

## Delegate Feedback from GP Cancer Update Courses 2012

### Course dates

Manchester - Fri November 30

Glasgow – Saturday December 1

London - Friday December 7

Belfast - Saturday December 8

327 delegates attended the course in all.

Feedback was given by delegates immediately after the course and then again a few weeks after.

In partnership with  
Macmillan Cancer Support

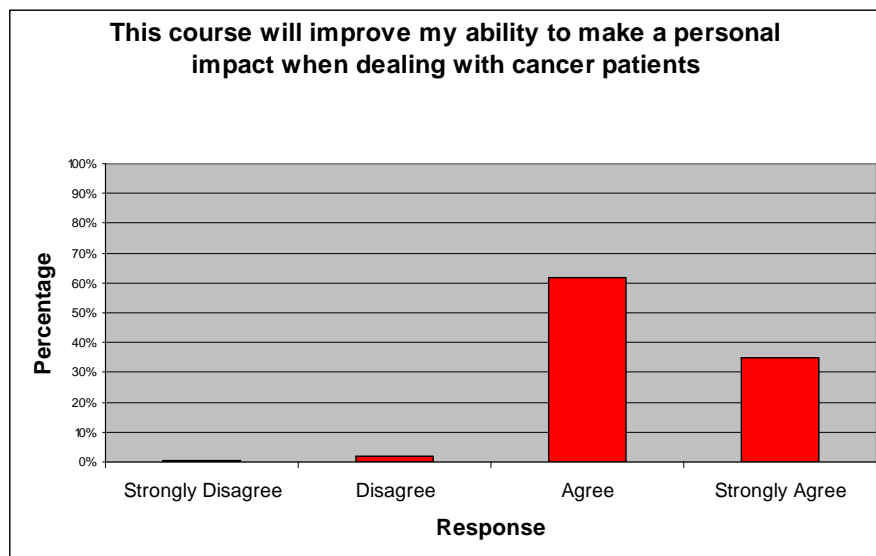
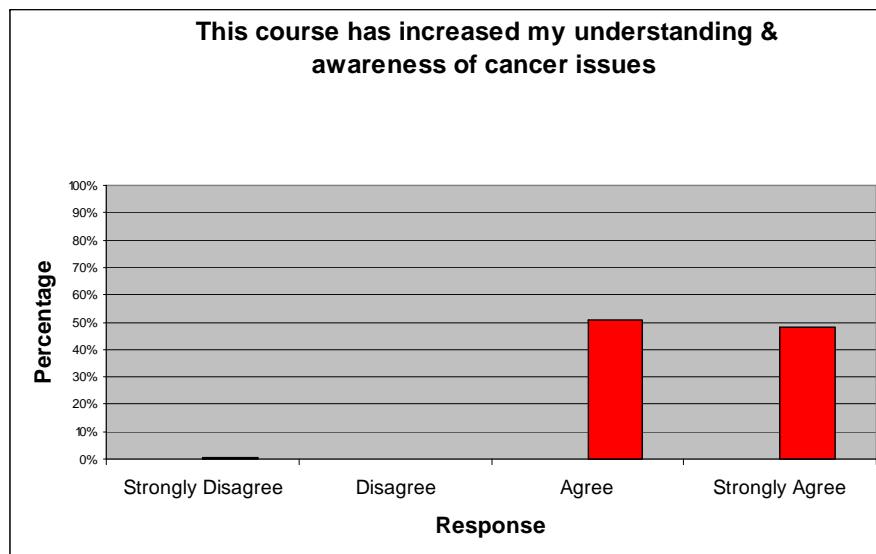
**WE ARE  
MACMILLAN.  
CANCER SUPPORT**



