

# 10 WAYS TO HELP PEOPLE WITH MONEY WORRIES

A cancer diagnosis is difficult enough, but for many people it can also be incredibly tough on their personal finances. From paying for travel to and from hospital appointments to covering rising household bills or managing a reduced income, costs can really stack up. Macmillan estimates that four out of five people with cancer are, on average, £570 a month worse off.

**Here's what you can do to help ease money worries for people with cancer.**

Macmillan can help your patients to access a range of financial information and support including which benefits they may be eligible for.

Tell them to call us free on **0808 808 00 00** (Mon-Fri 9am – 8pm) or visit [macmillan.org.uk/moneyworries](https://www.macmillan.org.uk/moneyworries)

Macmillan Cancer Support, registered charity in England and Wales (261017), Scotland (SC039907) and the Isle of Man (604). Also operating in Northern Ireland. MAC17520

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## Ask introductory questions

Ask how they will cope at home and at work. By identifying issues with money or income early on, you can steer them in the right direction for support.

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## Raise the subject sensitively

People may not expect a healthcare professional to ask them about work or money, so you could begin by giving them some information leaflets to read in their own time.

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## Look for signs that they're struggling

Don't make assumptions based on someone's appearance or how they act. Have they said they feel they must go back to work because of their finances? Have they missed appointments because transport costs too much?

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## Keep on checking in

Even if someone isn't affected financially at the beginning of their treatment, it could become a problem later. Keep talking so you can offer support throughout their journey, and let them know they can contact Macmillan if things change.

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## Let people living with cancer know about Macmillan's expert help

Our welfare rights and energy advisers can help people understand the benefits they might be entitled to, how to cope with increased energy bills and assess whether someone is entitled to a Macmillan grant. Our specialist financial guides provide information and support with financial questions or concerns. This includes mortgages, pensions and insurance, as well as advice on managing debt.

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## Stay informed about local financial services

You can use Macmillan's website to search for local services: [macmillan.org.uk/in-your-area](https://www.macmillan.org.uk/in-your-area)

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## Offer free information booklets

Macmillan offers a whole host of free, expert resources on financial and work-related issues. You can browse titles and order a selection for your patients at [be.macmillan.org.uk/moneyworries](https://www.be.macmillan.org.uk/moneyworries)

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## Check people are aware of what they are entitled to

For example, people may be eligible for a blue badge, free prescriptions or other benefits.

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## Tell your colleagues about Macmillan's financial support services

Spread the word among your professional network so we can reach and support even more people affected by the cost of cancer.

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## Tell people about our useful online tools

Our online benefits checker, benefits calculator and budget planner could be helpful to people living with cancer when trying to organise their finances. Find them at [macmillan.org.uk/moneyworries](https://www.macmillan.org.uk/moneyworries)

**MACMILLAN  
CANCER SUPPORT**  
**RIGHT THERE WITH YOU**