

Team Macmillan Tri Club

We put the tri in triathlon! Tri Club is a place where novice triathletes can try an individual swim, a run and a cycle until the idea of completing a full triathlon is less scary and more achievable!

Here at Team Macmillan, we will assist you with training programmes for each discipline, kit-lists and a dedicated support team, whilst you can share experiences and form friendships with fellow members of the Tri Club.

About You

First Name _____ Last Name _____

Address _____

_____ Postcode _____

Email _____

Contact Number _____ Date of Birth _____

How did you hear about Team Macmillan Tri Club

- | | | |
|--|--|---|
| <input type="checkbox"/> Macmillan website | <input type="checkbox"/> Google search | <input type="checkbox"/> Friend/Family |
| <input type="checkbox"/> Triathletes World | <input type="checkbox"/> Macmillan newsletter | <input type="checkbox"/> National press |
| <input type="checkbox"/> Local press | <input type="checkbox"/> Macmillan enewsletter | |

Other _____

Do you have any sporting experience?

We would like to know a bit more about you and any events you may have done in the past.

Have you ever completed any races in the following disciplines:

Running
(Distance completed _____)

Swimming
(Distance completed _____)

Cycling
(Distance completed _____)

About your future triathlon event

What distance would you like to be able to complete?

Super Sprint

Sprint

Olympic

What element of a triathlon would you like to gain experience in?

Running

Swimming

Cycling

Do you have any further comments as to how we can help you?

And finally

To help keep you motivated on your triathlon journey we would really like to know why you have chosen to complete a triathlon with Team Macmillan.

Why do you want to complete a triathlon?

Why have you chosen to support Macmillan?

Thank you for completing our Team Macmillan Tri Club registration form. Please return to Macmillan Cancer Support, Challenge Events, 89 Albert Embankment, London, SE1 7UQ. We will be in touch in three working days.

Team Macmillan Tel: 020 7840 4937 Email: triathlon@macmillan.org.uk

www.macmillan.org.uk/triathlon

Macmillan Cancer Support Registered Charity Number in England and Wales (261017) Scotland (SC039907) and the Isle of Man (604).

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