

TEAM MACMILLAN

BUPA LONDON 10,000 - EVENT WEEKEND

27 MAY 2012



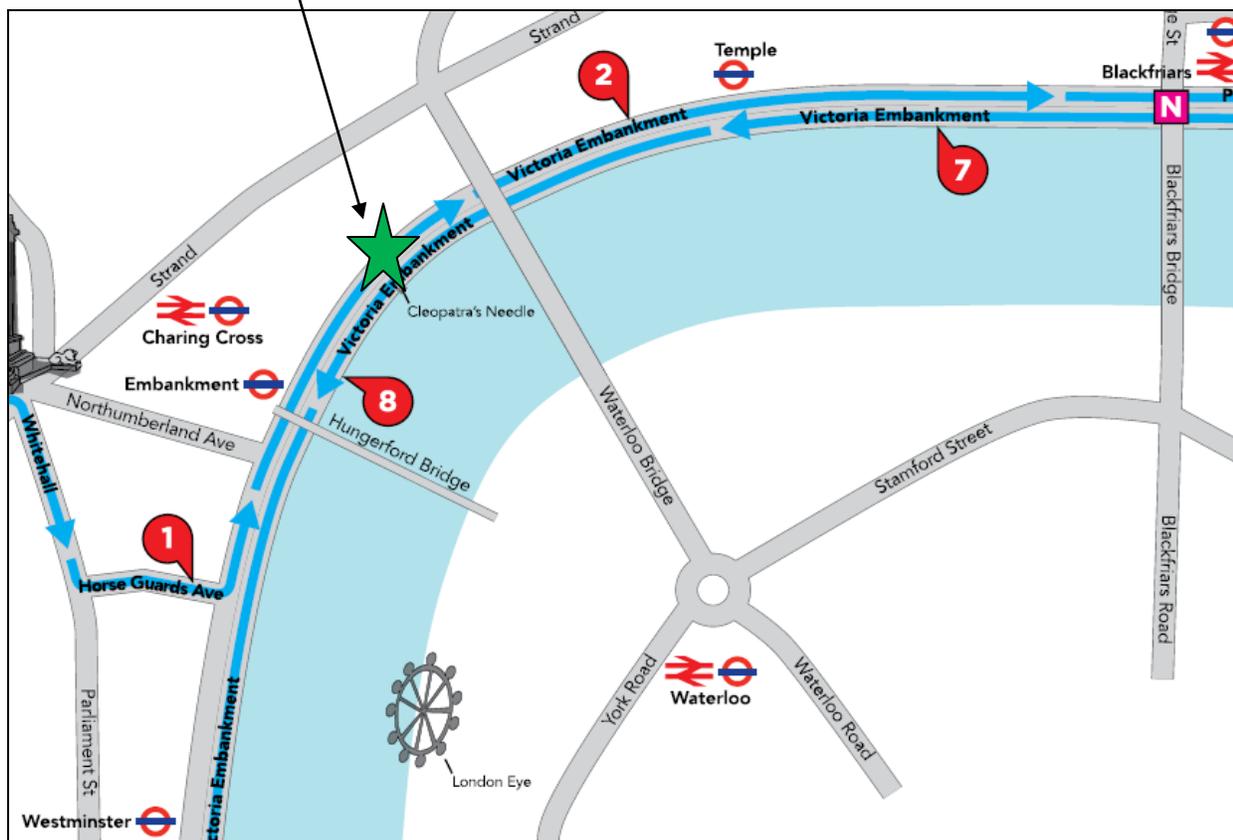
Thank you once again for your support of Macmillan in the 2012 Bupa London 10,000. In order to show our gratitude we want to ensure you have as memorable a day as possible, so please read this booklet for information on where you will find Team Macmillan over the event weekend, including:

- Team Macmillan Cheer Points on the course
- Find Team Macmillan at the start and finish line

Team Macmillan Cheer Points:

This is where you'll find us when you are running on the day – make sure you look out for the banners and green t-shirts so we can give you a big cheer! If you have any friends or family coming along on the day please send them to one of our cheer points so we can stock them up with a Macmillan t-shirt and some banger sticks to ensure the biggest cheer possible for all of our Team Macmillan runners. The race starts at 10am.

