# Education and development opportunities

2023 Prospectus



# Contents

W	elcome	3
Нс	ow to access our hub	5
Cł	noosing the right level	9
	hat is the Macmillan Person Centred are Competency Framework (MPCCCF)?	10
Сс	ommunities of Practice (CoPs)	11
Ed	lucation and development opportunities	13
1. 2. 3. 4. 5.		14 28 34 45 50 57
Cc Ed 1. 2. 3. 4. 5.	Demmunities of Practice (CoPs) Aucation and development opportunities Cancer Information and Support Communication Skills Leadership and Professional Development (LPD) Palliative and End of Life Care (PEoLC) Personalised Care and Support Planning (PCSP)	

# Welcome!

2023 will bring new learning and development opportunities, as well as continuing parts of our offer available to Macmillan Professionals and the wider cancer workforce.

This Prospectus is regularly updated to include new opportunities, so please continue to use the Learning hub to see what's new, book onto virtual classrooms, access e-learning and connect with other colleagues. If you haven't signed up yet to the hub, please follow the instructions on page 6 on how to do this.

We are always looking to build on our education and development offer to meet your requirements and to help you continue to grow. Please keep an eye out in your Mac Mail for updates on additional learning resources that may be added throughout the year. As always, we look forward to supporting you in continuing your amazing work for people living with cancer.



Lynne Coulson Head of Professional Development and Knowledge Macmillan Cancer

Support

As a health and social care professional, you will know that cancer can affect people in many ways - from impacting on health and relationships, right through to finances and work. The needs of people living with cancer are ever-changing and as a result, so are the demands placed on you. Our 2023 offer is underpinned by Macmillan's Person Centred Care Competency Framework (MPCCCF) to ensure that we remain focussed on providing you with the education, training, tools, learning resources and development opportunities to help you to meet these needs and demands.



We offer a variety of training including e-learning modules, webinars, virtual classrooms and blended learning opportunities. As these modules are online, you can complete them in your own time and in any location. You will also find videos, interviews with specialists and a range of articles.

## **Accessing the Learning Hub**

There are two ways to sign up depending on your role. Select the route applicable to you:

#### Macmillan professionals

Education and Development that has been designed specifically with the needs of our professionals in mind.

#### The wider cancer workforce, both paid and unpaid (volunteers)

This offer is open to anyone who wishes to access education to better support their interactions with people living with cancer, including our valued volunteers.

Once you have signed up you can also access the Learning hub via the 'FUSE' app, which can be downloaded from your device's app store. Just enter "Macmillan" when prompted after download.



Macmillan Professionals

### Accessing the Learning Hub

To use Macmillan services – such as the Learning Hub, Be.Macmillan and the Online Community, you need to create a My Macmillan account. You may already have an account if you have accessed any of these services before. If so, you can enter your log in details and <u>sign in</u> to the hub. If not follow the steps below;

1. Visit this <u>online page</u>. It will take you to the sign in page for the Hub.

2. When you reach the "Account Log In" page, select the "Sign up now" link at the bottom of the screen. This will take you to the "Create an Account" page.

**3.** Enter the email address we have contacted you on and then select the "Send verification code" button.

**4.** Your verification code will be sent in an email titled 'MACMILLAN CANCER SUPPORT account email verification code'. Check your junk folder in case it has been diverted there.

**5.** Enter your code where prompted on the create account page and select the "Verify" button.

6. You should then have the option to fill in your chosen password and your name.

7. Once you have done this, select the "Complete registration" button.

8. You will then receive a confirmation email.

**9.** If you visit the "<u>Account Log In</u>" page again, you should be able to log in. If you are unable to access the hub email <u>LearningSupportHub@macmillan.org.uk</u>.

#### ACCOUNT LOG IN

Reset your passwor
ın in
n up now

Send verification code



## **Accessing the Learning Hub**

To sign up to online learning, follow the below steps:

- 1. Visit the Learning Hub application form.
- 2. Complete the form to register for the Learning Hub.
- **3.** Your licence will be created for the Hub and we will send you information on how to log in.
- 4. If you experience any issues with this process, let us know at LearningSupportHub@macmillan.org.uk
- 5. We hope you enjoy the new Learning Hub!

#### MACMILLAN

#### Learning and communications hub

\* Required

Thanks for registering for our learning and communications hub

Simply confirm your name, work email address and a few other details below and we'll give you access to the hub. We'll be in touch using the contact details you've provided to keep you up to date with the online training and development courses that we have on offer. We'll also send you details about relevant events and how you can get involved with our online professional community groups.

We promise to keep your details safe and never sell or swap them with anyone. Our privacy policy explains how we keep this promise. If you don't want to hear from us, or change your mind about how we contact you, you can opt out at any time by clicking the unsubscribe link in the emails we send to you.

Please note: It's possible you won't see the confirmation page when using Internet Explorer. Try using a different browser if possible.

Macmillan Privacy Policy

Title \*
Select your answer

First Name \*

Enter your answer

Last Name \*

Enter your answe

#### Work Email Address \*

This is the email address that you use in your primary role. Please ensure this is accurate as this is how we will give you access to the hub.

