



**MY SORE  
THROAT JUST  
WASN'T  
GETTING  
BETTER – I'M  
GLAD I WENT  
TO MY GP**

**WE ARE  
MACMILLAN.  
CANCER SUPPORT**

We all worry about our health at times. If you have a symptom that's been bothering you, it's best to visit your GP as early as possible to get it checked out.

Although it's not common, cancer can occur in a number of areas in the head and neck, including the mouth, throat, nose or salivary gland.

## Here are some of the most common symptoms of head and neck cancers. All these symptoms may also be caused by conditions other than cancer.

- An ulcer in the mouth that doesn't heal within a few weeks
- Difficulty in swallowing, or pain when chewing or swallowing
- A hoarse voice or trouble speaking
- Persistent noisy breathing
- A constant sore throat
- An earache affecting one side
- A swelling or lump in the mouth or neck
- A numb feeling in the mouth or on the lips
- An unexplained loose tooth
- A persistent blocked nose
- Recurrent nosebleeds
- Ringing in the ear or difficulty hearing.

**Remember, the earlier a cancer is found the more likely it is that treatment will be successful.**

If you need support or just want someone to talk to, call Macmillan free on **0808 808 00 00** or visit **macmillan.org.uk**

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