

JANE TOMLINSON'S YORK 10K

APPLY NOW

**WE ARE
MACMILLAN.**
CANCER SUPPORT

5 August 2012



We know support:

When you join Team Macmillan you receive the best support from the start of your training right up to the finish line. We will provide you with:

- A Team Macmillan fundraising and training pack including a 10k training guide, a fundraising guide and a Macmillan sponsor form.
- A green Macmillan running top
- The best information on training, nutrition, fundraising and the race day itself.
- The loudest and best support on the York 10k course!

Guaranteed Charity Place Application Form:

Title _____ First Name _____ Last Name _____

Address _____

_____ Postcode _____

Tel. No _____ Mobile _____

Email _____

Occupation _____ Company _____

Date of Birth _____ Age at date of race _____

Best Completed 10K time (if any) _____ Predicted Finish Time _____

Find out more at macmillan.org.uk/york10k

Call 020 7840 4915 or email york10k@macmillan.org.uk

Macmillan Cancer Support, registered charity in England and Wales (261017), Scotland (SC039907) and the Isle of Man (604)



Please tell us why you wish to run on behalf of Macmillan Cancer Support:

Where did you hear about Macmillan Cancer Support's guaranteed places in the York 10k?:

Please let us know which FREE piece of Team Macmillan kit you would like to run in:

Dri-flo running T shirt: Small Medium Large X Large XX Large

Or

Dri-flo running vest: Small Medium Large X Large XX Large

Ladies (bust/size) (UK 34"/10) (UK 36"/12) (UK 40"/14) (UK 42"/16) (UK 44"/18+)

Men's (chest) (UK 36") (UK 38") (UK 42") (UK 44") (UK 46")

If you already have a Macmillan running top from a previous event please leave this section blank.

Iron on name letters for your top (up to six letters per runner) _____

Declaration

I understand that if accepted for a Team Macmillan Guaranteed Place, **I will try and raise a minimum of £100 for Macmillan Cancer Support.**

Signed _____

Date _____

If you wish to cover the cost of your entry and ensure all your sponsorship goes directly towards helping people living with cancer then please send a cheque for the £26 entry fee, payable to Macmillan Cancer Support, with your application.

Please return your application to:

Team Macmillan, 89 Albert Embankment, London, SE1 7UQ, fax **0800 007 3526** or return it to a member of Macmillan staff.

We will contact you within 5 working days of submitting your application to confirm your place.

We are always looking at ways of saving money, and contacting supporters via email would dramatically reduce our costs. If you are happy for us to contact you via email please tick the box

Macmillan Cancer Support and our trading companies would like to hold your details in order to contact you about our fundraising, campaigning and services for people affected by cancer. If you would prefer us not to use your details in this way please tick the box

We do not sell or swap your details with any third parties, but in order to carry out our work we may need to pass your details to service companies authorized to act on our behalf.

Find out more at macmillan.org.uk/york10k Call **020 7840 4915** or email york10k@macmillan.org.uk

Macmillan Cancer Support, registered charity in England and Wales (261017), Scotland (SC039907) and the Isle of Man (604)