Enter a valid email address.



## **Choosing the right level**

The levels indicated throughout our learning offer are related to the Macmillan Person Centred Care Competency Framework (MPCCCF). These are:

**Expert Level** – Applies to certain roles or functions that require more clinical expertise with a greater depth of skills and knowledge.

**Enhanced Level** – This applies to certain roles or functions that require more clinical expertise and builds upon the essential level for those professionals wishing to further develop their existing skills and knowledge.

**Essential Level** – Covers core competencies, skills and knowledge identified in the MPCCCF as relevant for all the workforce.

**All** – There are some learning opportunities and learning resources that are applicable to all levels of the MPCCCF and suitable for everyone.



### What is the Macmillan Person Centred Care Competency Framework (MPCCCF)?

The MPCCCF has been developed to clarify the roles and competencies, education and training required in the workforce to support services in meeting the needs of people living with cancer.

This ambitious, forward-thinking framework cuts across traditional professional roles and titles and can be used in primary, secondary, tertiary and social care settings, enabling staff and volunteers within these services to better meet the needs of people living with cancer.

The MPCCCF is based on qualification levels, which will enable it to be used across the 4 nations of the UK. Access the <u>MPCCCF community</u> on the Learning Hub (LH), where you can find out more information and view the MPCCCF document.



### **Communities of Practice** (CoPs)

#### What are they?

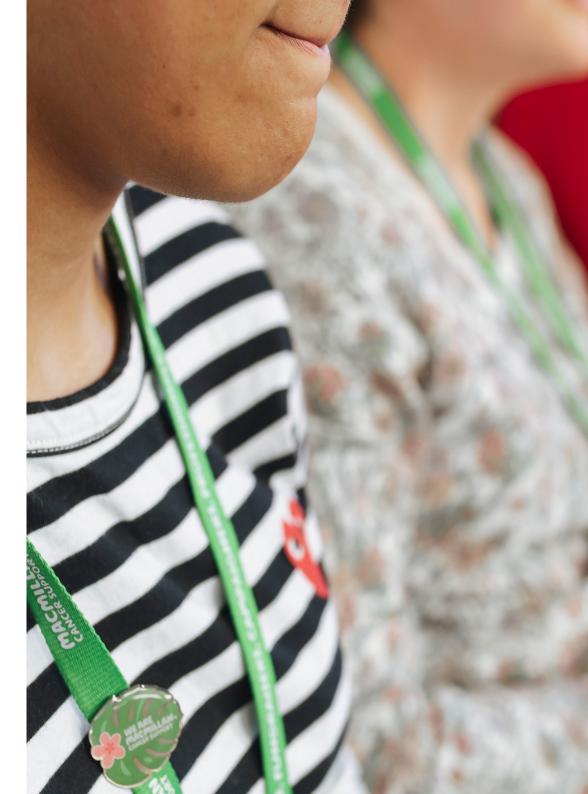
CoPs are self-sustaining groups of people who share an interest in an aspect of work aimed at improving the lives of people with cancer. Our aim is to cultivate and enable communities of practice to develop across the UK to spread innovation, ideas and good practice and enable the sharing of experience and knowledge. CoPs will achieve these aims through:

**Building** upon known previously successful face to face Communities of Practice

**Enabling** cancer professionals to share knowledge and learning

**Bridging** the gap between informal interactions on the Learning Hub and virtual classrooms

**Linked** to wider events such as Best Practice Forums More information can be found on the next page.



### **Communities of Practice (CoPs)**

**Communities of Practice** (CoPs) are open to all individuals working at any level in cancer care who have an interest in the subject area. As the CoPs mature, it may be that subgroups develop to discuss specific aspects of the CoP area, such as electronic Holistic Needs Assessment (HNA/ eHNA).

More details can be found on the Learning Hub.



### **Education and Development Opportunities**

We have divided the prospectus into six education and development themes.

Under each theme we have a range of modules and activities which have a specific Macmillan Person Centred Care Competency Framework (MPCCCF) education level (essential, enhanced or expert), so you can quickly find the opportunities that are most suitable for you.



The first theme of Cancer Information and Support captures the need for Continuous Professional Development (CPD) in respect of emerging cancer treatments and therapies, as well as how we can support each other and ourselves in such a rapidly changing environment.

### Cancer Information and Support

#### Delivery e-learning

To access, search for e-learning name and filter for course and learning plan on the Learning Hub.

Name	Level	Description
Introduction to Emotional Health and Wellbeing	Essential	Considers why emotional health and wellbeing is important and explores useful strategies to help improve your skills.
Psychological Support Skills to Enhance Cancer Care	Enhanced	Explores why it is important to consider the psychological factors in cancer. Considers how they affect uptake of screening and investigations, decision-making, adherence to treatment and trust and relationships with a healthcare team.
Introduction to Acute Oncology	Essential	An updated version of our pre-existing module, covering basics of acute oncology. This includes information on common oncological emergencies, triage using the UKONS tool and appropriate
Nutrition in Acute Oncology	Enhanced	Developed for professionals providing guidance on nutrition.
Introduction to External Beam Radiotherapy	Essential	Explores what external beam radiotherapy treatment is, the sort of appointments a patient might require, and what someone having radiotherapy might expect during and after treatment.
Developing Cultural Competence in Cancer Care and Support	Essential	Explores how culture can shape beliefs and attitudes around cancer, and how to communicate with and support patients from diverse cultural backgrounds. Modules will be launched monthly.

