

**WE ARE
MACMILLAN.
CANCER SUPPORT**



VOLUNTEER AT THE CITY OF NORWICH HALF MARATHON!

Finish Area Assistant

Why do you need me?

To assist with a number of roles based at the finish point of the race at the Norfolk Showground. To help the run go smoothly and ensure everyone participating has a great day.

What activities will I be involved in?

You may be asked to:

- Hand out goody bags and medals to runners after they finish the race
- Help remove timing chips from runners shoes
- Assist participants with general queries
- Cheer the runners at the start of the race (optional)

What skills and abilities will I need to have?

- Friendly and outgoing
- Good interpersonal/communication skills
- Enthusiasm
- Willingness to work as part of a team
- Reliable, punctual and honest
- Prepared to work outside, on your feet, for up to four hours

When would you need me?

We need you to be at the Norfolk Showground on 28 November 2010 in time for a briefing at 10.30am. The race starts at 11am and you'll be able to cheer the runners off if you want to. You'll need to be back in the main hall for 12pm, ready for when the runners start arriving back. You'll continue in your role until all the runners return – approximately 2.30pm.

Where would I need to go?

You would need to come to the Norfolk Showground, just off the A47 Norwich Southern Bypass at the A1074 junction Longwater Interchange.

Will I need my own transport?

Not necessarily. You will need to be able to get to Norfolk Showground on the day.

What are the benefits to me?

- Satisfaction that you are making a valuable contribution to helping local people affected by cancer and are making participants experience of the City of Norwich Half Marathon a positive one
- Meeting new and inspiring people and being part of an enthusiastic and supportive team
- Developing your communications and customer service skills
- You will be invited to the 'Macmillan reception' on the day and receive a special Team Macmillan goody bag
- Having an enjoyable day!

What support will I receive?

- A member of the team will contact you before the event
- You will receive a briefing on the day itself
- Light lunch will be provided
- Volunteers can park in a dedicated area at the showground – therefore can avoid queues at the end of the race
- You will be updated on the success of the event
- We pay volunteers' "out-of-pocket" expenses within agreed guidelines

What's the next step?

To sign up, simply fill in our volunteer application form and return to:
Macmillan Cancer Support, De Vere House, 90 St Faiths Lane, Norwich, NR1 1NE
or email to norfolk@macmillan.org.uk

If you have any questions or want to find out more, call us on 01603 724360



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