A practical guide to understanding cancer

WHAT WILL HELP ME DURING TREATMENT FOR LARYNGEAL CANCER?

Useful questions to ask your doctor or nurse



We've suggested some questions to ask your doctor or nurse. Finding out the answers may help you feel less anxious. You can write the answers and any other notes or questions you have here.

Communicating

- How might treatment affect my voice?
- Who will help me with any changes to my voice or speech?

My notes and questions:	

Eating and drinking

• If my mouth is sore, how will I eat and drink?

Will the treatment make it hard for me to swallow?

My notes and questions:

Mouth care

- What do I need to do to look after my mouth during treatment?
- If my mouth is sore, what will help?

My notes and questions:		

Controlling pain

 Am I likely to have pai 	n?
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what can help reduce any pain and who can help?		
My notes and questions:		

Making plans

- How long will the side effects last and what might help?
- Who do I contact if I have problems after my treatment has finished?

My notes and questions:		

Emotions

- Who can help me cope with any difficult feelings?
- Are there any support groups that may help (including online)?

My notes and questio	ns:		

My consultant is:
My SALT (speech and language therapy) team are:
My dietitian is:
My specialist nurse is:
Contact numbers:
Out-of-hours contact number:

For cancer support every step of the way, call Macmillan on 0808 808 00 00 (Mon–Fri, 9am–8pm) or visit macmillan.org.uk

This leaflet is part of Macmillan's booklet **Understanding cancer of** the voicebox (larynx).

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