

WE ARE
MACMILLAN.
CANCER SUPPORT

'AFTER NEEDING TO
GO TO THE LOO
THREE OR FOUR
TIMES AN HOUR,
I DECIDED TO
SEE THE DOCTOR.'

John



Symptoms of prostate cancer

Prostate cancer is the most common cancer in men. More than 41,700 men in the UK are diagnosed with it each year. You are at a higher risk if you are over 50, of African-Caribbean or African origin, or have a father or brother who has had prostate cancer.

Knowing what changes to look for and when to see your doctor could make a real difference. Don't be scared if you have symptoms – get them checked.

See your doctor if you have any of these symptoms:

- Difficulty starting to pee.
- A weak flow of pee.
- Urgently needing to pee.
- Needing to pee often, especially at night.

Having one or more of these symptoms does not usually mean you have prostate cancer – they are often caused by other things.

But if you have symptoms, don't ignore them – see your doctor. If you do have cancer, the sooner it's found, the better.

You are not wasting your doctor's time by getting your symptoms checked.

The earlier prostate cancer is found, the more likely it is to be successfully treated.

If you need support or just want someone to talk to, call Macmillan free on **0808 808 00 00** or visit **macmillan.org.uk**