

WE'RE RIGHT THERE WITH YOU WITH THE RIGHT SUPPORT FOR YOU

We know that a cancer diagnosis can affect every aspect of your life. It can leave you feeling worried, confused and isolated and you may not know where to turn. We can help.

Whether you're concerned about symptoms, anxious about work and money, or you simply need a listening ear, we'll help you understand what matters to you and support you through.



For information, support or just someone to talk to, call us free on **0808 808 00 00** (open 7 days a week, 8am-8pm) or visit **macmillan.org.uk**

Find the physical, financial and emotional cancer support that's right for you – online, over the phone or in your area:



Macmillan Support Line

Are you worried about money or work issues? Do you have questions about treatment or just want someone to talk to? Our team of specialist advisers are here to help. Call us free on **0808 808 00 00** (open 7 days a week, 8am-8pm).



Online advice and support

Head to **macmillan.org.uk** for everything from detailed medical information to help with making money one less worry.



Booklets, PDFs and other resources

Our high-quality information comes free of charge, in a range of different formats. Visit **be.macmillan.org.uk** to see our full range.



Macmillan's Online Community

To share experiences, ask questions or vent your emotions, find others who understand on our Online Community. Join a conversation, read a blog or ask an expert at **community.macmillan.org.uk**



In your area

To find out about local support groups and other services near you, visit **macmillan.org.uk/inyourarea**



Information and support centres

Come for a chat at one of our information centres. They're all over the UK and they offer free resources, confidential information and support. Find out more at **macmillan.org.uk/informationcentres**

Work and finance support

We can help make money one less worry. You can find more information online. Or alternatively for confidential, expert advice over the phone, call the Macmillan Support Line for free.

Help with your finances

Cancer can be tough on your finances. Our financial guides offer personalised support and guidance to help you deal with money worries. To see our full range visit **macmillan.org.uk/moneyworries**

Advice with work

Our work support team can help you understand your rights at work and offer guidance on how to talk to your employer and negotiate adjustments at work. For more information visit **macmillan.org.uk/rightsatwork**