

News archive

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November News

Introducing the 2013 Excellence Awards winners

The Macmillan Professionals Excellence Awards recognise the highest standards of service development, improvement and delivery in cancer care across the UK. This year, we were inundated with entries and chose 10 winners from 39 shortlisted nominees across four categories. [Find out who has won and more about their work.](#)

The winners were announced on Thursday 7 November during the ceremony at The Palace Hotel in Manchester, as part of the annual Macmillan Professionals Event. The ceremony, hosted by British Olympic rower Greg Searle, provided great networking opportunities within and beyond the Macmillan community.

Congratulations to all the winners and nominees.

Help us reach carers of people with cancer

There are over one million carers of people with cancer in the UK but only half are accessing support. We know that you come across and support carers on a regular basis in your role. So please let carers know that Macmillan can help them too.

From in-depth information to financial guidance and support with work issues, we provide a range of services to help carers look after themselves when caring for someone with cancer. Please signpost them to macmillan.org.uk/carers to find out more.

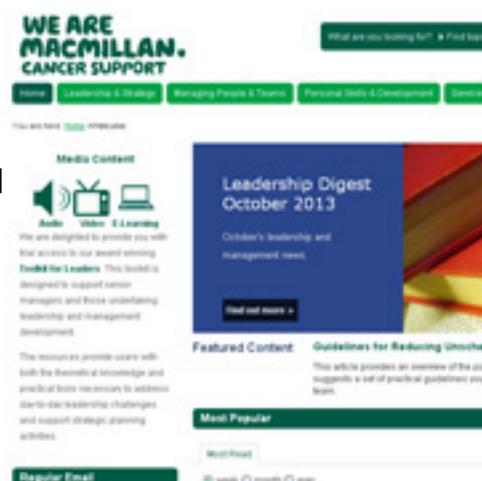
November Learning and development

Good practice for leaders and managers

We're delighted to provide you with access to an award winning [Toolkit for Leaders](#). This toolkit is designed to support senior managers and those undertaking leadership and management development.

The resources provide users with both the theoretical knowledge and practical tools necessary to address day-to-day leadership challenges and support strategic planning activities. Topics include:

- leadership and strategy
- managing people and teams
- personal skills and development
- services, projects and operations.



Learning more about the benefits of physical activity

On 1 October, 85 Macmillan professionals from the East of England came together to learn about the benefits of physical activity. The day included updates from the Macmillan physical activity team, clinical evidence of the benefits of physical activity and workshops showcasing some of the excellent projects that are currently underway in the region. You can [download some of the great presentations](#) covering various topics related to physical activity and more.

External events

- **NHS England workshops 2013: Improving care for people at the end of life**

This series of workshops across the country are hosted to engage with the public and professionals on proposals to improve end of life care. These follow on from the report published by the Review into the Liverpool Care Pathway (LCP), [More Care, Less Pathway](#), which proposed to phase out the LCP. These workshops have been convened by the Leadership Alliance for the Care of Dying People and are being organised by Help the Hospices, Sue Ryder, Marie Curie Cancer Care and Macmillan, with help from the NCPC. [Find out more and register here.](#)

- **Advanced prostate cancer: integrating change – optimising care**

If you work with people with advanced prostate cancer, the British Uro-oncology Group and Macmillan would like to invite you to attend a meeting to debate and explore strategies to improve the lives of men with advanced disease. Through a mix of plenary and break-out sessions, the meeting aims to improve awareness of issues and developments in the care of advanced prostate cancer patients. It also aims to facilitate greater collaboration amongst all relevant stakeholders to encourage improvements in service delivery within the changing NHS. [Find out more and register here.](#)

November Get involved

Thank you for taking part in the World's Biggest Coffee Morning



Many Macmillan professionals organised or supported local coffee morning events. However you got involved, thank you so much for supporting Macmillan in this way.

So far we've raised an amazing £16 million and more money is pouring in every day. If you organised an event and haven't had the chance to pay the donations in yet, you can [find out how to make the payment here.](#)

We'd like to find out how you took part this year and how you rate our support, or what might have prevented you from taking part. Please give us your feedback in this [short survey](#) to help us improve our future work.

Raise awareness of lung cancer in November

Get involved in Lung Cancer Awareness Month to help raise understanding of the signs and symptoms of lung cancer and the information and support available to people affected by this illness. You can use this initiative to promote your service, too.

Whether you decide to organise a display with [information booklets](#) or events in your workplace or community, we have the [resources to help you spread the word.](#)

[Find out about all the ways Macmillan can help you get involved](#) in this initiative.

Helping people make wills and be better prepared for the future

Ten months after the launch, 139 wills have been written through our new [discounted will-writing service](#). Wills enable people to make sure their loved ones are looked after in the future. The majority of wills written through our service also include a gift to Macmillan, helping us to make sure that no one has to face cancer alone in the future.

The service has received several referrals from Macmillan professionals, including urgent requests for wills

which have been responded to within two weeks where required. Thank you to all of you who have signposted people to the service.

You can [order this leaflet](#) to give to the people you support, or tell them to visit macmillan.org.uk/willwriting if they ask you about writing a will.

November From the website

Ovarian cancer: Ten top tips for GPs and people affected by cancer

PRIMARY CARE 10 TOP TIPS

To aid early diagnosis of ovarian cancer for GPs

Evidence has shown that there can be delays in women seeking help from their GPs and other GP-diagnosing ovarian cancer. This set of top tips was developed to improve communication and reduce the potential for misunderstanding and delay.

This set of top tips was developed by a working group comprising people affected by ovarian cancer and GPs.

For more information on free accredited online CPD modules visit www.targetovariancancer.org.uk/CPD

- 1** Some symptoms are particularly significant: take note of persistent bloating, pain in the pelvic or abdominal, difficulty eating or feeling full quickly and needing to see more urgently or when than usual.
- 2** Give the patient the opportunity to explain what their specific concerns are. Look out for combinations of symptoms, or symptoms which are frequent, persistent and unusual for the patient, particularly if they happen more than 12 times a month.
- 3** Consider using a symptom diary to provide a clearer perspective for you and the patient.
- 4** Use risk assessment tools to better quantify the risk of ovarian cancer.
- 5** Ovarian cancer is frequently misdiagnosed as IBS or urinary infection. Consider a CA125 test with your routine tests, especially since a first presentation with IBS in the over 50's is rare and unexplained urinary symptoms can be an important early sign of ovarian cancer.
- 6** Perform abdominal and pelvic examinations in women with symptoms suggestive of possible ovarian cancer, but do not order the appropriate tests.

In partnership with Target Ovarian Cancer, Macmillan has created a set of Ten top tips, [one for GPs](#) and [one for members of the public](#) to help with the early diagnosis of ovarian cancer. These documents provide GPs and members of the public with insights and tips which we hope will lead to an improvement in the experience of care for people with ovarian cancer going through the critical diagnostic stages.

[Download October's updates \[PDF\]](#)

[Download September's updates \[PDF\]](#)

[Download August's updates \[PDF\]](#)

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For cancer support every step of the way, call Macmillan free on 0808 808 00 00 (Mon-Fri, 9am-8pm) or visit macmillan.org.uk