

# JANE TOMLINSON'S LEEDS 10K APPLY NOW

**WE ARE  
MACMILLAN.**  
CANCER SUPPORT

14 July 2013



## We know support:

When you join Team Macmillan you receive the best support from the start of your training right up to when you cross the finish line. We will provide you with:

- A Team Macmillan fundraising and training pack including a 10k training guide, a fundraising guide and a Macmillan sponsor form.
- A Macmillan technical running top
- The best information on training, nutrition, fundraising and the race day itself.
- The loudest and best support on the Leeds 10k course!

## Guaranteed Charity Place Application Form:

Title \_\_\_\_\_ First Name \_\_\_\_\_ Last Name \_\_\_\_\_

Address \_\_\_\_\_

\_\_\_\_\_ Postcode \_\_\_\_\_

Tel. No \_\_\_\_\_ Mobile \_\_\_\_\_

Email \_\_\_\_\_

Occupation \_\_\_\_\_ Company \_\_\_\_\_

Date of Birth \_\_\_\_\_ Age at date of race \_\_\_\_\_

Best Completed 10K time (if any) \_\_\_\_\_ Predicted Finish Time \_\_\_\_\_

Find out more at [macmillan.org.uk/leeds10k](http://macmillan.org.uk/leeds10k)

Call **020 7840 4915** or email [leeds10k@macmillan.org.uk](mailto:leeds10k@macmillan.org.uk)

Macmillan Cancer Support, registered charity in England and Wales (261017), Scotland (SC039907) and the Isle of Man (604)



Please tell us why you wish to run on behalf of Macmillan Cancer Support:

---

---

---

Where did you hear about Macmillan Cancer Support's guaranteed places in the Leeds 10k?:

---

Please let us know which FREE piece of Team Macmillan kit you would like to run in:

Dri-flo running T shirt:  Small  Medium  Large  X Large  XX Large

Or

Dri-flo running vest:  Small  Medium  Large  X Large  XX Large

Ladies (bust/size) (UK 34"/10) (UK 36"/12) (UK 40"/14) (UK 42"/16) (UK 44"/18+)

Men's (chest) (UK 36") (UK 38") (UK 42") (UK 44") (UK 46")

If you already have a Macmillan running top from a previous event please leave this section blank.

**Iron on name letters for your top** (up to six letters per runner) \_\_\_\_\_

### Declaration

I understand that if accepted for a Team Macmillan Guaranteed Place, **I will try and raise a minimum of £100 for Macmillan Cancer Support.**

Signed \_\_\_\_\_

Date \_\_\_\_\_

If you wish to cover the cost of your entry and ensure all your sponsorship goes directly towards helping people living with cancer then please send a cheque for the £26 entry fee, payable to Macmillan Cancer Support, with your application.

Please return your application to:

**Team Macmillan, 89 Albert Embankment, London, SE1 7UQ**, fax **0800 007 3526** or return it to a member of Macmillan staff.

We will contact you within 5 working days of submitting your application to confirm your place.

We will keep your details on our database so we can provide you with the best possible support every time you contact us. Macmillan Cancer Support would like to contact you (including by telephone) about our fundraising, campaigning and services for people affected by cancer. If you would prefer us not to use your details in this way please write to Macmillan Cancer Support, 89 Albert Embankment, London, SE1 7UQ, email or telephone us on [contact@macmillan.org.uk](mailto:contact@macmillan.org.uk), telephone 0300 1000 200.

Find out more at [macmillan.org.uk/leeds10k](http://macmillan.org.uk/leeds10k) Call **020 7840 4915** or email [leeds10k@macmillan.org.uk](mailto:leeds10k@macmillan.org.uk)

Macmillan Cancer Support, registered charity in England and Wales (261017), Scotland (SC039907) and the Isle of Man (604)