

**WE ARE
MACMILLAN.
CANCER SUPPORT**



VOLUNTEER YOUR HELP WITH THE CITY OF NORWICH HALF MARATHON!

Goody Bag Team Volunteer

Why do you need me?

To join team of 20 volunteers to pack water, snacks, fruit and leaflets into 2,500 cotton goody bags to be given to City of Norwich Half Marathon participants.

What skills and abilities will I need to have?

- Enthusiasm and willingness to work as part of a team
- Reliable, punctual and honest

When and where would you need me?

26 November 2010 - between 10am and 1pm - at the Norfolk Showground

What are the benefits to me?

- Satisfaction that you are making a contribution to helping local people affected by cancer and are making participants experience of the City of Norwich Half Marathon a positive one
- Meeting new and inspiring people and being part of an enthusiastic and supportive team
- Having an enjoyable day!

What support will I receive?

- You will get a briefing on the day
- You will be invited to a get together at the marathon itself.
- You will be updated on the success of the event
- We pay volunteers' "out-of-pocket" expenses within agreed guidelines

What's the next step?

To sign up, simply fill in our volunteer application form and return to:
Macmillan Cancer Support, De Vere House, 90 St Faiths Lane, Norwich, NR1 1NE
or email to norfolk@macmillan.org.uk

If you have any questions or want to find out more, call us on 01603 724360



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