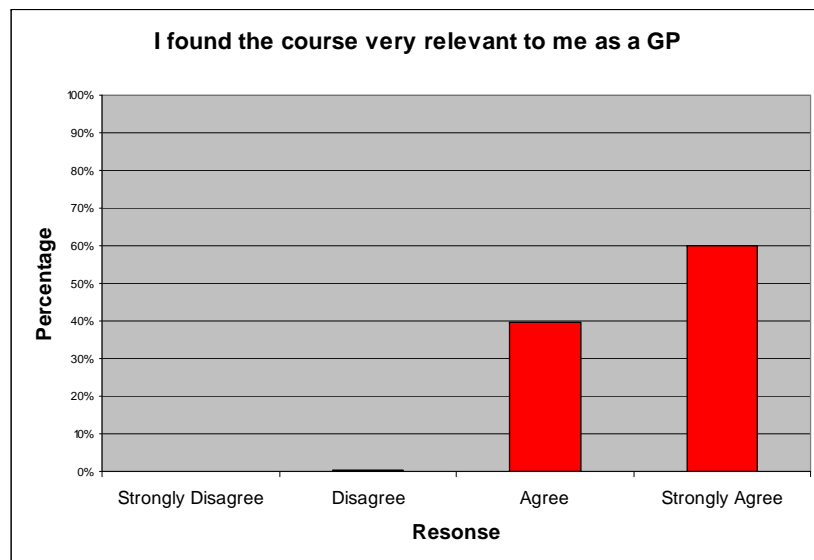
## Changed practice

- A most useful and though provoking day. The handbook is excellent and I have taken lots of ideas back to the practice.
- A REALLY helpful course and handbook packed with easy to understand statistics dispelling many commonly held beliefs about cancer. Am taking the suggestions about cancer care review to the practice meeting next week
- Especially interested in the material about cancer prevention as well as different ways that GPs can improve their diagnostic capabilities
- Excellent, learnt a lot today and will share with my colleagues
- Fabulous course. Already using the book & will share with colleagues. Not yet started my action list!
- Good simple ideas to take back and improve practice.
- Has changed my practice in terms of managing/diagnosing aftercare of patients with cancer
- Have now carried out an audit at the practice to ensure patients on tamoxifen are not also being prescribed anti-depressants that can react adversely.
- Have taken away a number of ideas on how I could improve my practice
- I consulted the section on cancer genetics to find out about family history in order to decide when to refer a patient to the genetics clinic
- I had a lady who came in the other day who's been diagnosed with bowel cancer. She said she had stopped taking aspirin and I was able to point to its benefits so now she's started taking it again!

**Comment:** At GP Update, we are all about getting good evidence into practice. This has three key components. (1) The research required to identify the evidence and its practical application to GPs, (2) effectively communicating this to delegates during the course and through the materials and (3) giving delegates ideas about how to make change happen – All three would appear to have come together to achieve the desired result in this case.



## Relevance to me as a GP



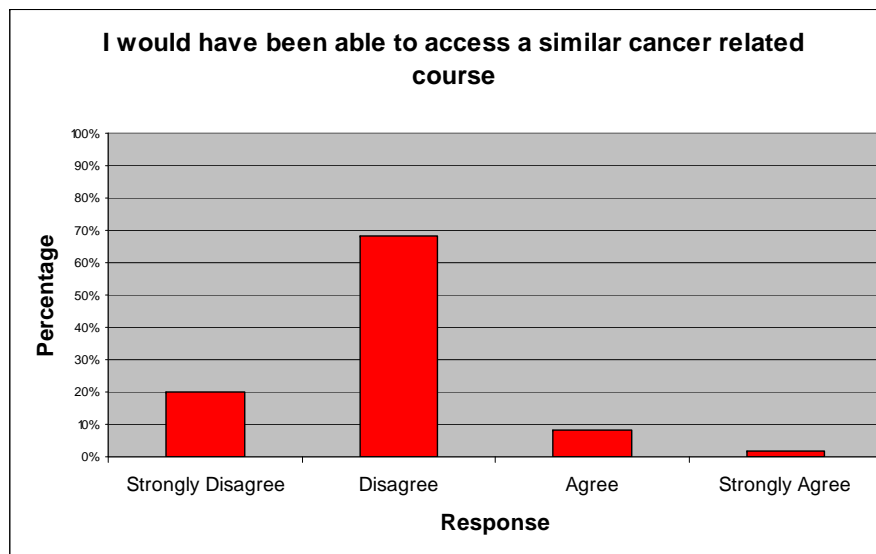
- A LOT of effort in preparation and making best use of the time to focus on issues that are relevant to GPs - thank you
- Because it's run by GPs everything is pretty relevant and useful. It gives you a succinct overview of the latest evidence relating to cancer and it's put across in a nice easy-to-follow way
- Comprehensive, very relevant to everyday general practice. Excellent resources
- Considerable benefit to me in order to present relevant information to practice colleagues
- I liked the fact the talks were given by GPs who appreciated the breadth of GPs' work and were able to place cancer care within the context of the many demands they face
- Specialist courses like this have to be seen in a wider context - Cancer represents a small part of a GPs' work compared to coughs, colds and itchy feet!
- Superb course, well organised, and perfectly pitched to a GP audience.
- There are three main areas of cancer care that GPs are involved in - early diagnosis and screening, supporting those living with cancer in the community and end of life care. This course addressed all three of these.
- Very informative. Very relevant to GP