### Cancer Information and Support

# Cancer calendar information

To find, search for content name and filter for topic and article on the Learning Hub. Learning resources available on the Learning Hub that coincide with cancer awareness campaigns throughout the year. These will also link to relevant Professional Development and Knowledge webinars, modules and e-learning.

January	February	Mar
• Cervical cancer prevention week	<ul> <li>World cancer day, Feb 4</li> <li>Oesophageal cancer</li> </ul>	<ul> <li>Brain tumour awareness week</li> <li>Prostate cancer</li> <li>Ovarian cancer</li> </ul>
Apr	Мау	June
<ul><li>Colorectal cancer</li><li>Testicular cancer</li></ul>	<ul><li> Dying Matters Week</li><li> Bladder cancer</li><li> Skin cancer</li></ul>	<ul> <li>Myeloma week</li> </ul>
July	August	September
• Sarcoma		<ul><li>Blood cancer</li><li>Urological cancer</li><li>Thyroid cancer</li></ul>
October	November	December
• Breast cancer	<ul><li>Lung cancer</li><li>Pancreatic cancer</li></ul>	• Grief Awareness Week

#### The Prehabilitation and Rehabilitation for People Living with Cancer

Level Expert

#### Delivery Blended

#### Description:

This Prehabilitation and Rehabilitation for people living with cancer module is delivered in partnership with Macmillan and Sheffield Hallam University. The aim of this module is to develop specialist knowledge and skills to implement prehabilitation and rehabilitation interventions across the pathway to help patients living with cancer manage side effects from cancer treatments.

This module will start in Spring 2023, with dates and application times to be released. To find out more about this module please visit: Prehabilitation and Rehabilitation for people living with cancer - delivered in partnership with Macmillan | Sheffield Hallam University (shu.ac.uk)

#### HOPE:

Helping Overcome Problems Effectively (HOPE) is a facilitated self-management programme for people living with cancer. Macmillan helps healthcare organisations to directly deliver the HOPE programme to people living with cancer by:

• Providing an information session to those organisations and staff interested in finding out more about HOPE.

- Supporting the organisation to set up a HOPE programme.
- Training their staff to be HOPE facilitators and assessors.
- Providing regular updates and advice to staff.

The HOPE programme is delivered by healthcare professionals and volunteers across different time scales ranging from a six week programme (a two hour session every week) to a half day programme. The course is based on positive psychology, mindfulness and cognitive behavioural therapy.

The Macmillan Professional Development and Knowledge team also provide a HOPE programme directly to people living with cancer which is called iHOPE which you can refer into. Find out more: **About iHOPE Programme**.

You can also access HOPE Works which is an online course that will help you to acquire tools and techniques to increase your resilience in your working and day-to-day life and when faced with extra challenges and stresses. **Register for HOPE Works here** 

Supported

Overcome Problems

Effectively

Helping

(HOPE)

self-management

### Cancer Information and Support

#### **HOPE Information**

Level Essential

Delivery Virtual Classroom

To book, search for virtual classroom name and filter for events on the Learning Hub.

#### **Description:**

This is designed for Macmillan Professionals, the wider cancer workforce and volunteers who are interested in finding out more about the HOPE programme and becoming a HOPE facilitator.

This session will give an overview of the HOPE programme to enable participants to explore whether HOPE may be suitable for the people living with cancer in their organisation/community and how they may establish the HOPE programme in their organisation.

#### Dates

21st March 2023 1:30pm - 4:30pm

#### **HOPE Facilitator**

Level Essential

Delivery Virtual Classroom

#### **Description:**

This is designed for Macmillan Professionals, wider cancer workforce and volunteers who are looking to facilitate programmes in their local area.

**Cancer Information** 

and Support

The HOPE Facilitator training programme consists of three 3.5 hour sessions.

To access this programme you must have completed the HOPE information session (page 20). To find out more about how to access HOPE Facilitator programme visit the **Learning Hub**.

Dates - Programme 3		
4 April	9:30am - 1:00pm	
11 April	9:30am - 1:00pm	
18 April	9:30am - 1:00pm	

Dates - Programme 4	
11 May	9.30am - 1.00pm
18 May	9.30am - 1.00pm
25 May	9.30am - 1.00pm

### Cancer Information and Support

#### **HOPE** Assessor

#### Level Essential

Delivery Virtual Classroom

#### **Description:**

This is designed for Macmillan Professionals, wider cancer workforce and volunteers who are already trained HOPE facilitators.

This session will go through the assessment process for facilitators. Once you have attended this session delegates will be able to assess other HOPE facilitators in their local area.

