



**MY COUGH  
LASTED OVER  
3 WEEKS –  
I'M GLAD  
I GOT IT  
CHECKED**

**WE ARE  
MACMILLAN.  
CANCER SUPPORT**

We all worry about our health at times. If you have a symptom that's been bothering you, it's best to visit your GP as early as possible to get it checked out.

Lung cancer is common in both men and women. Cigarette smoking is known to be the cause of most lung cancers.

**Here are some of the most common symptoms of lung cancer. All of these symptoms may also be caused by illnesses other than cancer.**

- A cough that lasts for three weeks or more
- A change in a long-lasting cough
- A chest infection that doesn't get better
- Increased breathlessness and wheezing
- Coughing up blood in your sputum (phlegm)
- A hoarse voice
- A dull ache or sharp pain when you cough or take a deep breath
- Loss of appetite or weight loss
- Difficulty swallowing
- Excessive tiredness (fatigue) and lethargy.

**Remember, the earlier a cancer is found the more likely it is that treatment will be successful.**

If you need support or just want someone to talk to, call Macmillan free on **0808 808 00 00** or visit **macmillan.org.uk**

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Next planned review 2014. Macmillan Cancer Support, registered charity in England and Wales (261017), Scotland (SC039907) and the Isle of Man (604).  
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98-17-867



70902/4