

My hospital discharge checklist

You may find it helpful to use this checklist before you go home from hospital.
You can tick off the things you know have been done.

Question	
If you have family or carers, do they know when you are going home?	<input type="checkbox"/>
Do you have someone who can take you home? Or has your hospital transport been arranged?	<input type="checkbox"/>
Will there be someone to meet you when you get home? Or do you have keys to get in?	<input type="checkbox"/>
Will there be food in the house? Will the heating be on (if needed)?	<input type="checkbox"/>
Do you understand how to take any medicine or dietary supplements you need to take at home?	<input type="checkbox"/>
Do you know when your next outpatient appointment is?	<input type="checkbox"/>
Do you have contact details for all the people who will be providing support?	<input type="checkbox"/>
Do you know what care has been arranged for you when you go home?	<input type="checkbox"/>
Do you have a contact number for your hospital team or keyworker?	<input type="checkbox"/>
Do you have all the equipment or items you need to use at home, such as continence pads or stoma bags?	<input type="checkbox"/>
Has your GP been told when you are going home?	<input type="checkbox"/>
Have you been given a letter about your care to give to your GP, or has one been sent to them electronically?	<input type="checkbox"/>
Do you know who to contact when you are home if you do not feel well (especially after chemotherapy or surgery), have a temperature, are sick or are in pain?	<input type="checkbox"/>
Have you been given a fit note (Statement of Fitness for Work) if you need one?	<input type="checkbox"/>