#### Dates

20 March 2023 1:30pm - 4:30pm

# Genomics and cancer

Level Essential and Enhanced

Delivery Blended

#### **Description:**

Advances in genomics are transforming healthcare. But what does this mean for cancer care? Visit the Genomics and Cancer Topic on the Learning Hub to access e-learning modules, webinars and resources to learn more about genomics and its impact on the prevention, diagnosis and treatment of cancer. You will find:

- An introduction to genomics from Victoria Cuthill, Nurse Consultant at St Mark's Centre for Familiar Intestinal Cancer and Genomics Clinical Fellow at Macmillan Cancer Support
- A factsheet that defines key terms and phrases used in genomics in cancer care
- Genomics and personalised medicine clinical updates a series of on-demand webinars exploring the application of genomics in colorectal cancer, breast cancer, non-small cell lung cancer and melanoma.
- Access to Genomics 101 e-learning (hosted on e-learning for Health)

In 2023, we will be adding further resources and webinars to the Genomics and Cancer topic, so keep an eye on the Learning Hub.

# What's new in Cancer Care?

Level Enhanced

Delivery Webinar

#### Description:

The What's New in Cancer Care 2022 webinar series is now available on demand on the Learning Hub:

- What's new in radiotherapy
- An Introduction to CAR-T cell therapy
- Implications of Cancer Cachexia what you need to know
- An introduction to tumour lysis syndrome

In 2023 we will be exploring new developments in cancer care. Keep an eye on the Learning Hub.

#### Future programmes

Future programmes planned include:

**Reducing inequalities in cancer care for LGBTQ+ communities** (e-learning)

# **Communication** Skills

Effective communication can help people living with cancer to better understand their situation. This can also help support their self-management and decision making.

As professionals we can find ourselves tested by conversations when we least expect it. At Macmillan, we are offering a range of communication skills courses to support your ongoing development that underpins all aspects of The Macmillan Person Centred Care Competency Framework (MPCCCF).

ancer Sup

#### Delivery e-learning

Name	Level	Description
The spirit of Motivational Interviewing in cancer support	Essential	Provides an overview of Motivational Interviewing (MI) and how it can be used to have supportive and non-judgemental conversations with people about change. It can provide a useful basis from which to support people to better self-manage their condition
Essential Level Communication Skills	Essential	This provides an introduction to our blended communication skills offer, and is designed to build an essential level understanding of key terms and techniques and awareness around the skills and behaviours required when supporting people living with cancer.

To access, search for e-learning name and filter for course and learning plan on the Learning Hub.

#### Motivational Interviewing in Cancer Support

Level Enhanced

Delivery Virtual Classroom

To book, search for virtual classroom name and filter for events on the Learning Hub.

#### **Description:**

This session will focus on the spirit and style of Motivational Interviewing (MI) in cancer care settings. It will provide an opportunity to learn from experienced MI trainers and practitioners. In addition, there will be an opportunity to practice supportive conversations which focus on the language of change.

This session is designed to follow Macmillan's e-learning module on the spirit and style of MI in cancer care, so please do find some time to complete this e-learning before attending this session.

Dates	
5 April	1.30pm – 5pm
15 May	1.30pm – 5pm

#### **Communication Skills**

#### SAGE & THYME

Level Essential

Delivery Virtual Classroom

To book, search for virtual classroom name and filter for events on the Learning Hub.

#### Description:

This session teaches the communication skills needed to notice distress, listen carefully and respond helpfully. It is interactive in nature and is delivered with a mixture of films, presentations and group work (including discussion).

Dates	
16 March	9.30am - 1.00pm
20 April	1:30pm - 5:00pm
16 May	9.30am - 1.00pm
14 June	9.30am - 1.00pm

# **Conversations in Social Care**

#### Level Enhanced

Delivery **Virtual Classroom** 

To book, search for virtual classroom name and filter for events on the Learning Hub.

#### **Description:**

This is a blend of e-learning and facilitated discussion, rehearsal and other activities designed to build the skills and behaviours required to adopt a tender approach to these emotive conversations.

**Communication Skills** 

**Pre-requisite requirements**: Essential Level Communication skills training e.g SAGE & THYME, Communication skills e-learning or equivalent.

Dates	
23 March	9:30am - 1:00pm
26 April	1:30pm - 5:00pm
25 May	1:30pm - 5:00pm
20 June	9:30am - 1:00pm

# Emotive Health and

#### Courageous Conversations in Health and Social Care

Level Expert

Delivery Blended

To book, search for virtual classroom name and filter for events on the Learning Hub.

#### **Description:**

This expert level course is aimed at registered professionals from any Health and Social Care setting who wish to develop or refresh their skills around courageous conversations, exploring emotional worries and concerns with people who are iving with life limiting conditions and may be in the last weeks or months of their life.

This session will provide you with the opportunity to:

- Refresh your knowledge of communication skills through a short time of self-directed study that must be completed prior to attending a virtual classroom
- Practice your communication skills, technicques and strategies in a safe and supportive environment
- Provide and receive feedback on communication skills practiced within small group facilitator led scenarios
- Reflect on structured feedback you receive to improve your confidence in your professional role

This course is comprised of two compulsory pre-course self-directed activities that must be completed to attending the virtual classroom session.

