

Take part in an overseas hiking event and you'll help change a lot of lives. Not least your own

As well as giving you and your colleagues a real sense of team spirit and some unforgettable shared memories, a Macmillan hike will also push you to the max. But you don't have to be superhuman to trek the Inca Trail in Peru or conquer Mount Kilimanjaro.

Whichever trek your gang chooses, you'll experience some of the world's most spectacular scenery and feel an awesome sense of achievement. If you are feeling brave, you can even go it alone, like many people do. What's more, by taking part you'll help us ensure no one faces cancer alone.

www.macmillan.org.uk/hiking

WE ARE
MACMILLAN.
CANCER SUPPORT

TREK
THE
TRAIL



'I started out fundraising for a great cause but realised I had also found great new friends and an amazing country. What an experience.'

Anette, Peru Trekker

Questions about living with cancer? Call free on 0808 808 00 00 or visit macmillan.org.uk
Macmillan Cancer Support, registered charity in England and Wales (261017), Scotland (SC039907) and the Isle of Man (604).
Also operating in Northern Ireland. Registered office: 89 Albert Embankment, London SE1 7UQ. MAC13410_0914

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