

# TEAM MACMILLAN BRIGHTON MARATHON EVENT WEEKEND 15 APRIL 2012



**Thank you once again for your support of Macmillan in the 2011 Brighton Marathon. In order to show our gratitude we want to ensure you have as memorable a day as possible, so please read this booklet for information on where you will find Team Macmillan over the event weekend, including:**

- Team Macmillan Cheer Points on the course
- Team Macmillan picture at the start line
- Celebration drinks in Brighton after the run

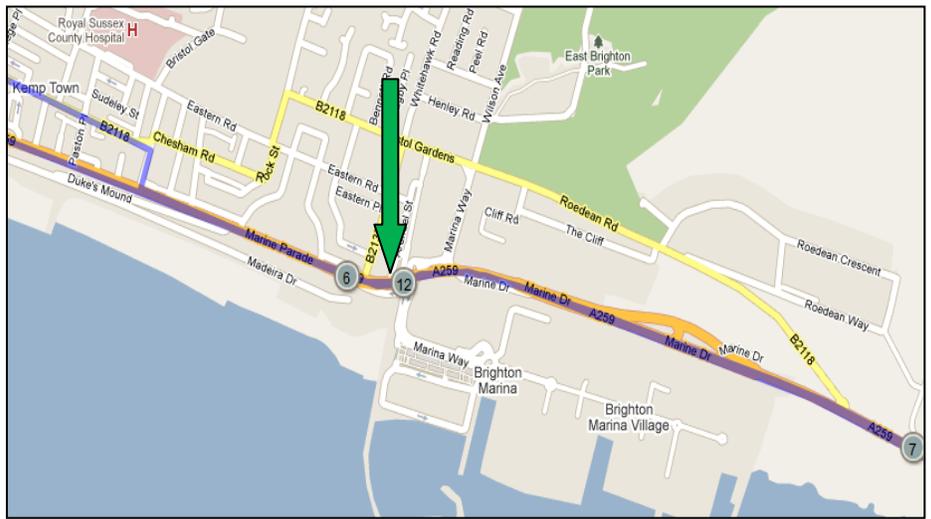
### Team Macmillan Cheer Points:

This is where you'll find us when you are running on the day – make sure you look out for the banners and green t-shirts so we can give you a big cheer! If you have any friends or family coming along on the day please send them to one of our cheer points so we can stock them up with a Macmillan t-shirt and some banners and banger sticks to ensure the biggest cheer possible for our Team Macmillan runners.

## MILES 6 & 12 BRIGHTON MARINA

Estimated time you'll pass: 10.00 - 12.00

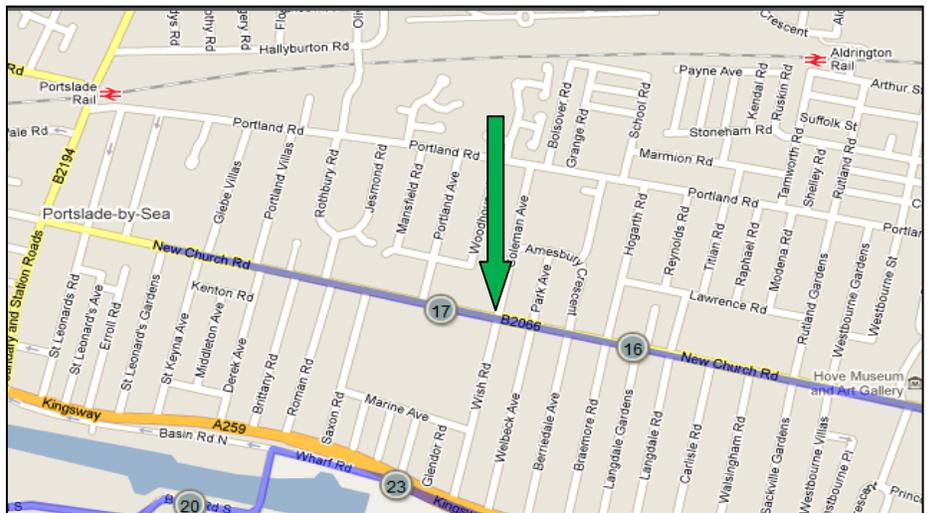
20 minutes walk from Brighton city centre or accessible by road via Wilson Avenue. There is free parking at the Marina. Just take the stairs up to the road. You will see the runners twice at this point so you can give them a double dose of cheers! You can then walk to The Finish line to cheer everybody across the line!