Dates	
8 March	9.00am - 1.00pm
18 April	1.00pm - 5.00pm
6 June	9.00am - 1.00pm



Change is becoming a constant in this busy world and we may all have numerous concurrent changes happening, either organisationally or personally. For some of us change can be difficult to navigate or lead others through.

Whether you are going through change, managing projects well or fine-tuning how you lead your team, our leadership and professional development learning offers modules and activities that will provide you with the skills, knowledge and confidence you need to succeed.

#### Delivery e-learning

To access, search for e-learning name and filter for course & learning plan on the Learning Hub.

Name	Level	Description
Introduction to Project Management	Essential	Provides an overview of the project management life cycle. It explores the skills, knowledge and techniques required to successfully complete a project.
Introduction to coaching	Essential	Explores coaching, what it is and why it is a useful skill to develop for use in the workplace. Provides some of the foundations of coaching and introduces tools and techniques to use in your practice either with patients or colleagues.

#### Induction for New Macmillan Professionals



#### Delivery Blended

#### **Description:**

This is an e-learning resource for all new Macmillan Professionals, and will provide an overview of Macmillan, our values, our purpose and how we work to improve the lives of people living with cancer.

It is the start of your welcome to Macmillan and will be complemented by a Microsoft Teams meeting/telephone call from your local Partnership Quality Lead (PQL) who will be able to answer any questions you may have about Macmillan and your new role, to enable you to be the best you can be for the people you support.

#### Essential ExPLORE

#### Enhanced ExPLORE

#### ExPLORE for Primary Care

#### **Description:**

ExPLORE is a programme for professionals who wish to develop their career in cancer and enhance their professional skills and confidence when working with people living with cancer.

This is a blended programme that incorporates e-learning and self-directed study with mentor support, with the option of attending virtual sessions to enhance and consolidate learning.

Name	Level	Description
Essential ExPLORE	Essential	Aimed at the cancer workforce where you may be beginning to ExPLORE cancer care. This self-led programme may benefit people in roles that include Health Care Assistants, Support Workers, Cancer Navigators and Volunteers.
Enhanced ExPLORE	Enhanced	Aimed at Nurses, Allied Health Professionals, Social Care Practitioners, Pharmacists and Assistant Practitioners who are looking to enhance their knowledge and understanding of cancer care. A recommendation for this programme is to have a local mentor to support learning and application of knowledge.
ExPLORE for Primary Care	Enhanced	Aimed at Professionals working in a Primary Care setting who are looking to increase their knowledge and skills in cancer care. This programme also comes with the recommendation of having a local mentor to support learners through the content.

#### Dates

**<u>Register for the ExPLORE course</u>** on the Learning Hub

#### Introduction to Coaching Skills

#### Level Essential

Delivery **E-learning** 

To book, search for virtual classroom name and filter for events on the Learning Hub.

#### **Description:**

This course is appropriate for anyone who would like to find out more about coaching, what it is and why it is a useful skill to develop for use in the workplace

This course looks at some of the foundations of coaching and introduces some tools and techniques to use in your practice either with patients or colleagues.

This course:

- Considers what coaching is (and perhaps isn't).
- Outlines the underlying skills of coaching.
- Introduces you to using some coaching models and techniques.
- Identifies how you can apply coaching skills in your practice.

#### Developing your Coaching Skills

#### Level Enhanced

Delivery Blended

To book, search for virtual classroom name and filter for events on the Learning Hub.

#### **Description:**

This session is designed for those that wish to develop their coaching skills further. It will make reference to some of the tools and models used in the Introduction to Coaching, which can be assessed as an e-learning module in preparation for this session.

It focuses on the practice of coaching by taking a more in depth look at a coaching model in a practice environment. You will have the opportunity to take a closer look at using questions in a coaching context, developing supportive challenges and reflecting on practice.

Dates	
6 March	1.30pm - 5.00pm
12 April	9.30am - 5.00pm
24 May	1.30pm - 5.00pm
28 June	9.30am - 1.00pm

## Developing Your Project Management Skills

#### Level Enhanced

Delivery Blended

To book, search for virtual classroom name and filter for events on the Learning Hub.

#### **Description:**

This session will support professionals in leading the successful delivery of a project. It will look at change through a range of models and theories and will link these to practical application to support effective delivery of projects to the agreed quality standard, budget and timescale. Subjects covered will include but not be limited to:

- Project initiation.
- Project planning.
- Project delivery.
- Project close down and move to business as usual.

This can be undertaken as an independent virtual classroom or as a virtual classroom linked to leading change.

Dates	
30 March	9.30am - 1.00pm
3 Мау	9.30am - 1.00pm
8 June	1.30pm - 5.00pm
4 July	9.30am - 1.00pm
2 August	9.30am - 1.00pm

# Leading and Managing Change

## Level Enhanced

## Delivery Blended

To book, search for virtual classroom name and filter for events on the Learning Hub.

#### **Description:**

This session will support Health and Social Care professionals in leading the successful initiation, development, implementation and embedding of changes to processes, practices and ways of working. It will support leading a team that the professional has direct responsibility for and leading change in areas where they have no formal authority. It will look at change through a range of models and theories and will link these to practical application to support effective change leadership.

