

WE ARE
MACMILLAN.
CANCER SUPPORT

'I HAD A COUGH
THAT LASTED
THREE WEEKS,
SO I WENT TO MY GP.'

Harry



Lung cancer is common in both men and women. Smoking is the main cause of lung cancer, but non-smokers get it too. Almost 9 in 10 people diagnosed with lung cancer are over 60.

Knowing what changes to look for and when to see your doctor could make a real difference. Don't be scared if you have symptoms – get them checked.

See your doctor if you have any of these symptoms:

- A cough that lasts for three weeks or more.
- A change in a cough you have had for a long time.
- A chest infection that doesn't get better, or repeated chest infections.
- Feeling breathless for no reason.
- Coughing up blood.
- A hoarse voice that lasts for three weeks or more.
- Pain in your chest or shoulder that doesn't get better.
- Feeling more tired than usual for some time.

Most people with these symptoms do not have lung cancer – they can be caused by other things. But if you have symptoms, don't ignore them – see your doctor. If you do have cancer, the sooner it's found, the better.

You are not wasting your doctor's time by getting your symptoms checked.

The earlier lung cancer is found, the more likely it is to be successfully treated.

If you need support or just want someone to talk to, call Macmillan free on **0808 808 00 00** or visit **macmillan.org.uk**