Snowdon Moonlight



Event FAQs

- When does the Snowdon Moonlight Hike take place? The event takes place overnight on Saturday 5 August 2017.
- Where does it start and finish? It starts and finishes from <u>Camping in Llanberis, Ceunant Street, Caernarfon</u> <u>LL55 4SR</u>.Please note that there is **no parking** at the campsite. Parking will be provided at <u>The Royal Victoria Hotel, A4086, Llanberis, LL55 4TY</u> where a complimentary shuttle bus will take you to the start.
- 3. What time should I arrive on Saturday? Registration will open from 7pm to 11pm on the Saturday evening and you can choose to arrive any time between these times. We will be leading an optional warm-up hike between 8pm and 9pm for those who would like to join us and serving dinner between 9.30pm and 11.30pm.
- 4. When will the hike start? The hike will start in three waves between 11.30pm and 12.30am. Each group will be fully supported from start to finish by qualified Mountain Leaders.
- How do I get to the start if I'm driving?
 Please park at <u>The Royal Victoria Hotel</u>, <u>A4086</u>, <u>Llanberis</u>, <u>LL55 4TY</u> where a complimentary shuttle bus will take you the 10 minutes to Camping in Llanberris.
- 6. How do I get to the start if I'm arriving by public transport? We recommend you get a train to Llandudno Junction from where we will run a complimentary bus service to the start in Llanberis on Saturday evening. It will return to Llandudno Junction on Sunday morning. Please note that the timing of the return bus will be dependent on finishing times and/or travel delays so please book flexible tickets for onward travel.
- When will the hike finish?
 We estimate that people will complete the hike between 5.45am and 9.30am depending on pace and start time.
- 8. What's the route?

Here's the <u>route map</u> and <u>elevation graph</u>. You will follow the Llanberis Path to the summit and return the same way. You will be in a small group with fully qualified Mountain Leaders to guide and assist you.

9. Can someone walk with me who is not a fundraiser? We're afraid not. The aim of the event is to raise as much money as possible for people living with cancer so everyone who walks on the day will need to pay the £25 registration fee and each meet the minimum fundraising amount of £350.

10. How many people take part? We hope to have a team of 500 people.

11. What is the minimum age to take part?

The minimum age to take part independently is 18. However, those aged 16 and 17 can take part if they are accompanied by an adult and a <u>parental consent</u> form is completed. They will still need to pay the £25 registration fee and meet the minimum fundraising amount of £350.

12. Can I bring my dog?

We're afraid not. The event organisers, Action Challenge, are unable to accommodate dogs.

13. Is car parking provided?

There is no parking at the start at Camping in Llanberis. Parking is available at <u>The Royal Victoria Hotel, A4086, Llanberis, LL55 4TY</u>. A complimentary shuttle bus will take you the 10 minutes to Camping in Llanberris.

14. Are refreshments provided?

Yes, this is a fully supported event. You will receive a hot meal on Saturday evening to fuel you for the challenge ahead and a cooked breakfast to celebrate when you return. There will also be an array of snacks available to pack and take with you.

15. Can you cater for my dietary requirements?

Yes. You will be asked on the registration form if you have any dietary requirements. If you forget to tell us on the form, please <u>email us</u> and we will pass on your requirements to the event organisers.

16. Is there a warm up?

Yes, there is the option to take part in a warm up hike on Saturday evening. This will be approximately one hour in length and will set off at 8pm. Please ensure you arrive at registration in good time before 8pm if you would like to join us.

17. What about accommodation?

Accommodation is not provided or necessary. However, if you wish to stay and make a long weekend of it, there is plenty of accommodation in Llanberis and Betws-y-Coed.

18. How fit do I need to be?

Snowdon is Wales' highest mountain and the challenge is a long, sustained event with a significant ascent and descent at night. We follow a path up the mountain but it is uneven. It's an achievable challenge for those who train and have a good level of fitness but is not to be underestimated. We will provide you with a <u>comprehensive training guide</u> to help you prepare.

19. Is there somewhere I can leave my bags?

Yes. There will be a left-luggage facility at Camping in Llanberis. Baggage is left entirely at your own risk.

20. Can we shower after the challenge?

There is a shower block in the campsite costing £1 for 7 minutes but there are likely to be long queues and they will be in use by the site's residents. However, we will provide male and female changing rooms.

21. What happens if I fall ill or get injured on the event?

You will be supported in small groups by qualified Mountain Leaders who are also first-aid trained. There will also be roaming medics out on the route and you will carry an emergency number. Mountain Leaders and medics can contact ground support at all times.

22. Who organises the event?

The event is conceived and operated by Action Challenge, ATOL 6296, whose <u>Terms & Conditions</u> apply.