This can be undertaken as an independent virtual classroom or as a virtual classroom linked to project management.

Dates	
21 March	1.30pm - 5.00pm
25 April	9.30am - 1.00pm
31 May	1.30pm - 5.00pm

## Online Group Reflective Practice Toolkit

### Delivery Virtual

#### **Description:**

Group Reflective Practice has shown benefits for healthcare professionals by providing opportunities to share, in confidence, aspects of clinical practice and how they impact on patients' experiences of care. It will give the opportunity to process, in a psychologically safe way, the emotional impact of providing care for people with cancer and their families and to hear helpful reflections from others who share similar challenges in providing care.

On the Learning Hub you can access a range of resources to help you discover the important ingredients in setting up and facilitating successful Online Group Reflective Practice (OGRP) sessions.

## Evidencing Work-Based Learning

Level Expert

## Delivery Blended

#### **Description:**

Macmillan's work-based learning programme in partnership with the University of West England (UWE) offers a fantastic opportunity for Macmillan Professionals (with limited honorary places for non-Macmillan Healthcare Professionals) to undertake a fully funded 30-credit academic module at Degree or Masters level.

The key focus of the Evidence Work-Based Learning (EWBL) Module is a work-based project. You will need to identify a cancer service improvement project at work.

The application process consists of attendance at an Information Session and completion of a short eligibility questionnaire on the Learning & Communications Hub.

In 2023 it is planned to run two intakes – May and October. There will be 12 places for Macmillan Professionals on each intake and two places for non Macmillan Healthcare Professionals.

The Module consists of 5 virtual Study Days one per month which are a mixture of facilitated sessions e.g. Ethics, Project Management and Action Learning Sets. You will be supported by the tutors to complete and submit a Learning Contract and complete UWE/NHS Ethics approval as needed.

You can register now to attend the information session on the 16th March 2023 on the Learning Hub or by contacting ServiceOpsSupport@macmillan.org.uk



People with life-limiting conditions such as cancer should have early access to palliative and end of life care services regardless of their gender, age, social status or location. In order to achieve this goal, professionals and volunteers require ongoing support and training to have the confidence and skills to provide effective palliative care.

In the United Kingdom, more than half a million people die each year and many have a prognosis of less than 12 months. A person who is offered and engages in Advance Care Planning (ACP) is more likely to die in their place of choosing. They are also less likely to have emergency hospital admissions in the final months of their life and more likely to have their wishes fulfilled.

## Delivery e-learning

To access, search for e-learning name and filter for course & learning plan on the Learning Hub.

Name	Level	Description
Advance Care Planning (ACP)	Enhanced	Focuses on raising awareness of the importance of ACP through interactive and accessible articles and virtual content, giving professionals the opportunity to explore ACP and engage in discussions.
Introduction to Loss, Grief and Bereavement	Essential	This essential level e-learning course provides an introduction to loss, grief and bereavement. You will explore examples of loss, learn about the complexity of grief and gain essential knowledge and skills to support people who have experienced a bereavement.

## Palliative and End of Life Care Expert Webinar Series

## Level Expert

## Delivery Virtual

To book, search for the webinar topic on the Learning Hub and filter for events.

#### Description:

## Palliative and End of Life Care

Macmillan are delighted to be joined by a series of guest speakers to deliver expert webinars exploring important themes around Palliative and End of Life Care.

The first webinar in the series is: Improving access to bereavement support for all – From research to resource. Join Dr Emily Harrop, Research Fellow at the Marie Curie Research Centre, Cardiff University, to learn about bereavement support and the barriers that some individuals and groups of people experience in accessing appropriate support. Drawing on findings from her recent study into grief and bereavement during the COVID-19 pandemic and the report of the UK Commission on Bereavement, Dr Harrop will explore different types of bereavement support that are commonly available in the UK and share insight into what needs to be done to address the barriers that people face in accessing this support. Learning outcomes for the webinar are:

1) To develop understanding of the reasons why some individuals and groups of people don't get the bereavement support that they need and what can be done to address these barriers

2) To develop knowledge and understanding of the different types of bereavement support that are commonly available in the UK, including the different ways in which they can help people

3) To consider the role and application of information and signposting resources in supporting people facing bereavement to better understand the different options available to them (if and when then they might need them), including how to access them.

Dates	
22 March	12.30pm - 1.30pm
28 June	12.30pm - 1.30pm
13 September	12.30pm - 1.30pm
29 November	12.30pm - 1.30pm

## Enhanced Palliative and End of Life Care Learning and Development Toolkit

#### Delivery Blended Learning

To access, search for e-learning name and filter for course and learning plan on the Learning Hub.

