

Macmillan 10k Fun Run

Regents Park, London

**WE ARE
MACMILLAN.
CANCER SUPPORT**

Sunday 21 June 2009

Team Macmillan Registration Form

Please complete this form and return with your £18 registration fee to: Team Macmillan, Macmillan Cancer Support, 89 Albert Embankment, London, SE1 7UQ or Fax: 020 7840 4719.

1. Personal Details

Title (Mr/Mrs/Ms/Miss/Other) _____ First Name _____

Last Name _____

Address _____

_____ Post Code _____

Daytime Telephone _____ Home Telephone _____

Email _____ Date of Birth _____

Occupation _____ Employer _____

What are your reasons for wanting to run for Macmillan? _____

2. Running and Fundraising Experience

Have you run a 10k race before? Yes / No (please delete)

Have you been part of Team Macmillan before? Yes / No (please delete)

If yes: Event: _____ Year _____ £ raised _____

How much sponsorship will you aim to raise for the 2009 Macmillan 10k Fun Run? £ _____

3. Please let us know if you have a story that magazines and newspapers may be interested in. By telling your story, you will encourage more people to sign up to join Team Macmillan so please do tell us here!

4. Your 10k

Do you intend to walk or run the course? Walk/Run (please circle)

What is your estimated completion time? _____ mins

Please let us know if you have any medical conditions

If you are running as part of a team, please let us know your team name_____

5. Please let us know which FREE piece of Team Macmillan kit you would like to run in.

Unisex cotton T shirt:	<input type="checkbox"/> Small	<input type="checkbox"/> Medium	<input type="checkbox"/> Large	<input type="checkbox"/> X Large	<input type="checkbox"/> XX Large
Or					
Men's dri-flo running vest:	<input type="checkbox"/> Small	<input type="checkbox"/> Medium	<input type="checkbox"/> Large	<input type="checkbox"/> X Large	<input type="checkbox"/> XX Large
Or					
Women's dri-flo running vest:	<input type="checkbox"/> Small	<input type="checkbox"/> Medium	<input type="checkbox"/> Large	<input type="checkbox"/> X Large	<input type="checkbox"/> XX Large
	(UK 8-10)	(UK 10-12)	(UK12-14)	(UK14-16)	(UK16+)

5. It would help us if you could let us know how you heard about the Macmillan 10k Fun Run

<input type="checkbox"/> Macmillan website	<input type="checkbox"/> Through Macmillan staff	<input type="checkbox"/> Google search engine
<input type="checkbox"/> Macmillan is my employer's Charity of the Year	<input type="checkbox"/> Feature in Macmillan News	<input type="checkbox"/> Local press_____
<input type="checkbox"/> Runners World website	<input type="checkbox"/> Macmillan Events Calendar	<input type="checkbox"/> Through a friend
<input type="checkbox"/> I have taken part in a previous Team Macmillan event	<input type="checkbox"/> other (please state)_____	

Declaration:

By completing this form you agree to the terms and conditions of the fun run. You understand that this is a fundraising event and will raise as much sponsorship as possible. There is an £18 registration fee (cheques made payable to Macmillan Cancer Support) payable when submitting your registration form.

Signed_____Date_____

- We are always looking at ways of saving money, and contacting supporters via email would dramatically reduce our costs. If you are happy for us to contact you via email please tick the box.
- Macmillan Cancer Support and our trading companies would like to hold your details in order to contact you about our fundraising, campaigning and services for people affected by cancer. If you would prefer us not to use your details in this way please tick the box

We do not sell or swap your details with any third parties, but in order to carry out our work we may need to pass your details to service companies authorized to act on our behalf.

Please take a copy for your records and return to: Team Macmillan, Macmillan Cancer Support, 89 Albert Embankment, London, SE1 7UQ or Fax: 020 7840 4719.

Email confirmation will be sent to you within three days after receiving your application to let you know you have been successfully registered.

Team Macmillan		
020 7840 4937	macmillan10k@macmillan.org.uk	www.macmillan.org.uk/10k

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Regents Park, London

Conditions of Entry

By entering the Macmillan 10k Fun Run you agree to abide by the Conditions of Entry and all instructions given to you by the organisers of the event and officials of Macmillan Cancer Support.

1. Your race number is for you only, you are not permitted to swap numbers or give away your place.
2. Your £18 Entry fee is non-refundable and is required to cover the cost of your entry.
3. You understand that this is a fundraising event and you pledge to raise as much sponsorship as possible for Macmillan Cancer Support.
4. Entrants must be 15 years of age or older by 21 June 2009, proof of age may be required.
5. Entrants under 16 will be required to ask their parental/legal guardian to sign a consent form.
6. Data Protection: Your details will be stored for purposes of this event. We do not swap or sell your details with any third parties but in order to carry out our work we may need to pass on your details to service companies authorised to act on our behalf.
7. Macmillan Cancer Support would like to contact you about our fundraising, campaigning and services for people affected by cancer. If you prefer us not to use your details in this way, please contact us on 020 7840 4937 or macmillan10k@macmillan.org.uk.
8. Medical Conditions: We strongly advise that you train for the run and follow the 10k training plan (details supplied in your fundraising pack). If you do not currently engage in regular exercise please seek your doctors advice before entering. If you have a medical condition you must provide Macmillan Cancer Support with details when registering for the event but you enter at your own risk.
9. Use of Image: by entering the run you give permission for the free use of your name, voice or picture in any broadcast, telecast, advertising, promotion or any other account of this event. Photography, or filming of children without first obtaining consent from the legal guardian is strictly prohibited.
10. For your safety: do not bring pets or other animals into the park. Only participants running, jogging or walking will be allowed on the route. Roller-skates, wheelbarrows or other objects with wheels or that are motorised are strictly prohibited.
11. Race Cancellation: if the event is cancelled for any reason Macmillan Cancer Support will return any sponsorship money paid upon request of the payee. Macmillan Cancer Support is unable to refund your non-refundable entry fee.

Disclaimer: By entering the Fun Run you accept these terms and conditions of entry and acknowledge that Macmillan has no responsibility or liability for: any loss of or damage to your belongings; and shall not be liable for death or personal injury unless caused by Macmillan's negligence.