

Own Insurance Form

Challenge Name: Macmillan Cancer Support Everest Base Camp Trek

Challenge Start Date: 2 – 20 November 2013

If you are using an existing travel insurance policy please read the following carefully:

1. It is your responsibility to ensure that your policy provides **adequate cover** for the trip (including repatriation).
2. To use your own policy you **MUST send a copy as proof** of insurance to Discover Adventure at least **TWO** months before trip departure. It is your responsibility to do this. **If we have not received your proof of insurance by this time, we reserve the right to issue our own insurance policy for you and invoice you for the cost.**
3. The policy details you send us **MUST** include the following information clearly highlighted. Please tick the following check boxes to ensure you have included all the necessary information:
 - Your name on the document and dates of policy validity**
 - Insurance policy number**
 - Telephone (and fax number if applicable) for 24hr medical emergency assistance**
 - Any other information your insurers ask for in case of medical emergency**
 - Confirmation that you are covered for long-distance trekking or cycling in remote areas**
4. If the above is not clear in the policy wording you should obtain **written confirmation from your insurers** stating that you are covered for this challenge and forward this with your policy details.

NOTE 1: Travel Insurance through your Bank/Building Society

Please ensure your bank has provided you with personalised written information about your policy; many will not do so unless you specifically request it. We cannot accept a standard booklet; this does not prove you are insured. **Please do not send us information that does not include the information outlined above.**

NOTE 2: Annual Insurance Policies

We can only accept annual policies as proof of cover if your policy is up-to-date and valid for the time you are away. If you are waiting for your renewed Certificate please let us know before the deadline below.

NOTE 3: Most travel insurance policies will not cover your bicycle. Please read the small print of your policy carefully to see if your bicycle is covered or not. **We strongly recommend that you insure your bicycle separately on your home contents insurance.**

5. Pre-existing medical conditions:

Please note that insurance companies require disclosure of any pre-existing medical conditions prior to travel. Once you have purchased insurance it is **your responsibility** to declare any pre-existing medical conditions to your insurer's medical helpline. This may affect your premium. Discover Adventure Ltd CANNOT declare these on your behalf, even if we are aware of them. **Failure to disclose pre-existing conditions personally to the insurance company prior to travel could invalidate any travel insurance cover.**

DECLARATION

- I confirm that I would like to use my own insurance for the above trip.
- I confirm that I have read the above information carefully and have complied with it.
- Please find enclosed a copy of the policy with all the above details included and highlighted.
- I understand that it is my responsibility to check that this insurance provides suitable cover.

Full Name: Tel No:

Signed: Date:

Please complete this form and return it with a copy of your policy no later than 2 months before to departure. Please note as your tour operator we will not permit anyone to travel with us without proof of insurance.