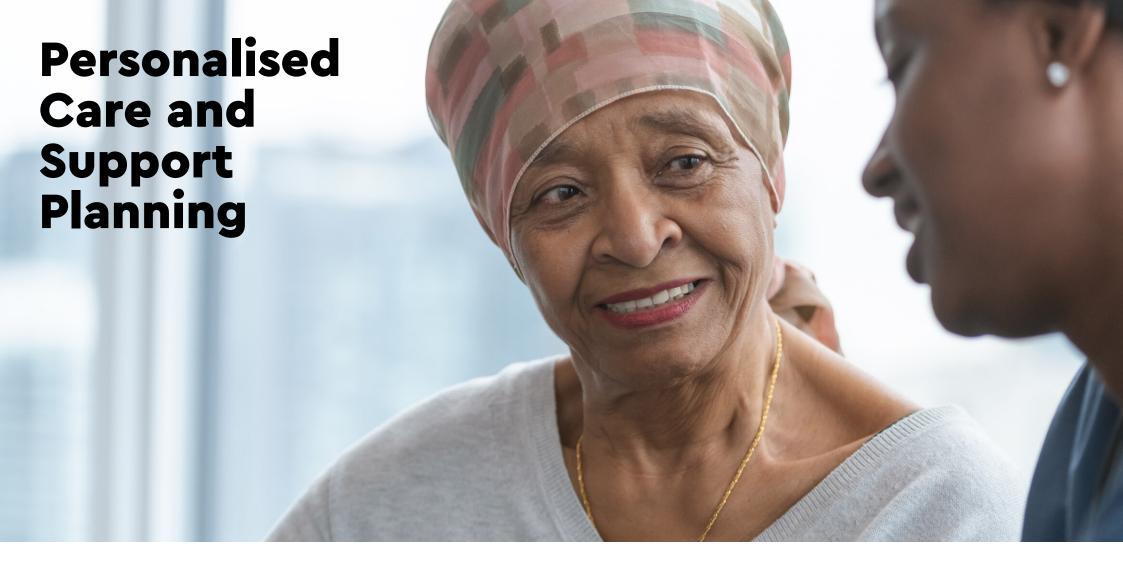
#### **Description:**

Macmillan's new Enhanced Palliative and End of Life Care Learning and Development Toolkit contains a wide range of interactive, online modules and resources to enhance your knowledge and skills in palliative and end of life care. The toolkit is aimed at health and social care professionals who regularly assess, manage and influence decisionmaking for people with life-limiting illness. Topics include:

- The assessment and management of pain and other common end of life symptoms –
   Now available on the Learning Hub
- Communication in palliative and end of life care Now available on the Learning Hub
- The assessment and management of common symptons launching in February 2023
- Palliative care emergencies launching in March 2023
- End of life care and bereavement launching in March 2023

#### **Coming Soon**

Keep an eye on the Learning Hub.



Survival rates for people diagnosed with cancer have vastly improved thanks to the advances in diagnosis and treatment. Therefore, many people are now living with cancer as a long term condition.

Personalised care and support planning allows you to offer the best support for people living with cancer. This theme includes a range of modules to help you improve your skill and knowledge in this area.

## Delivery e-learning

To access, search for e-learning name and filter for course and learning plan on the Learning Hub.

#### Personalised Care and Support Planning

Name	Level	Description
'What matters to me?'	Essential	Explores the need for person-centred conversations with people you are providing care and support to. Aims to establish what matters most to them so that personalised care and support needs can be identified.
Treatment Summaries	Enhanced	Explains the importance of Treatment Summaries as part of personalised care for people living with cancer. It will outline indicative Treatment Summary content by providing best practice examples and demonstrate the benefits of Treatment Summaries through a series of interviews with Professionals and People Living with Cancer.
Understand- ing personalised care for people living with cancer	Essential	Highlights the importance of personalised care and support planning (PCSP) for people living with cancer. This looks at the key elements of PCSP which include the benefits of personalised cancer care, the importance of supportive conversations, an introduction to Holistic Needs Assessments, cancer care reviews, treatment summaries and the role of information and support.
Personalised care planning for people living with cancer	Essential	Provides guidance on conducting care and support planning consultations and completing care plans following the completion of holistic needs assessments (HNA) by people with cancer. This learning package was co-designed and developed with the
Guy's Cancer		Innovative co-Design and Evaluation of care Plan Training and education for Holistic needs (or InDEPTH) Advisory Group and InDEPTH workshop participants, led by Dr Verna Lavender. It was funded by Macmillan Cancer Support.

## Personalised Care and Support Planning -Communities of Practice

#### Delivery Learn and Share

To book, search for the CoP name and filter for events on the Learning Hub.

#### Description:

This Community of Practice (CoP) will be a group of practitioners with a specific interest in or who are passionate about Personalised Care and Support Planning (PCSP). The CoP will share ideas, experiences and best practice and support each other. They will build a shared agenda, learning from each other.

CoPs are self-sustaining groups of people who share an interest in an aspect of work aimed at improving the lives of people with cancer. Our aim is to cultivate and enable communities of practice to develop across the UK and spread innovation, ideas and good practice, enable sharing of experience and knowledge. CoPs will achieve these aims through:

Building upon previously successful face to face Communities of Practice

**Enabling** cancer professionals to share knowledge and learning

**Bridging** the gap between informal interactions on the Learning Hub and virtual classrooms

Linked to wider events such as Best Practice Forums

Dates	
27 April	12.00pm - 2.00pm
29 June	12.00pm - 2.00pm
5 October	12.00pm - 2.00pm
23 November	12.00pm - 2.00pm

#### Personalised Care and Support Planning

## Macmillan eHNA - Digital Community

Delivery Virtual

To access, search for the community name and filter for community on the Learning Hub.

