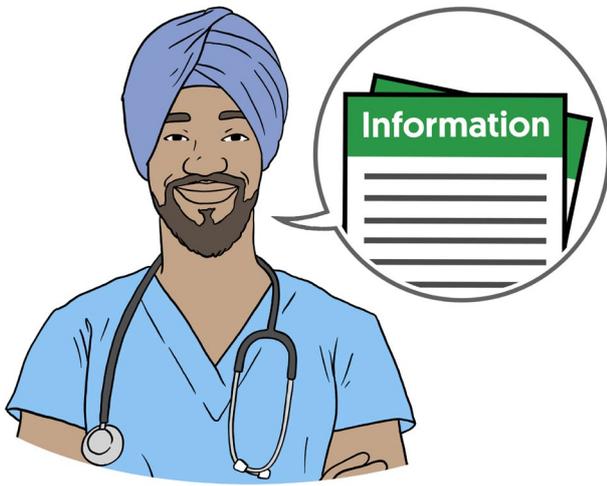
Before you agree to have treatment, your doctor needs to give you all the information you need to make the decision.



This can be things like how the treatment can help you, or what the **side effects** are.



Side effects are unwanted effects from treatment, like tiredness or feeling sick.



Your doctor should give you information in a way that you understand.



Ask them if you need the information in another format. For example in Easy Read format, or if you need an **interpreter**.



An **interpreter** is a person that helps people who use different languages to understand each other, including British Sign Language (BSL).



If you agree to have treatment, you will be asked to sign a form. Or sometimes you can give your consent by saying yes to your doctor. Your doctor will write this in your medical notes.



Before you sign the form it is important you understand what the treatment is and how it will affect you.



You can also decide that you do not want to have the treatment. But you need to talk with the doctor so that you know what may happen if you do not have the treatment.



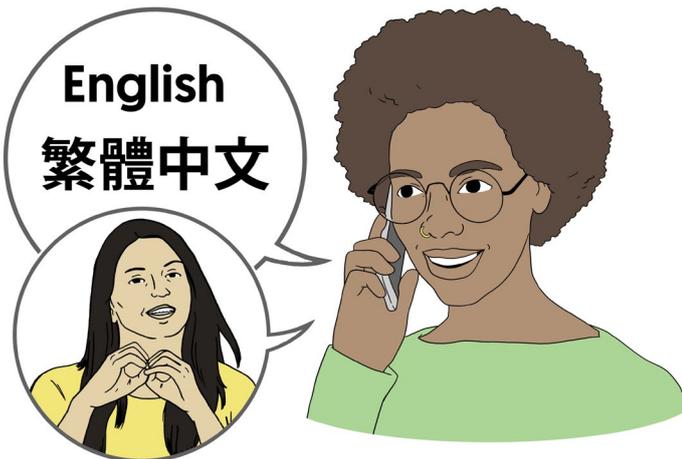
How Macmillan can help you



You can get support from:

The Macmillan Support Line

Call **0808 808 00 00** 7 days a week, 8am to 8pm.

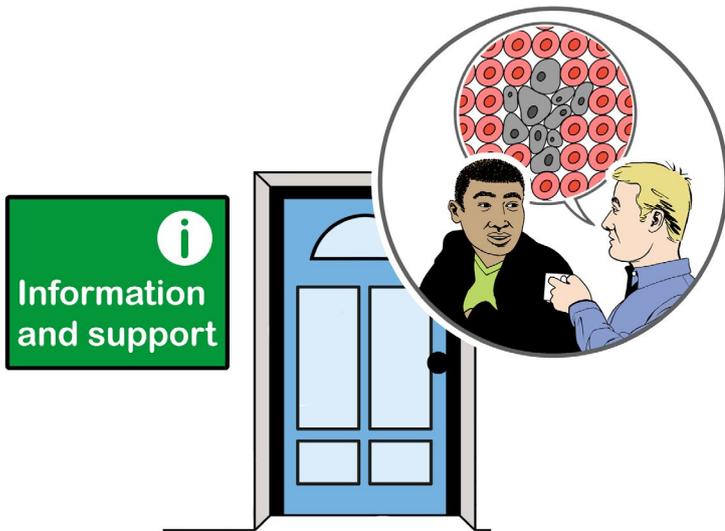


You can speak to us in your language, including British Sign Language (BSL). Just tell us what you need when you start the call.



The Macmillan website

Visit [macmillan.org.uk](https://www.macmillan.org.uk) for information about cancer. You can also use our web chat to ask questions at [macmillan.org.uk/talktous](https://www.macmillan.org.uk/talktous)



Information centres

You can talk to a cancer support specialist and get written information. Find your nearest centre at [macmillan.org.uk/informationcentres](https://www.macmillan.org.uk/informationcentres) or call us.



