

**WE ARE
MACMILLAN.
CANCER SUPPORT**

GETTING THAT
WEIGHT
OFF YOUR MIND
CAN MAKE IT A
**GOOD
DAY**

For cancer support at home,
over the phone, call the
Macmillan Support Line free
0808 808 00 00
(Monday to Friday, 9am–8pm)
macmillan.org.uk