

**WE ARE  
MACMILLAN.  
CANCER SUPPORT**

# MACMILLAN WHERE YOU LIVE

Wiltshire, Bristol, Bath and North Somerset • Spring 2009

## Thank you for your support!

In 2008, we saw everything from Smurfs racing a dragon boat down the Bristol Harbourside to Scrabble tournaments in Weston-Super-Mare. We celebrated Christmas with carols in Salisbury Cathedral, and even had a coffee morning on the Westbury White Horse.

Your kind and generous support of these wild and wonderful events resulted in over £650,000 being raised in Wiltshire, Bristol, Bath and North Somerset and for that we wish to say a huge thank you.

Your support means so much to us as it allows us to continue providing an

expert level of medical, emotional, practical and financial support that is so vital to cancer patients and their families and carers in the local area. You are also helping us to grow our services and improve the quality of cancer care and support that patients receive and for that we can offer no end of thanks.



Coffee Morning Fun with Gloria's team! Where will you hold yours?



Now that's what I call a cake!

We must also express our gratitude to everyone who responded to our appeal for volunteers in 2008. The time and energy that each and every one of you has given to Macmillan has vastly improved our performance and really has made an enormous difference to what we are able to achieve as a fundraising team. We honestly don't know how we ever managed without you so please accept our extremely grateful thanks.

Our volunteer recruitment campaign is ongoing and we are currently seeking volunteers who may be able to assist us in giving talks to voluntary groups and those who have an interest in either joining an existing volunteer fundraising group or setting up a new group with friends and/or colleagues. If you would like to hear more about these opportunities, please do not hesitate to give us a call at on 0117 967 0975 (for all areas of Wiltshire, Bristol, Bath & North Somerset).



Cyclists and runners brave the cold

'I would urge anyone who would like to support Macmillan to get in touch with their local office to find out just what they can do.'

# Half Marathon in memory of best friend

'In June 2006 I lost my best friend Damien Feeley to renal cancer. He was diagnosed in April 2007, and it was a real shock to everyone. He was a fantastic guy and always stayed so positive, so when he passed away I was determined to do something in his memory.

'I decided to organise a Half Marathon to be held on 14th December 2008 (Damien's 34th birthday) in aid of Macmillan so that people running in his memory could help Macmillan support more people just like Damien and his family.

'We had a brilliant day starting and finishing at the Crab Apple Inn in Clevedon, coursing through the roads of Clevedon and Kingston Seymour. We had around 30 people taking part and so far have raised around £5,000 with more

money still to be collected.

'I would urge anyone who would like to support Macmillan to get in touch with their local office to find out just what they can do. Fundraising for Macmillan is extremely rewarding, and the staff were so enthusiastic and willing to help us that I wouldn't hesitate to fundraise for them again.

'Thank you to everyone who helped and participated with the event. Without your support we couldn't have done it. Owen.'

# On your marks

Now that the days are getting longer there are few excuses for not getting out in the fresh air and taking part in some of Macmillan's marvellous events. Whether it's a walk, bike ride, a run or something a little more unusual, this year we've made it even easier for you to find out more.

There's something for everyone no matter how fit you are or where you live, from moonlight walks across the Malverns or the Camel trail, cycling through Warwickshire or Dorset, to pounding the streets of Bristol or Birmingham, taking to the water in a coracle in Shropshire or even swimming from Padstow to Rock. You could even walk across England on the 290 mile Macmillan Way!

If you have younger members of your family at school, or if you or your friends are teachers, we know that the Macmillan Big Sports Day will really grab your interest. New for 2009, it's easy to join in. You could simply hold

your school sports day as usual, but ask every pupil to bring in a suggested £1 donation. How about a sponsored teachers' race? All children love to see their teachers letting their hair down. You could make it a little more interesting and have a three-legged, fancy dress race or even an obstacle race complete with Macmillan space hoppers and sacks!

Visit [www.macmillan.org.uk/Get\\_Involved](http://www.macmillan.org.uk/Get_Involved) and click on any of the event types or 'In your area' to find out more. If you'd like to register for the Big Sports Day, all the info you need is at [www.macmillan.org.uk/bigsportsday](http://www.macmillan.org.uk/bigsportsday) or you can call 0845 601 1716.



# First ever Carols in the Cathedral a fantastic success

Macmillan's first ever Carols in the Cathedral event was held at Salisbury Cathedral on December 5th 2008.

Celebrities including Ex Blue Peter favourite Valerie Singleton and BBC South's Sally Taylor were joined by over 500 people to hear readings and Christmas music from the renowned Salisbury Cathedral choir, sing carols and listen to the winners of a competition to find original Christmas compositions from local schools.

Woodford valley Primary School sang their enchanting Christmas Lullaby, whilst pupils from Norman Court preparatory school read their original Christmas verse.

The event, kindly sponsored by Nationwide, raised a fantastic £14,700 for Macmillan and also marked the launch of a new Macmillan welfare benefits adviser post in Salisbury. This post is a vital role that will provide essential financial advice and information to people living with cancer throughout South Wiltshire

The success of this first event has really encouraged us to repeat it and we are now urgently looking for local volunteers to help with the



The choir of Woodford Valley Church of England primary school

organisation of an even bigger and better event for 2009, as well as helping other Macmillan fundraising activities in and around Salisbury. If you would like to get involved please call Adrian Williams on 01793 43252.