CLEOPATRA'S NEEDLE 1.5KM & 7.8KM



Nearest Tubes:

- Embankment
- Charing Cross
- Waterloo

To join this supporter point take the tube to Embankment or Charing Cross then walk along the Embankment to Cleopatra's Needle. From Waterloo cross the bridge and head down to Embankment. Runners will pass here between 10.05-11.45am.

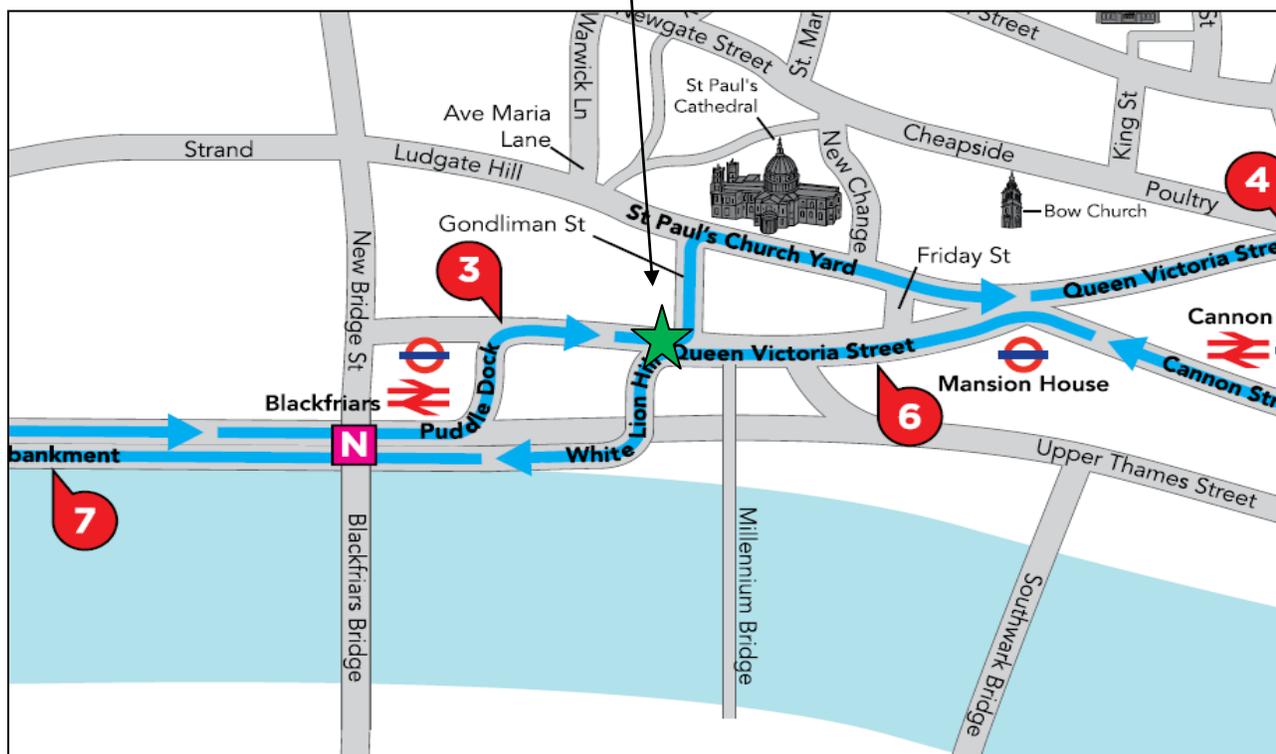
BLACKFRIARS BRIDGE

3.2KM & 6.3KM

This supporter point is on the corner of Godliman Street and Queen Victoria Street near Blackfriars Bridge. Runners will pass here between 10.10-11.40am.

Nearest Tubes:

- Blackfirars
- Temple
- Mansion House



MACMILLAN AREA AT THE START AND FINISH

Come and say hello! Team Macmillan will have our own fenced off area at the start and finish line of this year's Bupa London 10,000. You'll be able to find us in Green Park close to the runners assembly area near the Start Line from 8am (see map in your official magazine) and you will be able to spot us by our Team Macmillan flag (pictured right). So come and visit us for some well deserved refreshments!

We will also be taking a **team photo** at 9am at the Macmillan area.



Bupa London 10,000 Course Map

BUPA LONDON 10,000 - 2012 THE COURSE

