

# Questions about lymphoma diagnosis

- What type of lymphoma do I have?
- What stage is the lymphoma?
- Is the lymphoma slow-growing or fast-growing?
- What is the outlook for this type of lymphoma, and what might this mean in my situation?
- Do I need further tests and when will these happen?
- Who can I talk to about how I am feeling?
- Who can I ask about practical issues or money worries?

**My notes:**

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# Questions about lymphoma treatment decisions

- What treatment or treatments do you recommend for me?
- What is the aim of my treatment?
- Are there any other treatments that might work just as well?
- What are the benefits and risks of each treatment option?
- What might the side effects of each option be?
- How can I get a second opinion?
- Is there a lymphoma clinical trial I can take part in?
- If I choose not to have treatment, what might happen?

**My notes:**

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# Questions about having lymphoma treatment

- Where will I have treatment?
- Will I have to stay in hospital?
- How soon will my treatment start?
- How long will my treatment last?
- How often will I have this treatment?
- Can I continue working while I am having treatment?
- Do I need to change what I eat?
- Can I drink alcohol?
- Can I exercise regularly?
- Will I be able to drive?
- Will the treatment affect my fertility or sex life?
- Do I need to avoid people who are pregnant or young children while I am having treatment?

**My notes:**

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# Questions about side effects

- What are the possible side effects of this treatment?
- What should I do if I have side effects?
- Who should I contact if I have side effects and when?
- How long are side effects likely to continue for?
- Will side effects eventually go away, or might some be permanent?
- If I have lots of side effects, can I reduce or stop my treatment?

**My notes:**

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# Questions about watch and wait

- Is watch and wait a good treatment option for me?
- What are the advantages of watch and wait?
- What are the disadvantages of watch and wait?
- What tests and appointments will I have?
- What are my options if I do not feel that watch and wait is the right treatment for me?
- What support is available to help me cope if I am worried about delaying treatment?

**My notes:**

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# Questions after lymphoma treatment

- What happens when my treatment finishes?
- How long is it likely to take for me to recover?
- How often will I have follow-up appointments?
- Will I need ongoing tests or scans?
- Who do I contact if I have a problem before my follow-up appointments?
- I am worried about the lymphoma coming back. Who can I speak to?
- What are the signs of the lymphoma coming back?
- How can I stay healthy after treatment finishes?

**My notes:**

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# Questions about work and money

- Will my diagnosis or having lymphoma treatment affect my finances?
- Where can I get financial support or advice about money?
- How do I get free prescriptions for my cancer treatment?
- Can I get help with my energy bills?
- Can I get help with travel or hospital parking costs?
- Will I be able to keep working?
- How much time will I need to take off work?
- Who can I speak to about going back to work after treatment finishes?

**My notes:**

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