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## Dive in and lend a hand

At the end of 2008, Macmillan made a splash on TV and radio, in newspapers, magazines, in your high street and online, with a campaign to raise awareness of our services and the support we offer. Many of you got involved in different ways, from putting up Macmillan posters in your local doctor's surgeries and libraries to allowing us to share your story with journalists. Huge thanks to everyone who took part in this massive joint effort, but what did we achieve?

More than 40 million people across the UK saw a Macmillan advert, and nearly 160,000 people visited our website. The campaign prompted over 7,000 people to give us a call – 69% of whom had never contacted us before. Put simply, it meant that thousands of lives were changed and many more people are now aware of the vital support we provide.

Before this campaign, we were reaching 1 in 3 people living with

cancer; we now reach 1 in 2. By the end of 2010, our ambition is to reach and improve the lives of everybody living with cancer. It's a tall order, but with your continued hard work and support we can do it!

So as 2010 approaches, how about getting more involved? You could volunteer with your local fundraising office. The opportunities are endless and don't necessarily require a long term commitment. Alternatively, why



not share your story with us, so that we can ask more journalists to write articles? This always makes a major impact on the number of people we reach and it's not as daunting as it may initially sound!

To lend a hand volunteering, call your local fundraising office, or phone Nicki in the regional communications team to tell your story on 01264 343807.

# What's on

Sunday 10 May 2009

## **Bristol 10k**

### **Bristol**

When you run with Team Macmillan, you become part of a very special team. Pull on our famous green vest and help change the lives of two million people living with and beyond cancer in the UK. To register or find out more, contact 020 7840 4937, email [running@macmillan.org.uk](mailto:running@macmillan.org.uk) or visit [www.macmillan.org.uk/running](http://www.macmillan.org.uk/running).

Sunday 31 May 2009

## **13th Castles Bike Ride**

Enjoy a leisurely ride along some of England's oldest roads. Three different routes are available offering breathtaking views from the ancient Ridgeway. This event is suitable for everyone from beginners to experienced cyclists. Join us for a fun day out for all the family. Details available from the Wiltshire Fundraising office on 01793 432252

Sunday 7 June 2009

## **Bowood Dog Show**

Pedigree Dog Show and fun day out for all the family including Terrier and long dog racing, gymkhana events and stalls and refreshments. Bowood House near Calne. For further details or advanced booking call the Wiltshire Fundraising office on 01793 432252



Messing about on the river!

Sunday 14 June 2009

## **Bristol Dragon Boat Festival**

### **Baltic Wharf, Bristol**

Fancy taking in part in Britain's newest and brightest water sport? No experience is needed and the only entry requirements are 16 paddlers, one drummer and lots of enthusiasm! To register or find out more, contact 0117 967 0975 or email [kmorrison@macmillan.org.uk](mailto:kmorrison@macmillan.org.uk).

Sunday 6 September 2009

## **Bristol Half Marathon**

### **Bristol**

When you run with Team Macmillan, you become part of a very special team. Pull on our famous green vest and help change the lives of two million people living with and beyond cancer in the UK. To register or find out more, contact 020 7840 4937, email [running@macmillan.org.uk](mailto:running@macmillan.org.uk) or visit [www.macmillan.org.uk/running](http://www.macmillan.org.uk/running).

Saturday 26 September 2009

## **Lady in Red Ball**

Lady in Red Ball, Trowbridge. Grand charity ball with Champagne reception and 3 course meal, dancing and much more. For more details go to [www.theladyinred.info](http://www.theladyinred.info)

October 11 2009

## **Swindon Half marathon**

A challenging, hilly course on roads over 13.1 miles through scenic countryside over the Wiltshire Downs. The Half Marathon takes in quiet country lanes starting and finishing at Nationwide Building Society, Pipers Way, Swindon. A fantastic way to stay fit whilst raising money for Macmillan. Start your training now! For full details

contact the Wiltshire Fundraising office on 01793 432252.



Team Macmillan at the Salisbury Half Marathon.

Provisional Date 18 October 2009

## **Salisbury Half Marathon**

A beautiful rural route through the picturesque Woodford valley starting and finishing at Salisbury Fire Station. A well organised mid sized event Excellent facilities including massage at start/finish prizes in all categories with full changing facilities at five rivers leisure centre adjacent to start For more details contact the Wiltshire Fundraising office on 01793 432252

Sunday 8 November 2009

## **Sodbury Slog**

### **Chipping Sodbury, South Glos**

It's mad, it's muddy and it's not for the faint-hearted. Voted the 2nd best race in the UK, it's great fun and not to be missed. So if you think you can take on the challenge of 9.5 muddy Sodbury miles, get in touch. To register or find out more, contact 0117 967 0975 or email [jhillis@macmillan.org.uk](mailto:jhillis@macmillan.org.uk).

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