Joint resources

Consequences of Treatment and the Recovery Package are part of the living with and beyond cancer agenda. This includes physical activity as part of a healthy lifestyle, and information, financial and work support. For more information see the following resources:

**Move more**
This report examines the evidence showing that physical activity can significantly help improve cancer patient outcomes.
Order code: MAC13315

**Work support route guide**
A resource to help health and social care professionals talk to people living with and beyond cancer about work and signpost them to further sources of information and support. For more information visit macmillan.org.uk/work
Order code: MAC13538_ENG

**The importance of physical activity:**
A concise evidence review
This review provides commissioners and health professionals with an overview of evidence for integrating the promotion of physical activity within the cancer care pathway.
For more information visit macmillan.org.uk/physicalactivity
Order code: MAC13820

Specialist and in-depth materials

**Living with and beyond cancer: taking action to improve outcomes**
To support commissioners, commissioning support units and providers to improve cancer survivorship outcomes.
Please note that due to its specialist nature, this is not available on be.macmillan.org.uk but can be ordered by contacting recoverypackage@macmillan.org.uk

**Innovation to implementation:**
stratified pathways of care for people living with or beyond cancer – a how to guide
Provides local teams with a practical ‘how to’ guide based on test sites’ experience. It is a detailed reference tool designed to be shared by a team of clinicians.
Order code: MAC14481
The following resources are available on be.macmillan.org.uk/recoverypackage to help you implement the Recovery Package. Simply register to order the free information you need.

**The Recovery Package: sharing good practice**
An introduction to the Recovery Package with real life examples of people who have implemented different parts.
Order code: MAC15514

**Treatment summary: sharing good practice**
Featuring Treatment Summary templates, advice, and case study examples of linking primary and secondary care.
Available to download: MAC14582

**Holistic Needs Assessment (HNA) care and support planning**
This guide covers all areas of the HNA: key benefits, eight core principles and advice on suitable environments and how to best prepare for an HNA.
Order code: MAC16266

**Assessment and care plan folder (including triplicate pads).**
This folder allows health professionals to conduct an assessment and care plan with their patient, providing a copy for the patient, GP and healthcare professional.
Order code: MAC13699_CONCERN for the concern checklist pad and MAC13699_CARE for the care plan pad

**Health and wellbeing clinics: sharing good practice**
Advice on setting up health and wellbeing clinics, evaluating them and understanding their key benefits.
Order code: MAC15174

**Treatment Summary Triplicate Pack**
This folder allows secondary care professionals to complete a treatment summary, storing a copy in the patient notes and issuing carbon copies to patients and GPs respectively.
Order code: MAC15576 (and MAC15576_PADS for the pad)

**Health and Wellbeing Events: how to guide**
This guide provides tips anyone who is planning an event for people living with or affected by cancer.
Order code: MAC16500
Useful tools and resources

Recovery Package toolkit
www.learnzone.org.uk/recoverypackage. This offers detailed learning modules on each component of the Recovery Package.
Explains the benefits and challenges of implementing each component and include tips on implementation.
Additionally there are links to resources, presentations, and videos

Posters and leaflets about HNA
These advise people affected by cancer that support is available. Both have space for contact details to be added and should be available from health care settings.
Oder code: MAC15618

Videos
Visit macmillan.org.uk/recoverypackage to see a video explaining the Recovery Package. From this page use the left-hand column to select videos about electronic holistic needs assessment (eHNA) and health and wellbeing clinics.

Recovery Package:
youtu.be/eapd1JEmCjl

Holistic Needs Assessment: Why should I use it?:
https://youtu.be/6WOlzUrWFjY

Holistic Needs Assessment: how can I implement it?:
youtu.be/oQt534-Ei54

Health and wellbeing clinics:
youtu.be/CYnk4GYLkBA
eHNA:
youtu.be/V9jwh6-9VZU

For more information about Recovery Package programme:

www.macmillan.org.uk/recoverypackage
recoverypackage@macmillan.org.uk
www.learnzone.org.uk/recoverypackage

Macmillan Cancer Support, registered charity in England and Wales (261017), Scotland (SC039907) and the Isle of Man (604). MAC16402_PROFS_0217
We have a range of resources to help you support patients during and after cancer treatment. Those listed below, as well as information and material for patients can be found at be.macmillan.org.uk/cot. To order, simply sign up or log in and use the order code to search for the resource.

**Managing lower gastrointestinal problems after cancer treatment**
A practical guide for health professionals supporting people experiencing chronic gastrointestinal symptoms after cancer treatment,
Order code: MAC15384

**Throwing light on the consequences of cancer and its treatment**
A summary of the best available evidence on the consequences of cancer and its treatment which provides, for the first time, estimates on the numbers of affected people in the UK. It is relevant for everyone involved in the commissioning and provision of services for people living with and beyond cancer.
Order code: MAC15485

**Managing the long-term consequences of colorectal and anal cancer**
This guide is a valuable resource for any healthcare professional involved in the treatment of patients with colorectal or anal cancer. It details ways you can support people living with and beyond a colorectal or anal cancer to self-manage and provides key advice for clinical management.
Order code: MAC15781

**The practical management of the gastrointestinal symptoms of pelvic radiation disease**
Practical guidance on investigating and treating the gastrointestinal symptoms of patients following pelvic radiotherapy.
Order code: MAC15090

**Guidance: Upper gastrointestinal symptoms**
Aimed at healthcare professionals looking after people with persistent upper GI symptoms, this guidance document provides an algorithmic approach to the management of upper GI symptoms.
Order code: Mac16091

**Managing heart health during and after cancer treatment**
This guide is aimed at primary care professionals, but will also be useful to anyone involved in the care of people living with and beyond cancer. It provides basic recommendations on the management of heart health during and after cancer treatment.
Order code: MAC15722_Guide
Treating erectile dysfunction after surgery for prostate cancer
A practical guide for health professionals supporting men with erectile dysfunction after surgery.
Order code: MAC15226

Guidance on long term consequences of treatment for gynaecological cancer Part 1: Pelvic radiotherapy
A practical guide for health professionals supporting women who have been treated for gynaecological cancer.
Order code: MAC14942

A competence framework for nurses: Caring for patients living with and beyond cancer
This document identifies core domains of care for patients living with and beyond cancer, and is endorsed by the Royal College of Nursing and the UK Oncology Nursing Society. The framework is designed to encourage nurses working in any healthcare setting, at any level, to acquire new skills and to embrace innovative ways of managing cancer as a long-term condition.
Order code: MAC14735

Treating erectile dysfunction after radical radiotherapy and androgen deprivation therapy for prostate cancer
A practical guide for health professionals supporting men with erectile dysfunction after radiotherapy and hormone therapy.
Order code: MAC15225

For more information about Consequences of Treatment programme:
macmillan.org.uk/cot
@MacConsequences
consequences@macmillan.org.uk
learnzone.org.uk/professionals