#### **Description:**

This community will provide a central space for Macmillan electronic Holistic Needs Assessment (eHNA) materials at enhanced and expert levels to support our webinars, network with others using the tools and resources and give users the opportunity to learn and share.

The community is aimed at a multi professional audience undertaking Macmillan's eHNA's or supporting colleagues to do so.

#### **Description:**

The 2023 webinar series will focus on aspects of Personalised Care and Support Planning and offer an opportunity to listen to and engage with a Professional or expert in their field. The webinars will be recorded so they can be viewed later if it is not possible to attend the live event.

Recordings of the 2022 webinar series, which focused on implementation and use of Macmillan eHNA, are all currently available to view on the Learning Hub.

Dates	
7 March	12.30pm - 1:30pm
Мау	TBC
October	TBC
December	TBC

Macmillan Personalised Care and Support Planning

Level

Delivery

To book, search for webinar name and filter for events on the Learning Hub.

# Description:

Supporting Cancer Care

Programme

Level

Delivery

Blended

This programme is designed for learners who want to increase their knowledge and understanding of supporting people with cancer. The SCCP is suitable for the wider healthcare workforce, volunteers, people living with cancer working in a supportive role, and health and social care professionals who may be new to working in a cancer environment There is a requirement that each participant can undertake around ten hours per month in a work based environment supporting people affected by cancer

The SCCP takes 3 months to complete and consists of 4 Modules, each of which contains around 4 hours of e-learning and a virtual classroom (3.5hrs) where participants are encouraged to discuss the learning that they have applied when supporting people with cancer. The Modules are Introduction to Cancer and its Treatments, Personalised Care and Support Planning, Effective Communication and Palliative and End of Life Care.

Four programmes are planned for 2023 and the first of these will start in **March 2023**. Please register your interested by emailing ServiceOpsSupport@macmillan.org.uk.

#### Dates

Please visit the Learning Hub for updates

## Future programmes

#### Personalised Care and Support Planning

Future programmes planned include:

Care Planning (blended)

Cancer education for the social care workforce (e-learning)

# Primary and Community Care

Primary and community care professionals provide valuable care in or close to people's homes. Their expert skills and knowledge enable them to support people to manage their long terms conditions and maximise their independence.

NHS

Cancer is increasingly recognised as a long term condition. This theme includes a range of modules to help you expand your knowledge, skill and resources to help you support people living with cancer as a long term condition.

## Delivery e-learning

Primary and Community Care

Name	Level	Description
Social prescribing Module 1 – understanding the needs of people living with cancer	Essential	These two modules introduce how Social Prescribing can play a huge role in improving the experiences of people living with cancer, highlighting that many of the issues they face are similar to other long term conditions.
Social prescribing Module 2 - practical steps you can take in providing support to people living with cancer	Essential	
Cancer care reviews	Enhanced	Provides professionals with the knowledge to support them to complete a cancer care review which reflects what matters most to individuals affected by cancer.
ExPLORE for primary care	Enhanced	Macmillan ExPLORE is a programme for professionals who wish to develop their career in cancer and enhance their professional skills and confidence when working with people living with cancer.

To access, search for e-learning name and filter for course & learning plan on the Learning Hub.

## Community Pharmacy

Level Essential

## Delivery e-learning

To access, search for content name and filter for course on the Learning Hub.

#### Primary and Community Care

#### Description:

This will build the confidence and knowledge of Community Pharmacists in recognising the signs and symptoms of cancer as well as being able to provide effective support to People Living with Cancer.

It is aimed at all Community Pharmacists including those employed directly by Primary Care who provide structured medication reviews, manage long term conditions, management of medicines on transfer of care while addressing both the public health and social care needs of patients in the community and GP practices.

By the end, participants should be able to:

- 1. Understand the importance of Early Diagnosis and recognise serious signs and symptoms that may be identified during a consultation relating to other conditions
- 2. Identify ways to support customers affected by cancer taking into account their individual needs and circumstances
- 3. Demonstrate an ability to proactively signpost customers to relevant information about cancer support

## Practice Nurse Programme

Level Enhanced

Delivery Blended

#### **Description:**

This programme is for Practice Nurses in Primary Care, and will enable you to:

**Primary and** 

**Community Care** 

- Develop an understanding of cancer and its treatments.
- Take a more active role in managing cancer as a long-term condition.
- Act as a resource of cancer knowledge for colleagues in the practice setting by providing holistic support to people living with cancer.
- Consider and begin to plan ways in which you can improve and enhance services within your own workplace for people living with cancer.

Time requirement: 20-25 hours in total to be completed over a 5-month period.

Complete the **Practice Nurse Course Application form** to register your interest.

Dates
Cohort 8 - All Tuesdays
23 May 2023
4 July 2023
15 August 2023
3 October 2023

# macmillan.org.uk

MACMILLAN CANCER SUPPORT

Macmillan Cancer Support, registered charity in England and Wales (261017), Scotland (SC039907) and the Isle of Man (604). Also operating in Northern Ireland. MAC18954.