Local support groups

Find a group near you at [macmillan.org.uk/supportgroups](https://www.macmillan.org.uk/supportgroups) or call us.



Macmillan Online Community

You can talk to other people in similar situations at [macmillan.org.uk/community](https://www.macmillan.org.uk/community)



Macmillan can give you information in different ways:

Booklets about cancer

You can order booklets about cancer from

[be.macmillan.org.uk](https://www.be.macmillan.org.uk)



Videos

You can watch videos about cancer at

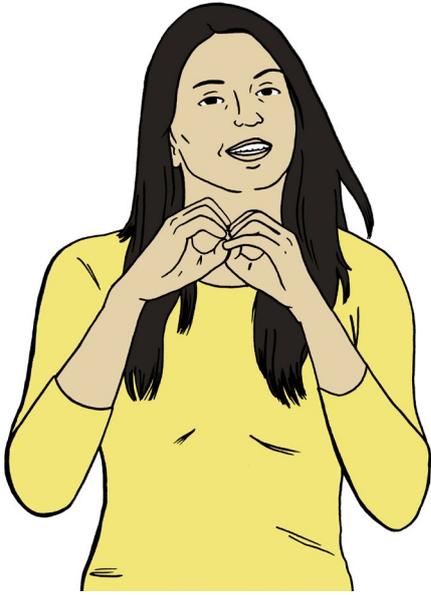
[macmillan.org.uk/videos](https://www.macmillan.org.uk/videos)



Audio

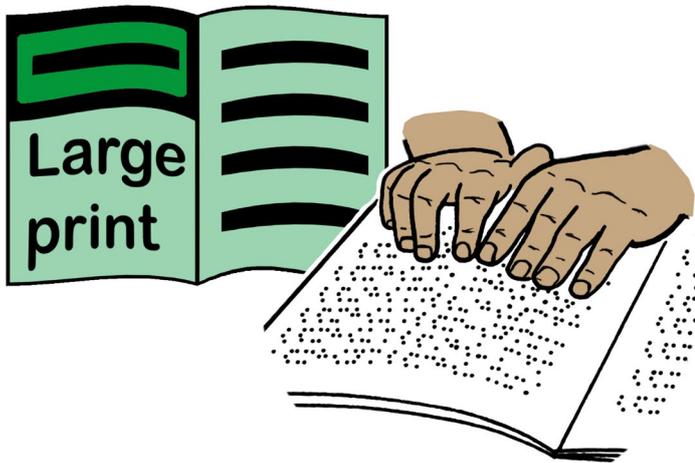
You can listen to information about cancer and order CDs from

[macmillan.org.uk/audio](https://www.macmillan.org.uk/audio)



British Sign Language (BSL)

You can watch information in BSL at macmillan.org.uk/bsl



Large print or Braille

Tell us if you need information in large print or Braille.
Email: cancerinformationteam@macmillan.org.uk

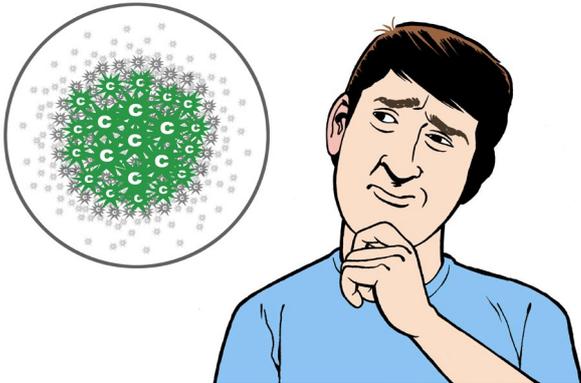


Translations

Tell us if you need information in another language.
Email: cancerinformationteam@macmillan.org.uk



More easy read booklets



Order more easy read booklets from [macmillan.org.uk/easyread](https://www.macmillan.org.uk/easyread)

There are booklets on lots of topics:

About Macmillan

- How Macmillan Cancer Support can help you

About cancer

- Lung cancer
- What is cancer?