## MILE 16 NEW CHURCH ROAD

Estimated time you'll pass: 11.00 - 13.00

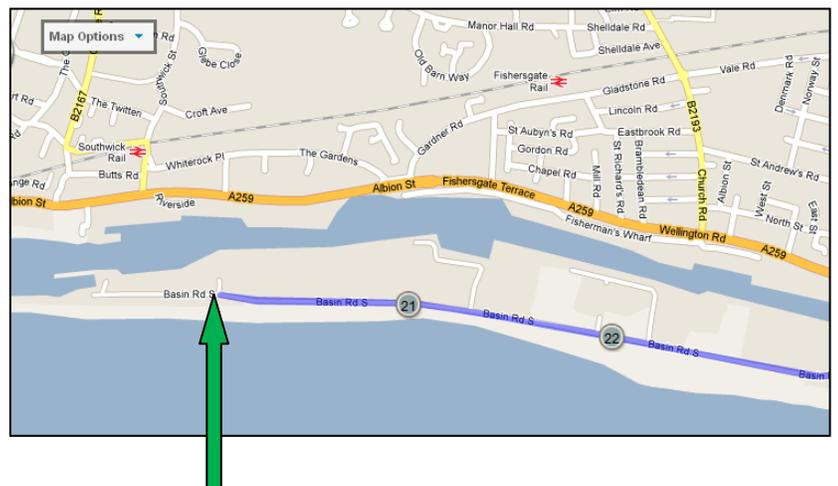
10 minutes walk from either Portslade or Aldrington Station, on the corner of New Church Road and Wish Road. Some pay and display parking nearby. This is the point where many runners start to hit the wall, so they need plenty of encouragement here!



## MILE 22 CARATS CAFE

Estimated time you'll pass: 11.30 - 14.00

5 minutes walk from Southwick Station, across the lock gates. Meet in the car park next to the cafe. There is free on-street parking in Southwick. The end is in sight for the runners here!



## Start Line:

Please do take the time to come and see us at the start line in Preston Park. The start will be open from 7am, and you will find Hayley and Katie near the Charity Marquee. You will have to be in your starting pen at 8.30am, but if you come by at 8am we will take a team photo of the 2012 team!



## Team Macmillan Recovery Centre

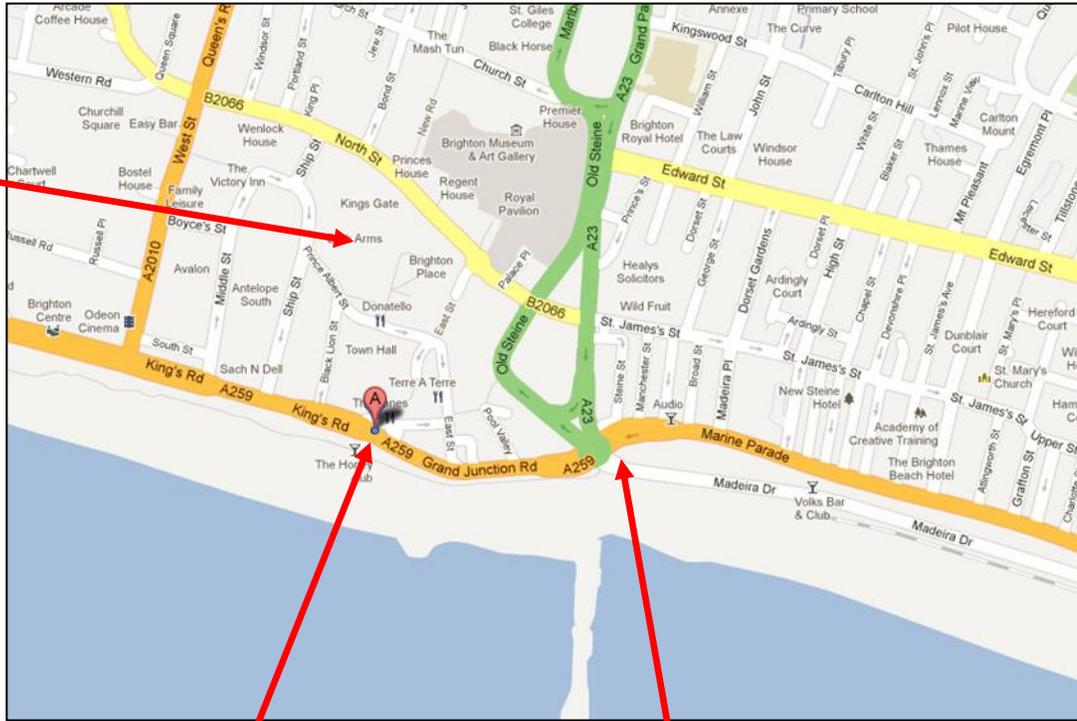
We would like to invite every Team Macmillan runner, along with friends and family, along to our Recovery Centre at the Queens Hotel which is situated 200metres from the finish line. Massages and refreshments will be available as well as an area to change (showers are not available unfortunately). There will also be tea and coffee and hot food available for friends and family from the bar area.

Whatever time you finish do come and see us at the Recovery Centre. It also provides a great meeting place for friends and family as the finish can become heavily congested.



Team Macmillan Recovery Centre  
Queens Hotel  
1-5 King's Road  
City Centre  
Brighton  
BN1 1NS

Brighton train station



Queens Hotel –  
Team Macmillan  
Recovery Centre

The finish line

Official Brighton Marathon Course Map:

