Skills practice scenario 1 - metastatic cancer (also a video scenario)

Remember the ‘patient’ and ‘professional’ scripts need to be presented on separate folded sheets for the trio group work. It doesn’t matter if details are changed, e.g. gender or age of ‘patient’ or title of ‘professional’, if that works better for the group.

‘Patient’ - Mr/Mrs English

You are a 52-year-old busy secondary school teacher, single parent to three kids. Your elderly parents live around the corner, dad has just been diagnosed with Alzheimer’s.

You have slight high blood pressure and take amlodipine which seems to work well. You rang up for your annual blood test results and were told your liver enzymes were a little high but nothing to worry about and you would be having an ultrasound scan of your liver just to be sure. Friday night at 7pm you get in from work and there is a voicemail message from the surgery asking you to call. You ring the surgery but it’s now shut. You spend the weekend feeling quite irritated and there is a little niggle at the back of your mind there might be a serious reason you need to ring. You ring the surgery Monday morning, the receptionist tells you the GP would like to see you today and you are getting more concerned now, so you arrange for your morning classes to be covered.

You see Dr Jones bustling in, looking mithered, at 1020. You are then kept waiting 30 minutes before you are called in. You hope the appointment won’t take too long as you need to get back to school.

‘Professional’ – Dr Jones

It’s Monday morning. You are having a nightmare. Not only are Monday’s crazy at the surgery but your 8-year-old son has come down with chicken pox and your husband/wife has an ‘important’ meeting which means they can’t possibly stay at home. The surgery has changed your appointment to start at 1030 but you are on call so as soon as you arrive you are bombarded with requests - you sort them as quickly as possible and start your surgery 30 minutes late. Your first patient doesn’t come in often and when she does she usually sees Dr Brown. As you’re running late already, you call her straight in. You ask her why she has come - she says irritably ‘I don’t know, you asked me to come in’. You then look on her notes and see there is a problem with her abdominal USS. You open up the report and read it. It states she has multiple liver metastases with some fluid in the peritoneum and suspected peritoneal deposits. You wonder if someone has told her yet. Can she read on your face your shock at the report?