

# CONSEQUENCES OF CANCER AND ITS TREATMENT

**WE ARE  
MACMILLAN.  
CANCER SUPPORT**

The following resources are available on [be.macmillan.org.uk](http://be.macmillan.org.uk) for you or your patients to order. Simply register to order the free information you need.

## New booklets

### Worrying about cancer coming back



This leaflet is for anyone who has had treatment to cure cancer and is worried about it coming back. It has suggestions to help you manage your worries, uncertainties and fears, including how to get more support.

Order code: **MAC14215**

### Managing the late effects of head and neck cancer



This leaflet is for people who are experiencing side effects that began or continue six months or longer after treatment for head and neck cancer.

Order code: **MAC14270**

### What to do after cancer treatment ends: 10 Top Tips



A resource for everyone who is having or has recently finished treatment, it provides information on what to expect and where to get further support.

Order code: **MAC13615**

### Life after cancer treatment



A booklet about the emotional and practical issues facing people after cancer treatment.

Order code: **MAC11661**

### Coping with fatigue



This booklet explains why some people suffer from extreme tiredness after cancer treatment and how to deal with it through diet, exercise and relaxation.

Order code: **MAC11664**

### Understanding lymphoedema



A booklet about lymphoedema caused by cancer or cancer treatment.

Order code: **MAC11651**

### Managing the late effects of breast cancer treatment



This booklet is for women who are experiencing side effects that began or continue six months or longer after treatment for breast cancer.

Order code: **MAC12161**

### Managing the late effects of bowel cancer treatment



This booklet is for people who are experiencing side effects that began or continue six months or longer after treatment for bowel cancer.

Order code: **MAC12162**

### Bone health



This booklet explains how to keep your bones healthy during and after cancer treatment.

Order code: **MAC12169**

### Sexuality and cancer



This booklet explains the effect cancer and its treatments can have on sexuality and suggests ways of coping.

Order code: **MAC11644**

## Managing the effects of pelvic radiotherapy

In response to patients' and professionals' feedback, Macmillan Cancer Support now offer a selection of patient information on the late effects of pelvic radiotherapy which are tailored to patients' needs at different stages of the cancer journey.

**Before and during treatment** – to be used as appropriate at various points from consent to treatment through to post-treatment follow up (if no late effects are evident).



This booklet is for women who **are having, or are going to have**, radiotherapy to the pelvic area.  
Order code: **MAC13944**



This booklet is for men who **are having, or are going to have**, radiotherapy to the pelvic area.  
Order code: **MAC13943**

**After treatment** – intended for use once late effects have been identified.



This booklet is for women who **are experiencing long term effects** of pelvic radiotherapy treatment.  
Order code: **MAC13826**



This booklet is for men who **are experiencing long term effects** of pelvic radiotherapy treatment.  
Order code: **MAC13825**

## Fertility

### Cancer treatment and fertility – information for women



A booklet for women with cancer and their partners on the potential effects of cancer treatment on female fertility.  
Order code: **MAC12156**

### Cancer treatment and fertility – information for men



A booklet for men with cancer and their partners on the potential effects of cancer treatment on male fertility.  
Order code: **MAC12155**

Heart Health patient booklet coming soon  
(MAC14637)