

NEW YORK MARATHON EXPO

You must visit the New York Marathon Expo in order to pick up your race number and timing chip. You can pick your number up at the following times:

- Thursday 1 Nov: 10am-7pm
- Friday 2 Nov: 10am-7pm
- Saturday 3 Nov: 9am-5pm

Remember to bring the following items along with you – **without them you will not be able to pick up your number!**:

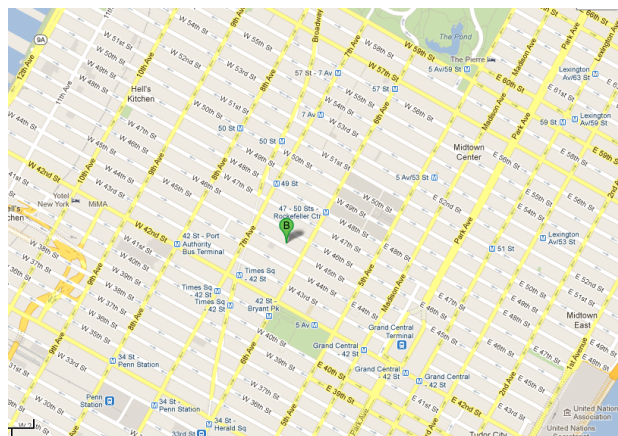
- Registration card
- Passport

TEAM MACMILLAN EVENTS

Pasta Party – Connolly's Bar and Restaurant (2nd Floor): 6pm – 8.30pm
121 W 45th St

In order to stock up those essential pre-marathon carbs a pasta buffet will be available free for Team Macmillan runners. Friends and family are welcome but will have to pay \$22 for their meal.

Celebration Drinks – Connolly's Bar and Restaurant: 6.30pm – 11pm



Directions: From Times Square, head South on 7th Avenue and turn left on W 45th St. Connolly's is just over half way down the street (from this direction) on the left hand side.



NEW YORK MARATHON

2 – 4 November 2012

Race Weekend Information and Activities Booklet



Key details for the weekend:

- Remember to pack a copy of your registration card and your passport
- Bring warm clothes to wear in the start village
- Turn your clocks back one hour on Saturday evening to mark the end of Daylight Saving Hours

Your Team Macmillan reps in New York are Joe and Nicki. You can contact them over the weekend on **07870 468 362**.

TEAM MACMILLAN EVENTS

Welcome Evening – Houndstooth Pub:

5.30pm – 8.30pm

520 8th Avenue, Manhattan

Meet other Team Macmillan runners to chat about your upcoming challenge.

Directions: From

Times Square, head North West on W 47th St, and turn left onto 8th Avenue. Walk down 8th Avenue, the pub will be on your left (on the corner of W 37th St).





**Cheer Point two: 24 miles
Central Park**

Nearest subway: 86 St or 77 St Lexington (green – lines 4/5/6)
From 86 St subway head down 86th St to Central Park. From 77 St Subway head North West to Park Ave and turn right until you hit 86th St. The cheer point is inside the park near the junction of East Drive and 86th St Transverse Rd.

Time: 11.30am onwards

**Cheer Point one: 16 miles
Queensborough Bridge (Manhattan side)**

Nearest subway: 59 St Lexington (green – lines 4/5/6/F/N/R)
Exit the subway on 59th St and walk straight up the road – you should be able to see the bridge. The cheer point will be just beyond the bridge exit.

Time: 10.15am onwards (note: this area gets very busy).

**TEAM MACMILLAN
CHEER POINTS**

Getting to the start line:

Every Team Macmillan runner on a Sports Tours package is booked onto an official New York Road Runners bus to the start, leaving from from outside the New York Public Library at 6am. Please ensure you are at the Official Bus Departure Point for 5.45am.
Location: New York Public Library
Nearest subway: 42 St/Byrant Park (lines 7/B/D/F/M)