

Puppy Exercise Guide



Month	Minutes	Miles Max.
2	10	0.4
3	15	0.7
4	20	0.9
5	25	1.2
6	30	1.4
7	35	1.7
8	40	1.9
9	45	2.2
10	50	2.4
11	55	2.7
12	60	2.9