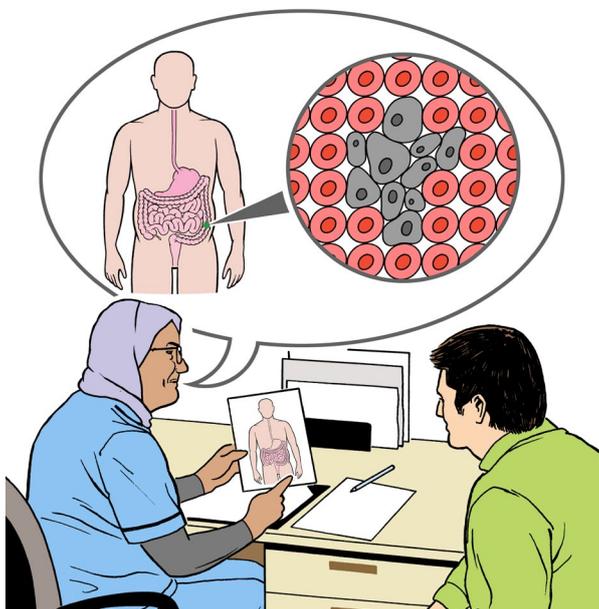
Signs and symptoms

- Breast care and screening
- Cervical screening (smear test)
- How to check your balls (testicles)
- Signs of cancer
- Symptoms of cervical cancer
- Symptoms of prostate cancer



Tests for cancer

- Having a biopsy
- Having a colonoscopy
- Having a CT scan
- Having an endoscopy
- Having examinations and blood tests
- Having an MRI scan
- Having an ultrasound
- Having an x-ray



Being told you have cancer

- Finding out you have cancer
- Getting your test results
- Seeing the doctor



Treatment for cancer

- Chemotherapy
- Deciding about your treatment
- Giving your consent
- Having surgery
- If you are unhappy with your care
- Radiotherapy
- Side effects from chemotherapy
- Side effects from radiotherapy
- Treatments for prostate cancer



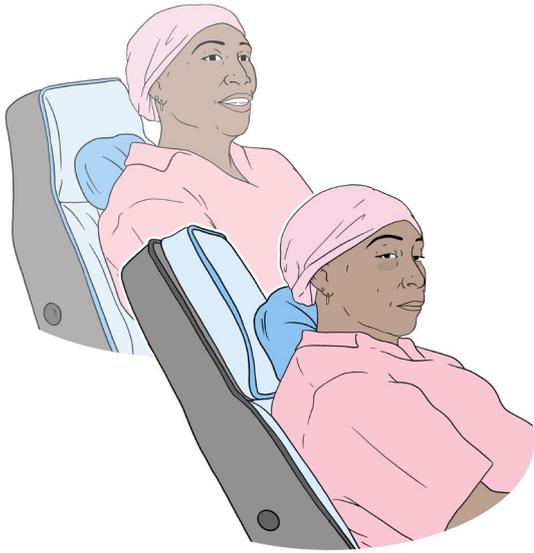
Living a healthy life

- Be safe in the sun
- Drink less alcohol
- Eat a healthy diet
- Exercise
- Have safer sex

Living with cancer

- 7 steps to equal healthcare
- Cancer and covid
- Claiming benefits when you have cancer
- Complementary therapies
- Help with costs when you have cancer
- LGBTQ+ people and cancer
- Talking about cancer and your feelings
- Things that are important to me
- What happens after cancer treatment ends
- Work and cancer
- Your feelings and cancer
- Your sex life and cancer
- Your social life and cancer





End of life

- Changes that can happen at the end of life
- Choosing where to die
- Things you can do when getting ready to die
- Who can help if you are dying
- Your feelings if you are dying



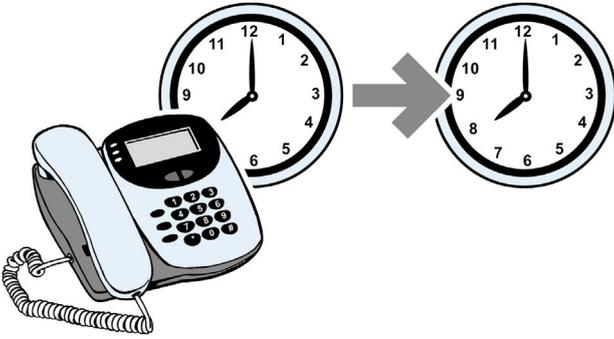
After someone dies

- Going to a funeral when someone dies
- Grief and loss when someone dies
- How you may feel when someone dies
- What can help you feel better when someone dies

To order easy read booklets like this one go to the website macmillan.org.uk/easyread or call us on **0808 808 00 00**

This booklet is about giving your consent.

It is for anyone who finds easier words and pictures helpful. If you have more questions about cancer or would like to talk to us, call the Macmillan Support Line.



- Call us free on:
0808 808 00 00
7 days a week from 8am to 8pm.



- If you use a textphone, you can call: **18001 0808 808 00 00**



- Or go to the website
macmillan.org.uk

This easy read booklet has been produced by Macmillan Cancer Support working with CHANGE.

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