## Course content

- A difficult course to run because as GPs we mostly diagnose and offer palliative care but don't 'treat'
- A lot of information but very engagingly presented by clearly knowledgeable GP's, with lots of small bites interspersed with videos
- Brought together a lot of diverse information under a single 'cancer' umbrella which was very useful.
- Excellent! Great speakers. Very interactive and informative.
- Fantastic, finally addressing a significant disease in such a comprehensive, significant course. Well done!
- I hadn't really considered what it would cover and was amazed at how much there is to talk about.
- It was helpful to have a basic review of the main aspects of cancer care, from the two-week rule guidance to diagnosis, screening and treatment
- It was helpful to have more information on the reliability of chest X-rays in testing for lung cancer and to receive advice on the pros and cons of prostate cancer screening.
- Salutary to hear how UK detection rates lag behind those of many other European countries. This is quite a good starting point to make you aware of how much more needs to be done.
- The course has given me a wealth of information which I am enjoying working my way through. There is far more than can be taken in on a single day!
- Useful - very! Good to know that uncertainty and risk is difficult for all of us. Great safety netting advice

## This course reaches the parts.....

- Excellent course - thank you!
- Excellent course. Many thanks to Macmillan.
- Excellent detail and evidence based information.
- Excellent, informative, relevant and interesting
- I really don't think anyone could go on that course and come out with nothing
- Just right – thanks for a great day!
- Please can I use this space to say thank you to the presenters and to Macmillan for the support, practical and financial
- Presenters very clear/easy to listen to and excellent delivery
- This course is a really good idea which hits the spot and it doesn't get looked at in quite this way anywhere else
- This is a course which should appeal to both generalist and more specialist GPs and ideally it would run annually.
- Very well run, entertaining and very informative
- Fantastic, finally addressing a significant disease in such a comprehensive, significant course. Well done!
- Please do this course again, I think there ws a real gap in the GP educational market for such a cancer targeted approach
- Very good course, even better than most paid courses
- Would be an incredible resource to offer individual GPs/CCG educational events



## Cancer Update Handbook

- Having something that summarises all the latest evidence and information and which you can go back to at leisure is so helpful
- Excellent book - which I will definitely use at work for reference.
- It was fantastic and very high quality and having the resource handbook is really useful
- One of the best aspects is the cancer handbook which provides a valuable aide memoir both during the course and afterwards
- Overall an excellent course. Course material is absolutely a bible!! Brilliant
- The course was well organised and most helpful. The GP handbook is well written and informative
- The handbook is very helpful. Very well done.

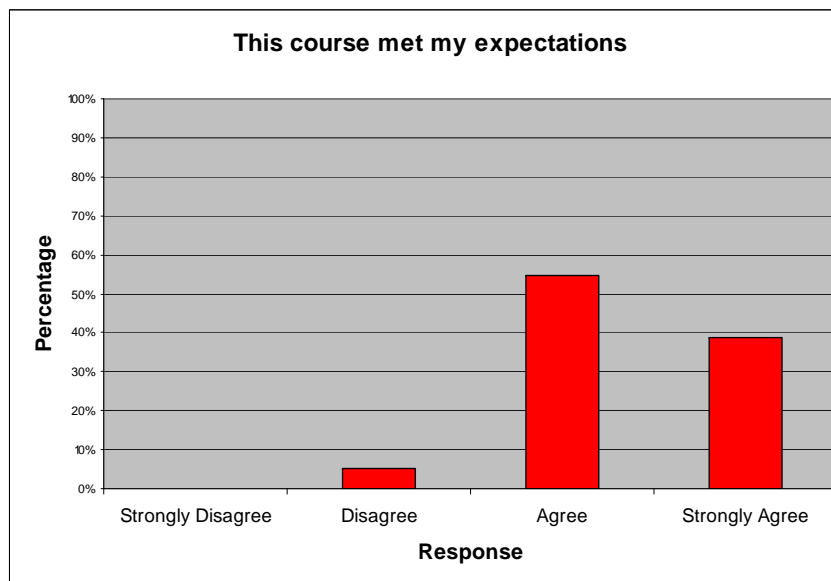
## Recommendation

- Excellent – highly recommend!
- Really enjoyed course - appreciate pre and post test - well run and would advise any doctor to attend
- Very strong- impressive and useful- would definitely recommend to colleagues
- Very useful and relevant course would recommend to all GPs

**Comment:** In our experience, GPs don't hold back in coming forward if something is not up to scratch – Particularly as most of them will have to work to catch up with having been out of the surgery for a day. To receive such positive feedback in terms of recommendation and motivation should be seen by all who made this happen as hugely rewarding in its own right.

## Motivation

- Feel better informed I hope and more confident when discussing risk factors, cancer genetics, long term/late effects
- I feel inspired to volunteer to become practice 'Cancer Lead'
- I feel motivated and informed looking forward to putting it all into practice
- I thoroughly enjoyed the day. It was useful and informative, and has stimulated me to learn more. I work part time, and rarely do calls, but my hours have increased and I am keen to become more involved in cancer care in the practice.
- It reminds me to strive for excellence despite all the things that seem to get in the way
- This course has inspired and re-enthused me



## Changed my perception of Macmillan

- Definitely changed my opinion. Would be interested to attend local Macmillan unit and see how it works
- Didn't know they did so much research on the ways cancer is diagnosed in practice
- Didn't realise there were Macmillan GPs for example
- Does a lot more clinically than I was aware of
- Had not realised how many aspects of cancer, care and diagnosis they are involved in
- I now have more information of the services they provide and also the work they are doing more generally relating to cancer issues
- Impressed they are trying different/new ways to engage
- Impressed, I knew about their direct involvement but didn't notice they were so involved at a government/ strategic level
- Increased my awareness of the extent of the help offered to patients
- More aware of Macmillan involvement in research
- More aware of the breadth of their work
- One project I am now working on as a result of the course is piloting with local Macmillan services an IT programme for cancer prognosis
- Previously very good experience with Macmillan and this backs this up
- They work in a lot of areas I haven't appreciated

## Pre course thoughts about Macmillan

- I was aware of the wide support Macmillan provides but the course has reminded me of that again
- Impressed by the proactive approach
- It had reinforced my belief in Macmillan as an organisation that values us
- It has improved my impressions of Macmillan
- Knew they were excellent
- Macmillan is a great organisation
- They are brilliant, friendly-personal-local
- Very committed to their services and caring towards the patient with cancer
- Very impressed with Macmillan

## Macmillan's role in education

- Hadn't appreciated how much of an educational role they have
- Has a larger role than I was aware of in education
- I didn't know about the training courses Macmillan run or about people being Macmillan GPs. In fact if I had known earlier in my career it might have been something that attracted me!
- Impressed with their support for GP Education
- Improved my knowledge on support they offer for GPs and cancer
- More written support tools available than I was aware of before
- I didn't really appreciate how much education Macmillan do and I didn't know about Macmillan GPs

## Macmillan – more than patients and nurses

- I didn't realise how much they had to offer GPs, I thought it was more for patients
- I thought that Macmillan was more for nurses and patient information
- There's a bit of a tendency to think Macmillan nurses are just end of life care which they're obviously not
- They do a lot of background work and I realise they are not just a support for patients
- Very impressed. More aware of services and will make use of them
- Will definitely liaise with Macmillan more

## Macmillan support for GPs

- Always seen Macmillan as an organisation for patients. Good to hear about the resources we as GPs can make use of
- Didn't know how much support they offered
- I did not realise they did so much to support GPs
- I didn't know they provided such useful information
- I didn't realise they actively provided that service to GPs at all! (I'm a newly qualified GP)
- I hadn't realised I could ask them for help as a GP. Great.
- I hadn't realised they were there to support us!
- Increased my awareness and will certainly now use it as a resource for learning and to give details to my patients for cancer advice and support
- It has made me aware of a lot of resources and practical tips/helps
- Many more resources
- More aware of all info they produce for clinical staff and resources we can access
- More useful and involved than I had realised. Great resources
- Will use their resources much more now
- Definitely interested in learning more about Macmillan

**Comment:** Providing quality education like this course and its handbook can play a key part in helping Macmillan to reposition itself away from 'Macmillan nurses' to an organisation which is clearly focussed on helping to improve cancer outcomes by (1) working with and supporting GPs and (2) in all aspects of cancer, not just end of life care.